COUNSELING PSYCHOLOGY
WITH AN EMPHASIS IN COUPLE AND FAMILY PSYCHOLOGY
Revised November 2015

TRAINING OVERVIEW

Educational Psychology offers a Master of Arts Degree in Counseling Psychology. The Counseling Psychology program emphasizes training in personal, interpersonal and systemic practice with individuals, children, couples, and families. Training prepares students to address personal and interpersonal functioning across the life span. Courses include psychological assessment, child and adult psychotherapy, human development, multicultural and ecological approaches, family systems theories and couples therapy.

APPLICATION DEADLINES

Applications will be accepted between September 1 and March 15. The first deadline application for early decision is February 15 with a rolling application deadline of March 15th. Students are admitted to the program once each year.

Eligible candidates will be invited for an interview. We accept up to 15 candidates each year and will cap admissions once a qualified class is finalized. Classes are offered at 4:30 p.m. Students must complete all classes in the sequence offered to the cohort group. Please refer to the class schedule and class descriptions on page 3 of this document for the course sequence. Students may begin their clinical internship (20 hours per week) during the summer semester of year two, or the fall semester of year three as determined by the student and the internship supervisor. Classes are conducted on the main campus (Detroit) and at the Wayne State University Oakland Center in Farmington Hills.

Satisfactory completion of the program qualifies the student to apply for the Temporary Limited License to practice psychology in the State of Michigan. The State of Michigan requires students to pass the Examination for Professional Practice of Psychology (EPPP) national exam as part of the licensure process. A score of 450 or above is required for passing. The program does its best to prepare students to qualify for licensure as a professional in the State of Michigan. For more information pertaining to the EPPP exam and specific licensure requirements by state/province/territory, visit http://www.asppb.net. Information about licensure as a health professional in the State of Michigan can be obtained by contacting the Board of Psychology at http://www.michigan.gov/lara/0,4601,7-154-63294_27529_27552---,00.html, by writing the Board of Psychology at P.O. Box 30670, Lansing, Michigan 48909, by calling (517) 335-0918, or by submitting a form to the appropriate board in your state.

Canadian applicants are encouraged to review information through the Canadian Psychological Association http://www.cpa.ca/practitioners/practiceregulation/. This site provides information for those trained in psychology outside of Canada and who want to move to a Canadian jurisdiction to practice.
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Below is a list of the items you need before your application to Counseling Psychology can be evaluated by the Admission Committee. It is your responsibility to see that all of the items listed are in your file prior to the early or regular deadlines: February 15 or March 15. You are welcome to contact the program secretary at (313) 577-1614 to verify which items have been received and if you have any questions.

**ADMISSION REQUIREMENTS**

Graduate admission to the program is based on requirements of the Wayne State University Graduate School and the Counseling Psychology Program.

**Graduate Record Exam (GRE).** Admission requires completion of the Graduate Record Exam (GRE) with Verbal, Quantitative, and Analytical Writing scores. The Graduate Record Examination can be scheduled through Testing, Evaluation and Research, 698 Student Center, 313-577-3400. Indicate Wayne State University to receive your results which will be automatically downloaded to your application.

**Academic Prerequisite.** A minimum of 15 hours of psychology or a closely related field is required. It is suggested, but not required, that students have courses in the foundational areas of psychology, such as, normal or abnormal developmental psychology, personality, behavioral or social psychology.

**Graduate and Program Area Application.** The Graduate Application must be submitted through the Graduate Admissions website. On-line information and application may be found at [http://wayne.edu/admissions/graduate/](http://wayne.edu/admissions/graduate/). Click on “How to Apply” and “Apply Now”. Currently, the program admits during the summer semester. When selecting the Term you are applying for, select Spring/Summer for the year in which you are applying. When selecting a major, select “Counseling Psychology”.

A **Program Area Application** is also required for admissions consideration. This is also completed via the online admissions process at the website listed above.

Official transcripts are required to be sent directly from all previous universities to the Wayne State University Graduate Enrollment Services at 436 Welcome Center, 42 W. Warren, Detroit, MI 48201 [phone: (313) 577-3577]. Electronic transcripts will be accepted if they are delivered securely from the registrar of the issuing institution directly to the Office of Graduate Admissions - [http://wayne.edu/admissions/graduate](http://wayne.edu/admissions/graduate). An application fee is required for first-time graduate applications.

