COURSE SYLLABUS

WEDNESDAY

DIVISION: TBF
PROGRAM AREA: Counselor Education

COURSE: CED 7000 Seminar: Introduction to Group Work

SECTION: 20608

COURSE CREDIT: 2 hrs.

TERM/YEAR: WINTER, 2014

DAYS/TIME: WEDNESDAY 4:30 - 6:20 P.M.

LOCATION: 0171 Education Building

INSTRUCTOR: Arnold B. Coven, Ed.D., LPC, LP
Assoc. Professor, Counselor Education

OFFICE: Dr. Coven, 329 Education

SECRETARY: LeiJuan Stewart-Walker (313-577-1613)
e-mail: ab2628@wayne.edu

OFFICE HOURS: Tuesday, 2:00-4:30 PM;
Wednesday, 2:00-4:30 PM

PHONE: (313)577-1655 & (248)875-3244 (Preferred)

E-Mail: acoven@wayne.edu, or aa1553@wayne.edu

COURSE DESCRIPTION:

CED 7000 - Seminar to provide an understanding of group counseling theories and an overview of basic elements of group process, with a focus on stages of group development, including: group leadership styles, group dynamics, guidelines for multicultural practice, ethical and professional issues in group practice, and use of skills and techniques applicable to various counseling situations (school, community,
COURSE OBJECTIVES:

1. To facilitate personal and professional development as reflective, innovative professionals who have the commitment and competence to help clients, colleagues, and themselves acquire knowledge, skills and understandings necessary to participate in and contribute to the quality of life in a complex, changing urban society.

2. To provide a basic understanding of group development, dynamics, counseling theories, and group counseling methods and skills by increasing:

   a. Students' basic knowledge of principles of group dynamics including group process components, developmental stage theories, and group members' roles and behaviors.

   b. Students' basic knowledge of group counseling theories including commonalties, distinguishing characteristics, and pertinent research and literature, as well as application of these theories at a beginning level.

   c. Students' basic knowledge of group leadership styles and approaches including characteristics of various types of group leaders and leadership styles.

   d. Students' basic knowledge and technical skills in group counseling and leadership and the application of these skills at a beginning level.

   e. Students' basic knowledge of group counseling methods including group counselor orientations and behaviors, ethical considerations, appropriate selection criteria and methods, and methods of evaluation of effectiveness.

   f. Students' sensitivity and awareness of cultural, ethnic, age, gender, physical disabilities, socioeconomic and value differences and how they
affect group behavior.

g. Students' basic knowledge of the status of research on different group counseling techniques and processes and the relevant research on their validity and usefulness.

h. Students' basic competence in the interpretation and application of the legal requirements and ethical codes related to the practice of group counseling.

3. To assist students in beginning the development of their own working theory of group counseling and to learn basic methods of evaluating the effectiveness of their approach, and ultimately to be able to integrate theoretical concepts and group counseling skills into their specialization areas.

EXPECTED LEARNING OUTCOMES

1. Students will be able to begin a group successfully.

2. Students will be able to close a group successfully.

3. Students will be able to use counseling theories in a group.

4. Students will be able to introduce, conduct, and process an exercise successfully.

5. Students will be able to plan a group successfully.

6. Students will be able to work with a member and the group at the same time.

7. Students will be able to involve other group members in the working with an individual group member.

8. Students will have a better understanding of the history of group counseling.

9. Students will be able to plan and implement tasks, psychoeducational, and counseling/therapy groups.
REQUIRED TEXTS:


OPTIONAL TEXT:


KEY REFERENCE TEXTS:


REFERENCES:

Books:


**Journals:** (last ten years)

**Counseling Psychologist**

**Group**

**International Journal of Group Psychotherapy**

**Journal of Counseling & Development**

**Journal of Mental Health Counseling**

**Journal of Multicultural Counseling and Development**

**Journal for Specialists in Group Work**

**Michigan Journal of Counseling**

**Small Group Behavior**

**Strongly Recommended**

**Journal Articles:**


ASSIGNMENTS:
Use PIN# instead of names for blind grading.

1. Attendance & Participation: Punctuality and attendance will be rewarded. More than two (2) absences will affect grade. Lateness will affect grade.

