COURSE DESCRIPTION:
Understanding professional and career perspectives in kinesiology.

COURSE OBJECTIVES:
This course provides students with a broadly based understanding of the field of kinesiology. It gives maximum opportunity for students to explore various career opportunities within their particular areas of interest. Students will interact with current working professionals and environments. Career and professional development tools and strategies are integrated into course work to prepare students for careers in education and public health.

COURSE OUTCOMES:
Upon completion of this course, the student will be able to:

- Discuss the types of knowledge about physical activity acquired through experience, scholarly study, and professional practice.

- Describe current professional and career opportunities in physical activity.

- Discuss the broad range of physical activities that exist.
- Understand the potential benefits and limitations of physical activity.

- Explain some of the principles regarding the relationships among skill, practice, and learning, among physical performance capacity, training and conditioning.

- Describe and explain the nature of subjective experience and its place in physical activity.

- Explain the factors that influence our personal experiences of physical activity.

- Describe the goals of the philosophy, history, and sociology of physical activity.

- Understand how current research is conducted in kinesiology.

- Understand the importance of university resources such as advising, academic support, library, and technology.

- Describe career and professional tools and development strategies.

- Understand the importance of reflection, innovation, diversity and cultural competency as a student and future professional.

**REQUIRED TEXT:**

**REFERENCES:**
Research and news articles relating to discussion topics, videos, guest lecturers will be distributed throughout the course via Blackboard.

**ASSIGNMENTS/EVALUATION:**
Assignment #1 Blackboard Introductions: 5 points
Assignment #2 Advising: 50 points
Assignment #3 Solutions: 10 points
Assignment #4 Library Research: 10 points
Assignment #5 Site Visit: 5 points
Assignment #6 Diversity/Cultural Competency: 10 points
Assignment #7 Site Visit: 5 points
Assignment #8 Site Visit: 5 points
Assignment #9: Leadership and Career Development: 10 points
Assignment #10: Profession Project: 100 points (75 grp/25 ind.) and in-class attendance: 5 points
Assignment #11 Site Visit: 5 points
Midterm: 50 points
Final Exam: 50 points

Total: points: 320
CLASS POLICIES:

All assignments must be typed with student’s name and Wayne State email address and submitted through Blackboard or other electronic means.

There are no makeup exams or assignments. Assignments are posted on Blackboard under the course content area. All late submissions of homework or tardiness to site visits will result in a deduction of 2 points. **NO WORK WILL BE ACCEPTED AFTER ONE WEEK OF DUE DATE.** There are no exceptions.

Class attendance is recorded along with other student enrollment information for documentation purposes. Prompt attendance is expected. Points will be deducted for tardiness to site visits; failure to attend will result in zero points. Unexcused absences will result in point deductions in overall final grade on a case by case basis.

No PDA, text messaging or cell phone usage allowed during the class period. Netbooks and laptop computers are allowed for note-taking purposes only.

**Students are responsible to check Blackboard on a regular basis for class updates, assignments, grades, PowerPoint presentations, resources and announcements.**

This class requires and involves students to actively participate in online discussions, small-group projects, site visits, and Blackboard. Important dates are listed on the course schedule as a tentative road map. Additional information about assignments, site visits, technology instructions and discussions will be provided. Students are required to participate actively in all discussions and contribute to dialogues. Students who do not actively participate or complete assignments within the specified timeframe will receive zero points. Students who are absent from class discussions (in class or online) will receive a zero if arrangements were not made prior to the absence. Students are expected to be respectful of one another in their discussions; foul language and inappropriate or disrespectful comments will not be tolerated. Student responses and comments that are deemed inappropriate will result in a zero for the discussion grade. Repeat violations may result in the student’s failure in the course.

**All communication from me will be sent to your WSU email account. Be sure that your WSU email is your primary email or change your settings so that your WSU emails are forwarded your most utilized email address. I strongly recommend that you regularly check your WSU email and verify its capacity limit.**

In addition, be sure to set the WSU Broadcast Messaging Service so that you receive text messages for campus emergencies and the KIN 1991 course. There are other options available as well. You can access it directly at [https://m.wayne.edu](https://m.wayne.edu). Or, when you're logged in to WSU Pipeline, just click the Broadcast Messaging link on the My Pipeline tab, under My Pipeline Links.
Please feel free to talk with me any time during the semester regarding your progress or any problems you may be encountering relative to this class.

**PLAGIARISM:**

Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. If you're in doubt about the use of a source, cite it. Students caught plagiarizing information from other sources will receive a failing grade in the course. University policy states that students can be subject to multiple sanctions, from reprimand to expulsion as a consequence of academic dishonesty. To enforce this policy, all outside references must be submitted with assignments.
CLASS SCHEDULE: KIN 1991 Course Outline – Tentative

STUDENTS WILL BE NOTIFIED OF ANY CHANGES THAT MAY OCCUR.

