COURSE SYLLABUS

DIVISION: Theoretical and Behavioral Foundations
PROGRAM AREA: Educational Psychology
COURSE: EDP 7430 Behavioral Psychology: Applications I
Call No. 22312, Section 001
COURSE CREDIT: 4 Semester Hours
TERM/YEAR: Winter, 2014
COURSE LOCATION: 171 Education
TIME: Mondays, 4:30 p.m. – 8:10 p.m.
INSTRUCTOR: Justin W. Peer Ph.D., L.P.
OFFICE HOURS: Before or after class, or by appointment
E-MAIL: justin.peer@wayne.edu (best way to reach me)
Alternate: (734) 287-1500 x6302 (clinical office)

COURSE DESCRIPTION:
Behavioral techniques used in dealing with the social behavior of both groups and individuals.

COURSE OBJECTIVES:
Upon completion of this course, the student will:

1. Be able to demonstrate knowledge of the major historical origins of the various behavioral therapies.
2. Understand the multicultural and urban issues involved in the development of behavioral disorders and their assessment.
3. Understand that the behavioral principles used to explain the acquisition of normal and abnormal behavior are the same.
4. Distinguish between normal and abnormal child and adolescent behavior.
5. Apply behavioral and social learning principles in a reflective, creative and innovative manner to the understanding and treatment of behavioral disorders.
6. Be able to demonstrate knowledge and understanding of behavior management interventions thru a practicum application.
7. Be able to demonstrate competence in writing in an APA format.
8. Develop a Master Treatment Plan using behavioral assessment and treatment techniques.

REQUIRED TEXT:

RECOMMENDED TEXT:

COURSE REQUIREMENTS:
The following is a general list of requirements that are necessary for effective learning in this class:

**ATTENDANCE**

Students are expected to attend class. Attendance in class is essential for learning the course material. I will expand upon material offered in the book and offer relevant examples and experiences related to what you read. The in-person experience of class adds to the richness of the material you read. Also, of utmost importance to the student is that **material in class will cover things not found in the textbook.** This class is scheduled to begin at 4:30 PM. I understand the potential problems that may occur regarding attendance however students should still make their best effort to attend each class.

Participation in class discussions, in-depth knowledge of assigned readings, attendance at each class meeting, and active engagement in actual and role-played interventions are expected. Consistent with this expectation, students are required to come to class with questions and/or comments about the readings that they would like to clarify and/or discuss further. Each student should have something to contribute to every class discussion. Borderline final grades (e.g., 89%) will be advance to the next grade category for those who attend and participate.

**READING ASSIGNMENTS**

The textbook is required reading. Lectures will not simply repeat textbook content. Rather, lecture is meant to extrapolate on the concepts in the textbook. Students are strongly encouraged to stay current on their readings. Additional readings will also be added for class as the semester progresses.

**LECTURE**

As has been stated, **lectures will contain important content not found in the textbook.** Students are responsible for the content presented in class lectures. If a student misses class then he/she is responsible for obtaining notes from a classmate for the class missed. The instructor will **NOT** provide notes to the student. This is the **student’s responsibility.**

**BLACKBOARD**

I will utilize Blackboard to post announcements, suggested readings and exam scores. I would suggest checking Blackboard regularly to see if there are any announcements for the class. Blackboard can be accessed at [www.blackboard.wayne.edu](http://www.blackboard.wayne.edu)

**METHODS OF EVALUATION:**

**EXAMINATIONS**

There will be 2 non-cumulative examinations throughout the course of the semester. Each exam will be worth 150 points. Examinations will be multiple choice in nature and will cover material from both lecture and text. You will need a scantron form to take the exam. **MAKE UP EXAMS ARE NOT OFFERED.**

Key points regarding exam day:

- Exams begin at the **start** of class.
• The examination period ends at 6:30 PM. If a student begins the exam late he/she must still finish by the time the exam period ends.
• It is extremely disruptive to students in class when other students present for class very late on exam date. Therefore, I reserve the right to deny entry to the exam to any student who presents after the first exam has been turned in.