**Recommendations.** Three letters of recommendation are required. We suggest one or two letter(s) from a faculty member and the remainder from job supervisors who are familiar with your qualifications. These letters should be downloaded directly to the Graduate Admissions application site. Letters should discuss, among other things, the author’s relationship to the applicant, the applicant’s academic record, reliability, work ethic, ethical behavior, and personality characteristics appropriate to work as a psychologist. Behavioral examples that will deepen our understanding of the applicant will be helpful.
PROGRAM INFORMATION

Liability Insurance. All students admitted to the program must secure liability insurance each year they are enrolled in the program since they will be interacting with clients in an experiential (practicum) component across several classes (e.g., psychotherapy, psychological assessment), practica, and in the clinical internship. Proof of liability insurance must be forwarded to the director of the training program. Information regarding liability insurance can be requested from the American Psychological Association or any other reliable carrier.

Program Policies. Applicants admitted to the master's degree program will complete 58-60 semester credit hours. Students will complete a Plan of Work with their graduate advisor. The Plan of Work outlines the required courses for graduation. Continuing in the program necessitates an earned grade point average of 3.0 and no more than one C grades in any required course. Students who have educational loans may wish to register for EDP 8320 in the Fall and Winter semesters of year three for four credits (total of eight) to defray the repayment of an educational loan. In the event of withdrawal from the program, the individual must reapply for admission.

Financial Support. Qualified applicants are encouraged to apply for financial support and/or the Graduate-Professional Scholarship prior to their acceptance into the program. Please refer to http://wayne.edu/gradschool/funding/ for information on scholarships, fellowships, and other WSU financial support. Awards to applicants are made conditional upon acceptance to the program as their March 1 deadline precedes admission decisions. The Graduate-Professional Scholarship is based upon the quality of the applicant’s academic achievement. College of Education scholarship opportunities may be found at http://coe.wayne.edu/student/scholarship.php.

Graduation. The student must apply for graduation no later than Friday of the 4th week of classes for the semester in which the student wishes to graduate. For information, go to www.commencement.wayne.edu/graduation.php.

COURSES FOR THE PLAN OF WORK

All courses are taken in this sequence with your incoming graduate cohort.

Summer Semester – 1st Year (Subject to Change)

EDP 7520  Professional Ethics and Standards for Psychologists (3)
An overview of the scientific and professional ethics and standards related to the practice of psychology.

Fall Semester – 1st Year

EDP 7200  Systemic Theories and Family Therapy (3)
Survey of systemic theories and family systems therapy.

EDP 7410  Human Developmental Psychology (4)
Survey of research from psychoanalytic and learning viewpoints on development from birth to adulthood. Emphasis on school environment and community psychology practice.
EDP 7610  Child and Adolescent Psychopathology (3)
Study of theories of psychopathology in children and adolescents and the application of these theories to practice. Differential diagnosis using currently acceptable classification systems.

Winter Semester – 1st Year

EDP 7190  Couples Therapy (3)
Introduction to research, theories, skills and assessments related to couples therapy.

EDP 7220  Psychotherapy with Children and Adolescents (3)
Theory of psychotherapy, including stages of therapy, issues of therapy, and techniques of therapy with children and adolescents.

EDP 7430  Applications 1: Behavioral Psychology and Social Learning (4)
Behavioral techniques used in dealing with the social behavior of both groups and individuals.

Spring Semester – 1st Year (Subject to Change)

CED 7730  Cultural and Diversity Issues in Mental Health Treatment Research (3)
Cognitive and experiential study of social and psychological variables that influence the cross-cultural counseling relationship. Emphasis on social identities of race, ethnicity, gender, age, ability, and sexual orientation.

Fall Semester – 2nd Year

ED 7999  Terminal Masters Project (3) (S or U grades only)
Meeting dates arranged with instructor. Completion of master’s project. ED 7999 may also be completed in Spring semester (2nd year).

EDP 7370  Adult Psychopathology (3)
Psychopathology of adulthood; mental disorders, treatment and diagnosis.

EDP 7561  Assessment of Cognitive Functioning (4 credit hours)
Theory of intellectual development; administration, scoring, and interpretation of cognitive processing, visual-motor integration, and adaptive behavior assessments; data integration and report writing.

