What do you mean by “public or private elementary school” in the eligibility criteria?

Eligible schools include, but are not limited to, public, private, charter, parochial, tribal and alternative schools, in addition to schools serving children with special needs. Eligible schools also must serve students in some or all of the grades from kindergarten through fifth grade.

Our school includes kindergarten through eighth grade. Can we apply for this program?

The BHC program targets students in kindergarten through fifth grade. Schools which also include seventh and eighth grades may apply, but the focus of the program is K-5 students and classrooms.

Why can’t schools which already received a grant apply again?

It is our goal to involve as many schools as possible. Schools, therefore, which have already received Building Healthy Communities (Including Step Up for School Wellness Grants) are not eligible to receive this award again. The program is meant to set the school up to continue in a self-sustaining manner in the coming years and schools should not need to apply for a second round of funding!

Schools which have applied but not received the BHC grant are invited to apply again.

Can you give us more specific information about the time commitment for each of our school leaders?

School leaders will work to transform their school environment into a healthier place to eat and be active. Each role will vary based on the component, but school leaders should plan to be working on Building Healthy Communities weekly:

- **Principals:** Approximately 1 hour per week (reading morning announcements, editing newsletters)
- **Classroom Teachers:** 1-2 hours per month (working with coordinator to schedule 1 lesson per month; incorporating healthy conversations and physical activity breaks into daily/weekly instruction)
- **Physical Education Teachers:** daily (engaging students in physical education using EPEC)
- **Active Recess Adviser (s):** daily (engaging students in active play & ensuring the equipment is used on a daily basis)
- **Student Leadership Team Adviser:** 1-2 hours per week (1-2 meetings per month working with students to create a healthy school culture)
- **Healthy Kids Club Adviser:** 1-2 hours per week (providing an after-school environment which supports healthy eating and increases physical activity)
Our school hasn’t become involved in wellness programs or grants yet. Are we less likely to be selected?

No. Our goal is to include a variety of schools related to experience with wellness programs and grants.

What are the criteria for award selection?

School selection is based on several components including level of school commitment towards implementing all components of the program and sustaining in future years, identification of staff members and support from school administration, and a complete application.

How will we know if our school is selected or not?

ALL schools, those which are selected as well as schools which are not selected, will be informed through an email message to the principal and to the person which completed the application by June 10, 2016.

Will our school be responsible for any reporting requirements related to this award?

No. School leaders will be asked for monthly survey submissions, but any formal reporting will be done by your Building Healy Communities healthy school coordinator.

Our school really wants to be a part of Building Healthy Communities next year, but our principal/teachers/other leaders can’t attend the Kickoff on August 31. Can we still apply?

Attendance at this training is mandatory and a critical component to program success. This is the school team’s first chance to learn more about BHC and its partners, get trained on their specific component, meet other participating schools, and interact with your School Coordinator for the year.

What exactly will the Building Healthy Communities Healthy School Coordinator do?

The Healthy School Coordinator helps to facilitate each component of the Building Healthy Communities program. Specifically, the Healthy School Coordinator will support the principal in promoting the message of eating healthy and being physically active; model short healthy eating lessons and physical activity breaks in classrooms; assist the Physical Education teacher in using EPEC (Exemplary Physical Education Curriculum); assist adult advisers in using the active recess cart; support the Student Leadership Team adviser; and help the Healthy Kids Club meet its goals.

When do we meet our Healthy School Coordinator?

School staff will be introduced to their Healthy School Coordinator at the August 31st kick-off event. School staff and the Healthy School Coordinator will beginning planning immediately.
The application states all supplies are included, what are the supplies?
Each year is subject to change, but a tentative list could include
- Principals: BHC banner and posters, letter to parents, newsletter inserts, and USB bracelets which include electronic Program Guide.
- Classroom Teachers: BHC Program Guide for each K-5 classroom teacher which includes all lesson plans, MyPlate poster, Food Model cards and other classroom handouts.
- PE Teacher: A BHC Program Guide without lessons, EPEC Box, EPEC Training, and brand new physical education equipment.
- Active Recess: brand new mobile cart featuring active recess equipment and activity game cards.
- SLT Adviser: A BHC Program Guide without lessons, Fuel Up to Play 60 website assistance.