GROUP PRESENTATIONS
Students will be giving presentations in groups or trios near the end of the semester on topics as noted in the tentative class schedule. This task will be explained in more detail and topics/chapters will be assigned on the second night of class. These are short presentations, summarizing evidence-based treatments for specific disorders. Both the content and style of delivery will be evaluated using the rubric at the end of the syllabus. This is worth 100 points.

BEHAVIOR MODIFICATION PROJECT
The Behavior Modification Project will be evaluated on the basis of adherence to the project proposal previously approved, implementation of appropriate behavioral principles and conformity to the APA style manual format for psychological papers and experiments. This will be further explained on the first day of class. This is worth 50 points.

MASTER TREATMENT PLAN
The Master Treatment Plan will be evaluated on the basis of completeness and integration of diagnostic features, treatment plan objectives, behavior change implementation strategies, and supporting rationale. This will be discussed on 1/27/14. This is worth 50 points.

EVALUATION & GRADING:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
<th>Description</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93 - 100%</td>
<td>First Examination</td>
<td>150</td>
</tr>
<tr>
<td>A-</td>
<td>90 - 92.9%</td>
<td>Second Examination</td>
<td>150</td>
</tr>
<tr>
<td>B+</td>
<td>87 - 89.9%</td>
<td>Behavior Modification Project</td>
<td>50</td>
</tr>
<tr>
<td>B</td>
<td>83 - 86.9%</td>
<td>Master Treatment Plan</td>
<td>50</td>
</tr>
<tr>
<td>B-</td>
<td>80 - 82.9%</td>
<td>Group Project and Report</td>
<td>100</td>
</tr>
<tr>
<td>C+</td>
<td>77 - 79.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>70 - 76.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>69 and below</td>
<td></td>
<td>500 total points</td>
</tr>
</tbody>
</table>

ACADEMIC DISHONESTY:
Students are expected to maintain the highest level of ethical integrity within this course. Specifically, students shall complete their own work and not cheat on examinations. IF A STUDENT IS CAUGHT CHEATING ON AN EXAMINATION THEN THAT STUDENT WILL AUTOMATICALLY RECEIVE AN “F” FOR THAT EXAM AND THAT STUDENT WILL BE REPORTED TO THE APPROPRIATE UNIVERSITY AUTHORITY REGARDING THIS BEHAVIOR.

No form of academic dishonesty will be tolerated. You are in this class to learn, and you must commit the effort to obtaining your own knowledge and skills. You should already be aware, but for specific examples of academic dishonesty, including what constitutes plagiarism, it is solely your responsibility to read the Undergraduate Bulletin, the Undergraduate Student Handbook, The Student Due Process Policy and any other formal documents that are created for students at
WSU. Any academic dishonesty will clearly be considered premeditated and not accidental. Below are summaries defining cheating and plagiarism that were, in part, excerpted from the Wayne State University *Undergraduate Bulletin*. Expulsion is probably not worth the few hours of work you will avoid by cheating, so please think carefully and thoroughly, ask for help when needed, and make smart decisions.

**Cheating:** Copying from another student's work, or allowing another student to copy from your work, are both considered cheating as they represent accepting responsibility for work one has not performed, or contributing to another's acceptance of credit where credit is not appropriate. **Plagiarism** is the act of presenting as your own work another individual's ideas, words, data, or research material. This includes altering the language, paraphrasing, omitting, and rearranging words to make them appear as your own. This applies equally to written, spoken, or electronic texts, published or unpublished. All ideas and quotations that you borrow from any source must be acknowledged.

Students are responsible for reading and understanding the University policy on Cheating and Plagiarism as set forth in the *Undergraduate Bulletin*. Any questions concerning these policies should be directed to the individual instructor, or to the University Judicial Officer.

