COURSE SYLLABUS

COURSE: EDP 7190—Couples Therapy
CRN-SECTION: 
COURSE CREDIT: 3 Semester Hours
TERM/YEAR: Winter 2016
COURSE LOCATION: 620 Oakland Center Wayne State University
DAY/TIME: Tuesday 4:30 PM -7:15 PM
INSTRUCTOR: Bernie Les, Ph.D.
TELEPHONE: Dr. Les: 248-310-2346
E-MAIL: bles@wayne.edu
OFFICE HOURS: Tuesdays 4:00-4:30 at the Oakland Center; by appointment

Bulletin Description: Prereq: EDP 7200, consent of instructor. Advanced development of skills and knowledge of therapy with couples and families. (W)

Course Description: An introduction to the theory and its applications to therapy with couples and families. Emphasis on systems among others, assessment procedures, therapeutic skills, and marital therapy. (Primarily couple therapy)

Course Objectives:
1. Understand the field of counseling psychology, underlying theory and conceptualizations.

2. Understand the concept of counseling multiple clients, understand oneself in that relationship, and develop the basic skills of therapy (listening, attending, observing, and empathic responses).

3. Understand systems theory and its application to marriage therapy.

4. Understand the nature of research in the field and its application to therapy (e.g., outcome research, ethical and methodological considerations).

Required Texts:


Online Course Requirement
This course will also utilize Blackboard Academic Suite™ to communicate course information, post lecture materials, monitor grades, and complete assignments, and participate in discussions. Please be sure you have access to utilize online resources for this course.

Assessment
2 Exams will be given throughout the semester. Exam questions will be drawn from the text, lecture, and required reading materials that demonstrate your understanding of core family therapy terms, concepts, theory, and approaches. Each exam will be worth 100 points, totaling 200 cumulative points for the semester.
**Grading Scale**

The following grading scale will be applied based on the total number of points accumulated by the semester end:

- **A**: 96% +
- **A-**: 90-95%
- **B+**: 87-89%
- **B**: 83-86%
- **B-**: 80-82%
- **C**: 79% and lower

**Academic Dishonesty/Plagiarism**

The College of Education has a “zero tolerance” approach to plagiarism and other forms of academic dishonesty. (See Student Code of Conduct [http://doso.wayne.edu/assets/student-code-of-conduct-brochure.pdf](http://doso.wayne.edu/assets/student-code-of-conduct-brochure.pdf)). Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University’s Undergraduate Bulletin ([http://bulletins.wayne.edu/ubk-output/index.html](http://bulletins.wayne.edu/ubk-output/index.html)) and Graduate Catalog ([http://www.bulletins.wayne.edu/gbk-output/index.html](http://www.bulletins.wayne.edu/gbk-output/index.html)) under the heading “Student Ethics.” These university policies are also included as a link on Blackboard within each course in which students are enrolled. It is every student’s responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty. Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

**Enrollment/Withdrawal Policy**

Students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 5th week of class will receive a grade of WP, WF, or WN.

- **WP** will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- **WF** will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- **WN** will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved.

Beginning the fifth week of class students are no longer allowed to drop but must **withdraw** from classes. The last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.
Attention Students with Disabilities:

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-202-4216 (video phone). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

Religious Observance Policy:

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.
TENTATIVE CLASS SCHEDULE

Class Schedule:
#1: January 12
Introduction to class; Systems Theory. **View:** Systems Theory

#2: January 19
Introduction to Gottman’s Sound Marital House; (Empathy Training). **Read:** Gottman- Chapters 1, 2 (pp. 41-61, 71-8), & 3.

#3: January 26
Sound Marital House, Assessing a Marriage; (Empathy Training). **Read:** Gottman- Chapter 14, 3 & 4

#4: February 2
Interventions; (Empathy Training). **Read:** Gottman- Chapter 6 & 7.

#5: February 9
Therapeutic Process; (Empathy Training). **Read:** Gottman- Chapters 8, 9, & 10.

#6: February 16
Conclude Gottman; (Empathy Training). **Read:** Gottman- Chapters 11, 12, & 13.

#7: February 23
**Exam 1: Gottman**

#8: March 1
Emotionally Focused Marital Therapy, couple practice. **Read:** Johnson- Chapters 1, 2 & 3.

#9: March 8
Emotionally Focused Marital Therapy, couple practice. **Read:** Johnson- Chapters 4, 5 & 6.

#10: March 15
Spring Break

#11: March 22
Emotionally Focused Marital Therapy, couple practice. Video of Sue Johnson. **Read:** Johnson- Chapters 7, 8 & 9.

#12: March 29
Emotionally Focused Marital Therapy, couple practice. **Read:** Johnson- Chapters 10 & 11.

#13: April 5
Practice Emotionally Focused Marital Therapy. **Read:** Johnson- Chapters 12, & 13.

#14: April 12
Conclude Emotionally Focused Marital Therapy. **Read:** Johnson – Chapter 14, review for final exam; and course evaluation

#15: April 19
**Exam 2: Johnson**