Winter Semester – 2nd Year

EDP 7240  Psychotherapy with Adults (3)
Theory of psychotherapy, including stages of therapy, issues of therapy and techniques of therapy with adults.

EDP 7562  Assessment of Personality and Social-Emotional Functioning (4 credit hours)
Theory of personality development; administration, scoring, and interpretation of personality and social-emotional assessments; data integration and report writing.
EDP 8319 Practicum in Psychotherapy (1)
Concurrently enrolled in EDP 7240. Opportunity to provide psychological services (e.g.,
psychotherapy) to clients under supervision of a university professor.

EDP 8320 Internship in Clinical Procedures (3)
(Enrollment in Internship for two consecutive semesters for 20 hours per week. Hours to be
arranged between student and clinic.) Internship in one of the organized health care settings
cooperating with the University. Diagnostic testing and psychotherapy under supervision of a
licensed psychologist employed by the cooperating site. Conferences and seminars. Internship
experience will equal or exceed 500 hours.

Students have the option to begin their clinical internship in the summer with the acceptance of a
cooperating site and the Internship Supervisor. These students will register for 8 credits of EDP
8320 in the fall semester. Students make arrangements with the Internship Supervisor for the
internship and supervision.

EDP 8350 Internship Supervision (1)
Case presentation of selected psychology clients for group/individual supervision.

Spring Fall/Winter Semester – 3rd Year

EDP 8320 Internship in Clinical Procedures (3)
(Enrollment in Internship for two consecutive semesters for 20 hours per week. Hours to be
arranged between student and clinic.) Internship in one of the organized health care settings
cooperating with the University. Diagnostic testing and psychotherapy under supervision of a
licensed psychologist employed by the cooperating site. Conferences and seminars. Internship
experience will equal or exceed 500 hours.

Students have the option to begin their clinical internship in the summer with the acceptance of a
cooperating site and the Internship Supervisor. These students will register for 8 credits of EDP
8320 in the fall semester. Students make arrangements with the Internship Supervisor for the
internship and supervision.

EDP 8350 Internship Supervision (1)
Case presentation of selected psychology clients for group/individual supervision.
Francesca M. Pernice-Duca, Ph.D.
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337 Education
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Educational History:
B.A., Oakland University, 1995
M.S., Eastern Michigan University, 1997
Ph.D., Michigan State University, 2005
Teaching Preferences/Courses:
Adult Psychopathology
Foundations of Educational Psychology
Research Interest:
Family & child ecology/family systems/marital & family therapy
Youth/adult mental health research
Psychosocial programs/mental health recovery

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313-577-1618
339 Education
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Educational History:
B.S.Ed., Ohio University, 1963
M.S.Ed., Ohio University, 1966
Ed.D., Pennsylvania State University, 1972
Teaching Preferences/Courses:
Internship Supervision

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Contact Information:
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343 Education
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Educational History:
B.A., University of Connecticut, 1965
Ph.D., Indiana University, 1972
Teaching Preferences/Courses:
Research Readings in School Psychology
Terminal Masters Project
Behavior Therapy
Doctoral Seminar in Developmental Psychology
Research Interest:
Adolescence
1. Substance use and abuse: risk taking behavior
2. Self-concept and stigmatization theory

Barry S. Markman, Ph.D.
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333 Education
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Educational History:
B.S., University of Maryland, 1966
M.A., Hollins College, 1967
Ph.D., Emory University, 1969
Teaching Preferences/Courses:
Doctoral Seminar in Learning Theory
Statistics
Research Design
Cognitive/Behavioral Applications
Research Interest:
Assessing ADHD using continuous Performance tasks
ADHD in adults
Test anxiety
Statistical applications
Anosognosia

Cheryl L. Somers, Ph.D.
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345 Education
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Educational History:
B.S., Michigan State University, 1992
M.A., Ball State University, 1993
Ph.D., Ball State University, 1997
Teaching Preferences/Courses:
Adolescent Psychology
Educational Psychology
Ethics, Standards, and the Practice of Psychology
School-Based Consultation and Intervention
Research Interest:
Adolescent sexual development
Risk taking behavior in adolescents and young adults
Teen pregnancy prevention
Academic success/drop-out prevention
Parenting/parent-adolescent relationships
Other contextual predictors of risk and resilience

For information concerning EDP Programs – see
http://coe.wayne.edu/tbf/educational-psychology/counseling-index.php
or contact the department secretary at:
phone: (313) 577-1614
fax: (313) 577-5235
FREQUENTLY ASKED QUESTIONS
Counseling Psychology

Q: Does the degree train me to do couple and family work?
A: Yes, we have designed the master’s degree to prepare psychologists who are competent in all aspects of psychological work, namely, the assessment of, and psychotherapy with children, adolescents, and adults as well as couple and family psychotherapy.