**CLASSROOM BEHAVIOR:**
Professionalism is expected from students of this course. Specifically, cell phone use (calls or texts) are not allowed during class. If the student must receive a call then it should be done outside the classroom. Related to this, cell phones should be inaudible. Additionally, students should arrive to class on time and prepared. Students are encouraged to remain for the entire class. Students are also encouraged to participate in the class. Students should be respectful toward the comments of other students and the instructor. Any student displaying rude and/or disruptive behavior will be asked to leave the class and will be allowed back into class after a meeting with the instructor to discuss the matter. **It is expected that students treat both the instructor and each other with the utmost dignity and respect.**

Exams must be taken without headphones, cell phones, iPod, or earphones of any kind. Student chairs and work tables are expected to be cleared with no random pieces of paper or anything that could be construed as a study aid visible. The instructor reserves the right to remove a student if it is felt that the student is cheating. The best way for the student to avoid this is to not put themselves in this type of a situation in the first place. Please refer to the section on academic dishonesty for consequences related to cheating.

Students are expected to maintain good conduct in six areas of professional work behavior. You will be evaluated on these in this course, as well as throughout your programs by department faculty. Because these skills (listed below) are critical to the development of successful psychology practitioners, problems in these areas will be noted in your portfolio or other reviews and typically require intervention by the department faculty as a whole.

1. Respect for human diversity
2. Communication skills
3. Effective interpersonal relations
4. Ethical responsibility
5. Adaptability
6. Initiative and dependability

**STUDENT USE OF LAPTOP COMPUTERS IN CLASS:**
Students may, of course, use laptop computers in class. However, it is not acceptable to be doing anything on them except taking notes. Other activity on laptops is distracting to others, including the instructor, and is generally disrespectful to the educational process. Those who violate this will not be permitted to use a laptop in class.

**STUDENT USE OF PHONES IN CLASS:**
Absolutely no texting or other phone use is allowed during class. Except under unusual circumstances, phones should be put away and not be on top of your desks. In the case of a true emergency, students are expected to step out of class in order to respond to it.

**POLICY ON COURSE WITHDRAWAL:**
Students may withdraw from the course through 3/22/14. However, this is subject to instructor permission. Students are strongly encouraged to orient themselves with the university policy regarding withdrawing from a course.

Students who request to withdraw from classes will be assigned one of the two following grades:

- **WP** Withdrawal Passing
- **WF** Withdrawal Failing

Any student who withdraws with total points that equal 60% or less of the total points possible on the date of withdrawal will receive a grade of WF. Those students with points total 61% or more will receive a grade of WP. A withdrawal grade does not affect a student’s GPA but does appear on the student’s official transcript.

Students who do not complete coursework and who do not request a course withdrawal prior to the final exam will receive a failing grade.

**How to Withdraw from a course:** Students request a withdrawal by logging onto Pipeline. The request goes directly to the instructor's Pipeline. The **instructor must respond within 48 hours** (excluding weekends), and can either deny the student's request to withdraw, or assign a **WP** or **WF**. If the instructor does not respond within 48 hours, an alert will be sent to the Associate Dean and Department Chair for appropriate action and follow up.

**Incompletes (I) automatically revert to a grade of F after one calendar year. There will be no extensions. There are no exceptions.**

**STUDENTS WITH DISABILITIES:**
If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The
Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

**RELIGIOUS OBSERVANCE POLICY:**
Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

**TIPS FOR COURSE SUCCESS:**
The following is a listing of tips to follow to successful completion of this course:
1) Read the text prior to coming to class. You will then have at least been introduced to the concepts presented by the instructor which will likely make lecture easier to follow.
2) Make a friend or friends in class who can take notes for you if you are absent or who you can discuss course material with. This also comes in very handy for study purposes prior to exams.
3) Introduce yourself to the instructor and utilize time before or after class to ask questions. Schedule a time to meet with the instructor if you need further assistance. The instructor is more than happy to speak with you and welcomes conversation and questions.
4) Participate in class. It engages the student’s senses and makes the student feel a more active part of the class. It also greatly assists in retaining the material that is being taught.
5) Lastly, a quote my PhD advisor always used with me was, “TIME ON TASK”. You basically get out of something what you put into it. If you honestly take the time to read, study the material, and pay attention in class you should do well!