2. Compare and contrast an observation of an outside group (preferably in your specialization area) and your class group. Elements such as leadership style, group process (i.e. here and now member interactions) and feedback process can be used for comparison. Emphasis on Yacoma therapeutic factors is critical. Use examples and illustrations to demonstrate your knowledge and understanding (ESSENTIAL). Include any awareness of cultural, ethnic, age, gender, physical disabilities, socioeconomic and value differences and how they affect group behavior. 5-7 pages. DUE: 02/19

3. Midterm Exam 02/26

4. Journal Reports Due: 04/02

5. Extra Credit Due: 04/09

6. Final Exam 04/16

EVALUATION & GRADING:

Observation of Outside Group & Paper (Assignment #1) 40 points
Attendance, Punctuality, & Participation in CED 7000 25 points
Journal Reports 15 points
MidTerm Exam 20 points
Final Exam 20 points

Self Choice Assignment 5 points
(with permission of instructor)

Total: 125 points

GRADING SCALE:

- 116 - 125 points = A
- 106 - 115 points = A-
- 96 - 105 points = B+
- 86 - 95 points = B
- 76 - 85 points = B-
- 66 - 75 points = C+
- 56 - 65 points = C
- under 56 points = below graduate standards

CLASS POLICIES:

1. Class attendance is required. Please contact instructor if unable to be present.

2. Participation, involvement and commitment are necessary.

3. Professional ethics and conduct (i.e., confidentiality, etc.) are necessary and required.

4. If an assignment due date cannot be met it must be discussed and agreed to by instructor.

5. Incomplete grades are only allowed for the most extenuating and unforeseeable circumstance.

6. Syllabus is available in alternative format if needed.

7. It is considered non-ethical to obtain the class texts directly from the publisher.

GUIDELINES FOR MAXIMUM PERFORMANCE:

1. All papers are to be typed.
2. Use APA format for papers:

   a. Cover page with relevant information, brief abstract, and body of paper should include an introductory paragraph following paragraphs elaborating on points from introductory one--thus pursuing a central theme, then a summary paragraph. If you quote or paraphrase other material, a reference page must be included.

   b. Spelling and grammar important.

   c. A few quotations and a little paraphrasing from experts are permissible and desirable, but your words and way of interpreting is essential.

   d. Your reactions and views from material read, and presenting your learning are really wanted and crucial.

   e. Case examples and illustrations to show understanding and to make papers and/or presentations alive, desirable, and important.

**JOURNAL REPORTS (15 points) (REQUIRED): Due: 04/02**

Keep a journal reporting three group counseling participation experiences other than the ones written in the observation paper. Note in your own words reactions and interpretations relating to:

   a. Your feelings about group counseling experience.

   b. Important learnings or insights about yourself.

   c. Group themes that developed.

   d. Group member roles (initiators, stoppers, silent members, etc.) and what group members were doing.

   e. Leadership and Co-leadership style, relationship to action, model employed.

   f. Significant patterns (i.e., seating arrangement, non-verbal data.)
g. Interventions (i.e., who; thrust; what occurred before, during and after; useful ones (appropriate or inappropriate and why).

h. How group session began and ended.

**SELF-CHOICE PAPER: DUE: 04/09**

A relevant task discussed with the instructor.

Five(5) points is the maximum for extra credit.

**ATTENTION STUDENTS WITH DISABILITIES:**

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

**SDS News:**
Effective Fall semester 2010 Student Disability Services will be implementing a revised alternative testing form when a student schedules classroom exams/quizzes administration at SDS. As before the student and instructor each have a portion to complete. Exams are to be mailed to a new password protected email address: sdsexams2010@wayne.edu.

**THE WRITING CENTER:**

The Writing Center (2nd floor, UGL) provides individual tutoring consultations free of charge for graduate and undergraduate students at Wayne State University. The Writing Center serves as a resource for writers, providing tutoring sessions on the range of activities in the writing process – considering the audience, analyzing the assignment or genre, brainstorming, researching, writing drafts, revising, editing, and preparing documentation. The Writing Center is **not** an editing or proofreading service; rather, students are guided as they engage collaboratively in the process of
academic writing, from developing an idea to correctly citing sources. To make an appointment, consult the Writing Center website:

http://www.clas.wayne.edu/writing/.

To submit material for online tutoring, consult the Writing Center HOOT website (Hypertext One-on-One Tutoring):


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and Processing Exercises

Leading the Middle Stage of a Group Chap. 12

11  03/26  Using Counseling Theories in Groups Chap. 13

Counseling & Therapy in Groups Chap. 14

12  04/02  Closing a Session or Group Chap. 15

JOURNALS DUE

13  04/09  Dealing with Problem Situations Chap. 16

SELF CHOICE PAPERS DUE

Working with Specific Populations Chap. 17

14  04/16  Issues in Group Counseling Chap. 18

Final Exam

15  04/23  EVALUATIONS