*Program Guide:* Includes daily morning announcements for Principals, newsletter and website articles promoting healthy eating & physical activity, 8 USDA supported healthy eating lessons with Healthy Homework & Parent Tip Sheets, and a section on physical activity breaks, resources for sharing with parents, guides for creating healthier classroom environments.

What sort of equipment will we receive for our PE classes?
Each year is subject to change, but a tentative list could include:

- Rainbow SuperBounce Coated-Foam Balls - 3.5" dia, Set of 6
- Rainbow SuperBounce Coated-Foam Balls - 2.75" dia, Set of 6
- Gopher Rainbow ResisDent Ball - Softball, 4" dia, Set of 6
- Gopher Phenom Plastic Bat - 30"L, Blue
- Gopher Rainbow Performer - Rubber Basketball, Size 6, Set of 6
- Gopher Rainbow Performer - Rubber Footballs, Size 4, Set of 6
- Gopher Rainbow Performer - Rubber Soccer Balls, Size 4, Set of 6
- Gopher Rainbow Performer - Rubber Soccer Balls, Size 5, Set of 6
- Gopher Rainbow Performer - Rubber Volleyballs, Set of 6
- Rainbow Playground Balls - 8.5" dia, Set of 6
• Rainbow VersaBag Mesh Bags - Large (36"L x 24"W), Set of 6
• 15" diameter beach balls, Set of 6
• Nylon Rainbow Beanbag Bonanza Pack, Pack of 96
• DuraHoop Skinny Hula Hoop, Set of 12
• Rainbow Vinyl Spots - 9" diameter, Set of 6
• Rainbow AirRanger Plastic Discs, Set of 6
• Rainbow SkyBlazer, Set of 6
• Rainbow Set 2 1/2 H X 8 dia cones, set of 36
• Storage Caddy

What is included on the recess cart?
Each year is subject to change, but a tentative list could include:
• Standard Speed Ropes - 8' L, Yellow Handle, Set of 6
• Standard Speed Ropes - 16'L, Orange Handle, Set of 6
• Standard Speed Ropes - 6'L, Black Handle, Set of 6
• Gopher Playball Coated-Foam Ball - 7" dia, Color Varies, Set of 6
• Gopher Rainbow Performer - Rubber Soccer Balls, Size 4, Set of 6
• All Terrain Recess Rack
• Rainbow DuraHoopPlus Hoops - 30" dia, Set of 12
• Gopher Playball Coated-Foam Ball - 8.25" dia, Color Varies, Set of 6
• Gopher Rainbow Performer - Rubber Basketball, Size 5, Set of 6
• Gopher Rainbow Performer - Rubber Footballs, Size 3, Set of 6
• Gopher Tetherball w/ 8' Nylon Rope, Blue
• Rainbow Utility Balls - 8.5" dia, Set of 6
• Rainbow Vinyl Spots - 12" dia, Set of 6
• Rainbow Vinyl Cones - 12"H, Set of 6
• Basket 1.5Bu
• Magnus Carry-All with Baskets
• Playground Activity Cards - Series One
• Playground Activity Cards - Series Two
How do we submit our application?

The application is an electronic submission. The application can be found here: https://www.surveymonkey.com/r/buildinghealthycommunitiesapplication2016

Tips for creating a competitive application:

• Before filling out the Application, provide your team with copies of the Request for Applications. This is a comprehensive program that requires the engagement of the principal, teachers, and other school leaders.

• Identify teachers and staff who are passionate about healthy eating opportunities and increased physical activity. Most programs with sustaining success have key staff who are passionate about creating a healthy culture in the school.

• After you finish your application, review it to make sure that all items are answered. Brief, clear responses are easiest for reviewers to score. Do not leave any items blank; use “N/A” if the question does not apply to you. Do not provide information that is not requested. Have someone else read your responses to make sure they are understandable to someone that is not familiar with your school, programs or staff.

• Submit letters of support. While these are not required, they are encouraged. The letter(s) could be from the superintendent, principal, staff, food service director, parents or students describing your school’s commitment to wellness and interest in Building Healthy Communities. Additional letter(s) could be from a local foundation, hospital or business that describes their financial contribution to Building Healthy Communities.

For program or application questions, contact Kristen Kaszeta by phone at 313-577-6210 or email at Kristen.kaszeta@wayne.edu