Mon.   Jan. 9    First Day of Class – Welcome/Introductions/Overview of Course and Blackboard
          (Assignment #1 Blackboard Introductions: 5 points)

Wed.   Jan. 11   KIN Degree/UG Advising – Guest Speaker from Academic Services
          (Assignment #2 Advising: 50 points)
          Chapter 1 – Intro to Professional/Academic Kinesiology

Mon.   Jan. 16   MLK Day Holiday – WSU closed

Wed.   Jan. 18   KHS Learning Community Peer Mentors visit
          Chapter 2 – Spheres of Physical Activity Experience

Mon.   Jan. 23   Pedagogy program – Dr. Dillon
          Chapter 3 and 4 – Importance of Physical Activity Experiences
          (Assignment #3 Solutions: 10 points)

          Site Visit Location: Lab C, Third Floor, Adamany Undergraduate Library

Mon.   Jan. 30   Chapter 5 – Philosophy
          (Assignment #4 Google Scholar Library Research: 10 points)

Wed.   Feb. 1    Mort Harris Fitness Center Site Visit – Jovita Scrogin
          (Assignment #5 Site Visit: 5 points)

Mon.   Feb. 6    No In-Class Lecture – Study Day
          Productivity Tools & Strategies on Blackboard
          Chapter 6 – History and Cultural Diversity

Wed.   Feb. 8    Cultural Competency – Linda Seatts, WSU Office of International
          Students and Scholars
          (Assignment #6 Diversity/Cultural Competency Evaluation: 10 points)

Mon.   Feb. 13   Biomechanics/Motor Learning Lab Site Visit – Dr. Lai
          Room 06 Old Main
          Group I: 9:30-10:00am, Group II: 10:00–10:30am
          (Assignment #8 Lab Site Visit: 5 points)

Wed.   Feb. 15   Chapter 8 – Motor Behavior

Mon.   Feb. 20   Chapter 7 – Sport Sociology
          Chapter 9 – Sport and Exercise Psychology

Wed.   Feb. 22   Learning Community activity (TBD)
          Entrepreneurship in Kinesiology – by Linda Jimenez
Mon. Feb. 27  Study day

Wed. Feb. 29  Resume Writing Workshop – Susan Barr, WSU Career Services

Mon. Mar 5  Review for Midterm (KHS peer mentors) Chapters 1-9

Wed. Mar 7  **Online Midterm: 50 points**

Mon-Wed Mar 12-14  WSU Spring Break

Mon. Mar 19  No in-class lecture – PowerPoints on Blackboard
Chapter 10 – Biomechanics (covered by site visit)
Chapter 11 – Physiology (covered by site visit)

Wed. Mar 21  **Exercise Physiology Lab Site Visit – Dr. Engels**
Room 1225 Applebaum Building
*(Assignment #7 Site Visit: 5 points)*

Mon. Mar 26  Chapter 12 – Physical Activity Professional
Chapter 13 – Careers in Health and Fitness
*(Assignment #9: Career Development SWOT: 10 points)*

Wed. Mar 28  **MANDATORY ATTENDANCE:**
*(Assignment #10: Profession Project: 100 points [75 group/25 individual]*)

Mon. Apr 2  Chapter 15 – Careers in Teaching Physical Education
Chapter 16 – Careers in Coaching and Sport Instruction
Chapter 17 – Careers in Sports Management

Wed. Apr 4  **Henry Ford Health System’s Center for Athletic Medicine – Mike Fabbri AT, ATC**
Site Visit Location: 6525 Second Avenue
*(Assignment #11 Site Visit: 5 points)*
Chapter 14 – Careers in Therapeutic Exercise

Mon. Apr 9  Project Groups Meet Only – No Class

Wed. Apr 11  Wimba Virtual Classroom –
Leadership – by Linda Jimenez
Q & A for profession project

Mon. Apr 16  Profession Project Presentations: Groups 1-5
*(Attendance: 2.5 points)*

Wed. Apr 18  Profession Project Presentations: Groups 5-10
*(Attendance: 2.5 points)*

Mon. Apr 23  Review for Final (KHS peer mentors) Chapters 10-17

Wed. Apr 25  **Online Final Exam: 50 points**
GRADING:

- 320 – 298 points (100-93%) = A
- 297 – 288 points (92-90%) = A-
- 287 – 282 points (89-88%) = B+
- 281 – 266 points (87-83%) = B
- 265 – 256 points (82-80%) = B-
- 255 – 250 points (79-78%) = C+
- 249 – 234 points (77-73%) = C
- 233 – 224 points (72-70%) = C-
- 223 – 218 points (69-68%) = D+
- 217 – 202 points (67-63%) = D
- 201 – 192 points (62-60%) = D-
- < 191 points (below 60%) = F

GENERAL NOTE ON GRADING:
The College of Education faculty members strive to implement assessment measures that reflect a variety of strategies in order to evaluate a student’s performance in a course. For undergraduates and post-degree students C grades will be awarded for satisfactory work that satisfies all course requirements; B grades will be awarded for very good work, and A grades will be reserved for outstanding performance. [For graduate students B grades will be awarded for satisfactory work that satisfies all course requirements; B+ grades will be awarded for very good work, and A grades will be reserved for outstanding performance.] Please note that there is a distribution of grades from A-F within the College of Education and ‘+’ and ‘-’ are recorded and used to distinguish grade point averages.

ENROLLMENT/WITHDRAWAL POLICY:
Beginning in Fall 2011, students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.
- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- WN will be awarded if no materials have been submitted, and so there is no basis for a grade
Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. Beginning in Fall 2011, the last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.

FINAL DATE FOR STUDENTS TO INITIATE WITHDRAWAL IS SATURDAY, MARCH 24, 2012.

STUDENTS WITH DISABILITIES:

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

REligious observance policy:

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.