COURSE SYLLABUS

DIVISION: Theoretical & Behavioral Foundations

PROGRAM AREA: Counselor Education Program

COURSE #: CED 6080

COURSE TITLE: Theories of Counseling

CREDIT: 3 Credits

SECTION: 21414

TERM/YEAR: Winter 2014

COURSE LOCATION: 0169 Education

DAY: Wednesday 

TIME: 4:30 p.m. - 7:15 p.m.

INSTRUCTOR: John Pietrofesa, Ed.D.

OFFICE ADDRESS: 321 Education

OFFICE HOURS: Wednesday, 2:00 p.m. - 4:00 p.m.

OFFICE PHONE: (313) 577-1760

E-MAIL: aa3222@wayne.edu
COURSE DESCRIPTION:

Prerequisite: CED 6070. Study of major theories of counseling including Humanistic, Analytic, Behavioral and Cognitive Behavioral traditions. Focus on ethical, legal, and multicultural factors in the conceptualization and delivery of counseling series.

COURSE OUTCOMES:

This course will provide an introduction to major theories of counseling including:

1. Their theoretical and philosophical assumptions.
2. Counseling processes and techniques.
3. Research and evaluation of their outcomes.
4. Issues in the applicability of various counseling theories to conceptualization and intervention planning for diverse client populations.
5. Practice and reflection on the application of theories to conceptualization and intervention planning for diverse client populations.

REQUIRED TEXTS:

COURSE ASSIGNMENTS:

**Assignment Percentages:**

1. Theory Application Project - 40%
   Students will complete paper demonstrating the application of at least 3 theories to problems of a client.

2. Attendance and Class Applications - 10%

3. Final Exam - 50%

**Assignment Details:**

Theory Application Paper - 40% of grade

Purpose: To demonstrate the application of counseling theory to problem conceptualization and resolution. Based on the client data provided, you are to develop a case conceptualization which includes the following elements:

**Problem Specification**


2. Theory-based and problem-based explanations or problem development and maintaining dynamics.

**Intervention/Treatment Plan**
1. Client goal(s) identify theoretical base and rationale for selection.

2. Therapeutic process and relevant techniques to be utilized to facilitate goal attainment (identify theoretical approach(es) and provide rationale and example).

CED 6080, Section 21414
0169 Education Bldg.
WINTER, 2014
Wednesdays, 4:30 p.m. – 7:15 p.m.
Dr. John Pietrofesa
321 Education Bldg., 577-1760

Assignment Details (Cont.):

Overall Presentation

All papers must be typed and conform to APA guidelines for references, citations, language, and typing. At least three supporting references (in addition to the texts) are required. Papers should follow the guidelines provided. Errors in presentation will adversely affect the total grade.

CLASS POLICY:

1. Students are expected to attend and participate in all classes and to have completed readings and weekly assignments as scheduled.

2. All papers must be typed and comply with current APA standards for publications.

3. All papers should reflect graduate content and preparation. Careless preparations and/or inappropriate presentation will adversely affect the grade for the assignment.

CLASS SCHEDULE:

See attached schedule of dates & class descriptions.
**GRADING SYSTEM:**

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<tr>
<th>Score Range</th>
<th>Grade</th>
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**COURSE SCHEDULE**

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<td>Course Overview/Administration</td>
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<tr>
<td>January 15</td>
<td>Counselor as Person and Counseling Model</td>
<td>1 &amp; 2</td>
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<td>January 22</td>
<td>Counseling Model and Basic Tenets of Theories</td>
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<td>Psychoanalytic</td>
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<td>March 5</td>
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<td>SPRING BREAK</td>
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