**TENTATIVE COURSE SCHEDULE:**
This schedule should be considered final however minor adjustments related to lecture material may occur and, if so, would be announced in advance in class and on Blackboard. Exam dates and project due dates will not change!

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Related Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 6</td>
<td>Introductions and Syllabus Review</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Discuss Behavioral Modification Assignment</strong></td>
<td></td>
</tr>
<tr>
<td>January 13</td>
<td>Behavior Therapy: Introduction</td>
<td>S &amp; G Chap 1</td>
</tr>
<tr>
<td></td>
<td>Antecedents of Contemporary Behavior Therapy</td>
<td>S &amp; G Chap 2</td>
</tr>
<tr>
<td></td>
<td>The Behavioral Model</td>
<td>S &amp; G Chap 3</td>
</tr>
<tr>
<td></td>
<td>The Process of Behavior Therapy</td>
<td>S &amp; G Chap 4</td>
</tr>
</tbody>
</table>
## Discuss Group Project

January 20  
**Martin Luther King Day Observance—NO CLASS**

January 27  
Behavioral Assessment  
*Foundations of Evidence-Based Psychotherapy*  
*Adolescent Psychotherapy Treatment Planner (bring to class)*  
**Discuss MTP Assignment**

February 3  
Acceleration Behavior Therapy  
Deceleration Behavior Therapy  
Combining Reinforcement and Punishment

February 7  
Behavioral Assessment  
*Foundations of Evidence-Based Psychotherapy*  
*Adolescent Psychotherapy Treatment Planner (bring to class)*  
**Discuss MTP Assignment**

February 10  
Exposure Therapy: Brief/Graduated  
Exposure Therapy: Prolonged/Intense

February 17  
**EXAM 1**  
**BEHAVIOR MODIFICATION PROJECT DUE**

February 24  
Modeling Therapy  
Cognitive-Behavioral Therapy: Cognitive Restructuring

March 3  
Cognitive-Behavioral Therapy: Coping Skills  
Third-Generation Behavior Therapies  
Applications of Behavior Therapy to Medical Disorders

March 10  
**SPRING BREAK-NO CLASS**

March 17  
Applications of Behavior Therapy to Psychological Disorders with Primary Physical Characteristics  
Contemporary Behavior Therapy in Perspective

March 24  
Behavioral Therapy Wrap-up, Future Directions  
Intro to Evidence-Based Psychotherapies

March 31  
Internalizing Disorders: Anxiety  
*Student Presentations*

April 7  
Internalizing Disorders: Depression  
*Student Presentations*

April 14  
Externalizing Disorders: AD/HD, ODD, CD  
*Student Presentations*

April 21  
Other Externalizing Issues: Anger, SA, etc.  
*Student Presentations*

April 28  
**EXAM 2**
**SUBJECT:** Evaluation of Class Presentation (EDP 7430)  

**DATE:** Winter 2014

<table>
<thead>
<tr>
<th>Class Presentation</th>
<th>Poor</th>
<th>6</th>
<th>8</th>
<th>10</th>
<th>12</th>
<th>14</th>
<th>16</th>
<th>18</th>
<th>20</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Organization</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
<tr>
<td>2. Clarity of Presentation</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
<tr>
<td>3. Poise and Enthusiasm</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
<tr>
<td>4. Coverage of Material</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
<tr>
<td>5. Knowledge of Content</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>14</td>
<td>16</td>
<td>18</td>
</tr>
</tbody>
</table>

Total: ____________________

Comments: