Division: Teacher Education
Program Area: Art Education / Art Therapy
Location: OAK 0323
Instructor: Karen Schurgin, Psy. D., ATR, LPC, LP
Office: Samaritan Counseling Center of Southeastern Michigan, Farmington Hills
Phone: (248) 931-3719  E-mail: kschurgin@wayne.edu
Office Hours: Mondays or Tuesdays, by appointment

COURSE DESCRIPTION
The focus of this course is FAMILY ART THERAPY, one of many therapeutic orientations for understanding clients. Areas to be covered include the family life cycle, systemic family therapy, structural family therapy, strategic family therapy, experiential family therapy and psychoanalytic family therapy (object relations theory).

COURSE OBJECTIVES
1. Students will gain increased awareness of family therapy concepts and methods, through research, readings, and assignments.
2. Students will learn to assess clients using family art therapy techniques.
3. Students will learn basic family therapy skills.
4. Students will research their own family using techniques studied.

REQUIRED READING
A coursepack containing chapters from various family therapy texts, as well as articles will be available on the first day of class.

HANDOUTS
Additional pertinent, required materials may be supplied from time to time during class, or will be emailed.

COURSE ASSIGNMENTS
1. **Family of Origin project:** due February 4. Research your own families of origin and present them utilizing a genogram and an artistic representation. The artistic representation may be photographic, abstract, or symbolic. It can depict your family’s rituals, your family’s structure, or some aspect of your family life that you would be comfortable representing.
2. **Family Therapy Session Plan:** due February 4. Select a style of family therapy of interest to you and write a session plan. You will be given an imaginary family with an identified patient and a presenting problem. Your session plan should include 1) a description of the family, 2) the presenting problem, 3) an art intervention specific to the family therapy style that you select, and 4) a description of the imaginary family session. Always use the style of language specific to the style of family therapy selected.
3. **Class Participation.** All students are expected to actively participate in the class discussions. Everyone is responsible for bringing questions and discussion points related to the readings to class discussions. Additional weekly experientials and / or assignments may be given, and all students are responsible for these, whether they attended class or were absent.
EVALUATION AND GRADING
Grades will be based on successful completion of above assignments, and class attendance. An “A” grade will be given for superior performance on all assignments and no unexcused missed classes. A “B” grade will be given for good performance and no unexcused absences. More specifically, the following University wide grading system will be adhered to in computing individual assignments as well as final grades: A: 4.0; A-: 3.67; B+: 3.33; B: 3.0; B-: 2.67; C+: 2.33; C: 2.0; E or F: 0.0.

The following criteria apply for the course assignments:
1. Family of Origin project (40%)
   - Investment evident in genogram
   - Aesthetic quality and craftsmanship are evident
   - Quality of Presentation

2. Family Therapy Session Plan (40%)
   - Specificity, depth, thoughtfulness, clarity, and appropriateness of session plan and intervention
   - Investment and quality evident in your written summary of the session

3. Class Participation (20%)
   - See Assignment section

CLASS POLICIES
You are responsible for material presented in class. I would appreciate notification of absence prior to class. Failure to comply will result in a drop in grade. If you miss class, please make arrangements to have someone in class pick up materials and take notes, etc. Also find out what the experiential was, so that you can complete that on your own. Assignments turned in late will result in a reduction of grade by one grade level. All assignments must be turned in by the semester’s end. Incompletes can be considered only in emergency situations.

CLASS SCHEDULE

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<thead>
<tr>
<th>WEEK 1</th>
<th>Jan. 7, 2014</th>
<th>TOPICS</th>
<th>READINGS</th>
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<tbody>
<tr>
<td></td>
<td>Introduction, Syllabus, Class Input</td>
<td>Nichols – Chapters 3, 8</td>
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<tr>
<td></td>
<td>Family Life Cycle</td>
<td>Landgarten – Chapter 1</td>
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<td></td>
<td>Systemic / Bowenian Family Therapy</td>
<td>Genogram article</td>
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| WEEK 2 | Jan. 14, 2014 | Structural Family Therapy | Nichols – Chapter 11 |
|        |               | Landgarten – Chapter 2 |
|        |               | Riley – Chapter 4 |

| WEEK 3 | Jan. 21, 2014 | Strategic Family Therapy | Nichols – Chapter 10 |
|        |               | Riley – Chapters 5 & 6 |

| WEEK 4 | Jan. 28, 2014 | Experiential Family Therapy | Nichols – Chapter 6, 4 |
|        |               | Psychoanalytic Family Therapy |

| WEEK 5 | Feb. 4, 2014 | All assignments due | Presentations by class members |
|--------|-------------|---------------------|

Attention Students with Disabilities:
Wayne State University is committed to providing students with disabilities an equal opportunity to benefit from its programs, services, and activities. All printed materials are available in alternative formats. Please request alternative format materials from the instructor of the course.

If the limitations imposed by your disability interfere with your ability to fulfill the requirements for the successful completion of this course, you are strongly encouraged to contact Educational Accessibility Services (EAS) in room 583 Student Center Building to request accommodation.

EAS Telephone Numbers: Voice (313) 577-1851 or TDD (313) 577-3365