COURSE SYLLABUS

DIVISION: Theoretical & Behavioral Foundations

PROGRAM AREA: Counselor Education Program

COURSE #: CED 6080

COURSE TITLE: Theories of Counseling

CREDIT: 3 Credits

SECTION: 21143

TERM/YEAR: WINTER 2015

COURSE LOCATION: 0169 Education

DAY: Wednesday  TIME: 4:30 p.m. – 7:15 p.m.

INSTRUCTOR: John Pietrofesa, Ed.D.

OFFICE ADDRESS: 321 Education

OFFICE HOURS: Wednesday, 2:00 p.m. – 4:00 p.m.

OFFICE PHONE: (313) 577-1760

E-MAIL: aa3222@wayne.edu
COURSE DESCRIPTION:

Prerequisite: CED 6070. This course provides an introduction to the study of major theories of mental health counseling including Humanistic, Analytic, Behavioral and Cognitive Behavioral traditions. The focus is on ethical, legal, and multicultural factors in the conceptualization and delivery of mental health counseling practices.

LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Discuss their theoretical and philosophical assumptions.

2. Describe counseling processes and techniques.

3. Understand the research and evaluation of counseling outcomes.

4. Identify issues in the applicability of various counseling theories to conceptualization and intervention planning for diverse client populations.

5. Discuss the application of theories to conceptualization and intervention planning for diverse client populations.

6. Identify ethical issues involved in mental health counseling.

REQUIRED TEXTS:
CED 6080, Section 21143  
0169 Education Bldg.  
WINTER 2015  
Wednesdays, 4:30 p.m. - 7:15 p.m.  
Dr. John Pietrofesa  
321 Education Bldg., 577-1760

**Methods of Instruction:** A variety of methods will be used to facilitate learning in this course. Outside readings, discussion, interactive activities, guest speakers, lecture, and film will be critical to integrating, synthesizing, and understanding clinical mental health counseling. Specific emphasis will be placed on case-based approaches to instruction and learning.

**Readings:** Please see the course calendar for readings.

**Written Assignments:** If you have difficulty with academic writing, please seek assistance from campus writing resources or elsewhere. Copies of the APA Publication Manual are available for purchase in the WSU bookstore. Writing and overall presentation will count towards grades for all written assignments.

**Plagiarism:** Plagiarism is a serious violation of academic integrity. To prevent plagiarizing someone else’s work, credit for words and ideas must always be given both in text and in the reference pages. Quotation marks are used to indicate another person’s exact words. Paraphrasing is summarizing a passage or taking the ideas of the sentences and constructing a new sentence in your own words. The original sentence must be substantially altered for it to be your work and citing the source is still necessary because you took the idea from another source. *Plagiarism is academic misconduct and may result, at minimum, in a failing grade on the assignment or in the course. Further disciplinary action may result per university policy.*

Although I do not expect that this will be a problem, any student caught cheating can expect, at minimum, serious penalties. Such penalties may include failure of the course. Further disciplinary action may result per university policy.

**COURSE ASSIGNMENTS:**

**Assignment Percentages:**

1. Theory Application Project – 40%  
   Students will complete paper demonstrating the application of at least 3 theories to
problems of a client.

2. Attendance and Class Applications – 10%

3. Final Exam – 50%

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Assignment Details:

Theory Application Paper – 40% of grade

Purpose: To demonstrate the application of counseling theory to problem conceptualization and resolution. Based on the client data provided, you are to develop a case conceptualization which includes the following elements:

Problem Specification

1. Statement of the presenting problem and problem related dynamics.

2. Theory-based and problem-based explanations or problem development and maintaining dynamics.

Intervention/Treatment Plan: Apply 3 Theories to the Analysis of the Case as follows:

1. Client goal(s) identify theoretical base and rationale for selection.

2. Therapeutic process and relevant techniques to be utilized to facilitate goal attainment {identify theoretical approach(es)}. Give a specific example of the application of an intervention for each theory.

3. Process or techniques for outcome evaluation and follow-up.
Overall Presentation

All papers must be typed and conform to APA guidelines for references, citations, language, and typing. At least two supporting references (in addition to the text) are required. Papers should follow the guidelines provided. Errors in presentation will adversely affect the total grade.

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CLASS POLICY:

1. Students are expected to attend and participate in all classes and to have completed readings and weekly assignments as scheduled.

2. All papers must be typed and comply with current APA standards for publications.

3. All papers should reflect graduate content and preparation. Careless preparations and/or inappropriate presentation will adversely affect the grade for the assignment.

CLASS SCHEDULE:

See attached schedule of dates & class descriptions.

GRADING SYSTEM:

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<th>Score Range</th>
<th>Grade</th>
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<td>90 - 100</td>
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<td>80 - 89</td>
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COURSE SCHEDULE

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<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT</th>
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<tr>
<td>January 14</td>
<td>Course Overview/Administration</td>
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<tr>
<td>January 21</td>
<td>Counselor as Person and Counseling Model</td>
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<td>January 28</td>
<td>Counseling Model and Basic Tenets of Theories</td>
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<td>February 4</td>
<td>Psychoanalytic</td>
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<td>March 11</td>
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<td>March 25</td>
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<td>Behavioral (Paper Due)</td>
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