Q: Can I attend this program part-time?
A: The program is designed for students who are registered full-time. Students enter and complete the program as a cohort group. Students enroll in 10 – 12 credits each semester, taking classes three evenings (4:30 p.m. – 7:15 p.m. or 7:55 p.m. depending on the class credit hours) each week.

Q: Can I work and take the program?
A: Yes. We have scheduled our classes to accommodate most people who work. It is a challenge to work full-time, have a family, and enroll in classes concurrently. Many of our students do work, but it requires discipline and focus.

Q: Can I work and complete the internship?
A: Yes, some of our students work as they complete the internship. Generally, students start their internship either in the summer of year 2 or the fall semester of year 3 and work 20 hours per week for two consecutive semesters (600 hours). If you need to work less each week than the expectation, you may do that. For example, one student negotiated with the internship site and the professor to work 15 hours each week for more than two semesters.

Q: When is the deadline for my application?
A: February 15 will give you the first opportunity to apply with rolling applications accepted until March 15. Applications are reviewed as they are received, so apply early. We conduct an interview with qualified applicants beginning in February.

Q: If I miss the deadline, can I apply next semester?
A: No, we admit only one time each year for the class that enrolls in the following summer semester.

Q: What do I need to submit for my application?
A: The graduate school application needs to be submitted on-line to the Graduate Admission Office. The general score (Verbal, Quantitative, and Writing) of the Graduate Record Examination (GRE) is submitted by ETS to Wayne directly upon your request; official transcripts are submitted to Graduate Admissions directly from your previous colleges; a completed Program Application should be uploaded to the application website; and three letters of recommendation need to be uploaded to the website by the recommenders, of which two should be previous professors who know your academic work.

Q: How important are the GRE scores in the selection process?
A: The scores are considered equally among the other pieces of information in your application. If the application is of average caliber, strong GRE scores can improve the application, while poor GRE scores can weaken it. If all other information is outstanding, the GRE scores will have less influence. There is no predetermined cut off score for the GRE, only a preference for scores for the Verbal and Quantitative to be above 300 and Writing to be 4.0 or above.

Q: Are there any prerequisites?
A: Yes, you must have at least 15 hours of psychology in your previous academic work. These include courses with a designator of PSY, CP, or EDP or other letters used as a psychology designator at your college. Courses in social work and counseling, for example, are not counted as psychology.

Q: How selective is the admission process?
A: It is a selective program. We accept approximately 35% of the applicants who apply.

Q: How many students do you accept?
A: We accept anywhere from 13 to 15 students each year into the masters program.

Q: Am I too old to apply to your program?
A: No, we have admitted all ages, from those graduating next year to those who are retired from their first occupation.
Q: How marketable are graduates from the Counseling Psychology program?
A: While the economy has hurt all of the health care fields, our surveys have shown that graduates who have wanted jobs in this health care field, have found them. Opportunities for employment and for independent practice improve by earning the doctorate.

Q: Can I get licensed to practice psychology in Michigan with this degree?
A: Yes, virtually 100% of those who applied for licensure at the master’s level have been licensed (Temporary Limited Licensed for the first 2000 hours). Beginning in June, 2010, applicants for the TLLP will need to pass the national examination with a score of 450 points.

Q: What kind of financial assistance is available to students in the program?
A: The University provides graduate-professional scholarships to qualified graduate students and applicants. Please visit http://wayne.edu/gradschool/funding/ for deadlines and applications. Also, check out scholarships offered by the College of Education. Apply for financial scholarships when you apply to the program.

Q: Is there someone at Wayne who can answer other questions?
A: We have two such resources. Please email Dr. Francesca Pernice-Duca at perniceduca@wayne.edu or call her at 313-577-1718. Email inquiries are preferred and answered sooner. We are willing to make an appointment to meet with you, evaluate your transcript and admission materials, and help you in your application process. We want you to be fully informed about our program to aid you in your application decision.