BACKGROUND OF THE COUNSELING AND TESTING CENTER

The Counseling and Testing Center currently serves as the on-campus practicum and internship site for clinical training of graduate students in several academic programs. As a training unit, the Counseling and Testing Center provides comprehensive mental health services for students and the local community. Services offered include:

- Individual and group counseling
- Substance abuse testing
- Educational and life skills assessment
- Marriage and family counseling
- Rehabilitation counseling
- Career and vocational counseling
- Art therapy

Each year, approximately 100 graduate students work with clients in the Counseling and Testing Center. Typical client issues include: a) self-concept enhancement, b) relationship issues, c) remarriage and step family issues, d) depression, e) substance abuse issues, f) career counseling, g) life transitions, h) eating disorders, i) parenting and child discipline j) coping with loss and k) other mental health issues.

The Counseling and Testing Center also serves as a major campus research setting for clinically-oriented research projects conducted by staff members, departmental faculty and graduate students.

Due to the multi-disciplinary nature of the Counseling and Testing Center, there are opportunities to work with students and faculty from various departments. In some cases, advanced doctoral students also serve as departmental clinical instructors/supervisors, so their clinical activities contribute to the development of their teaching skills. In addition, students and faculty from different departments serve as co-therapists and often help each other in peer supervision.

CLIENTS’ RIGHTS AND RESPONSIBILITIES

Clients have the right to:

a. Be informed about their therapy and to make autonomous decisions pertaining to it.
b. Expect that therapy will increase their chances of functioning independently.
c. The guarantee that their disclosures in therapy sessions will be respected.
d. Have adequate information concerning the nature and anticipated course of therapy.

Clients have a responsibility to:

a. Assist in maintaining the confidential character and professional clinical atmosphere of the Counseling and Testing Center.
b. Respect the time and scheduling efforts of the Counseling and Testing Center staff. If unable to keep a scheduled appointment, clients are obligated to notify the Counseling and Testing Center staff.

FEE SCHEDULE

The Center is committed to providing counseling services to urban area residents at no cost. It is desired that all persons receiving services commit to a minimum of five (5) weekly sessions.

All faculty members are licensed by the State of Michigan, Board of Counseling. Should a client wish to file a complaint regarding counseling services, the following address is provided:

Michigan Department of Community Health
Health Regulation Division
P.O. Box 30670
Lansing, MI 48909
Phone: (517) 373-9196

COUNSELING & TESTING CENTER
5425 Gullen Mall, 306 Education Building
Detroit, MI 48202

TELEPHONE: (313) 577-1681
FAX: (313) 577-5235

OFFICE HOURS:
Monday-Thursday 12:00 p.m. – 7:00 p.m.

This form has been prepared to provide you with information concerning the professional practice of the Counseling and Testing Center and the services offered. Your rights and responsibilities as a client are outlined. You are encouraged to thoroughly read this information for your complete understanding. The Counseling and Testing Center will be pleased to answer any questions you have.

Dr. Tami Wright, LPC, SCL
Clinical Services Director

FACULTY

GRADUATE COUNSELOR EDUCATION PROGRAM

Arnold B. Coven, Ed.D., LPC, CRC
Holly Feen, Ph.D., ATR-BC
Alan Hoffman, Ed.D., LPC
JoAnne Holbert, Ed.D., LPC
Stuart Itzkowitz, Ph.D., LPC, NCC
Delila Owens, Ph.D., LPC
George Parris, Ph.D., LPC, CCC, ABDA
John J. Pietrofesa, Ed.D., LPC
Tami Wright, Ph.D., LPC, SCL

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PROFESSIONAL STATEMENT

The Counseling and Testing Center is dedicated to rendering services for clinical counseling, art therapy and testing to individuals, groups, organizations or the general public. The principles, methods and procedures presented are for the purpose of achieving social, personal, career and emotional development. The goal of counseling is to promote and enhance healthy, self-actualizing and satisfying lifestyles. We agree to respect the rights of those persons seeking our assistance and make reasonable efforts to ensure that our services are used appropriately. We do not discriminate against or refuse professional service to anyone on the basis of race, ethnicity, national origin, religion, gender, age, sexual orientation, marital status, or disability. The gender, cultural and ethnic diversity of the Counseling and Testing Center staff is representative of Wayne State University’s equal opportunity and affirmative action policies. We have a primary obligation to respect the confidentiality of our clients and the information obtained during the counseling and testing sessions. We reveal such information to others only with the consent of the person or the person’s legal representative, except in those unusual circumstances in which not to do so would result in clear danger to the person or to others. Certain situations exist in which information about clients may be released with or without their permission. These situations are as follows:

1. Where children are physically abused, neglected, or sexually abused, the proper authorities (e.g., Police, State Division of Child Protective Services) must be notified.

2. In emergency situations where there may be danger to the client or others, as with homicide or suicide, confidentiality may be broken.

The Counseling and Testing Center is part of an advanced graduate educational program in which counselors-in-training serve under licensed professional faculty supervision. Therefore, sessions are audio and/or videotape recorded, with the tapes restricted to use in counselor training and supervision.

Use of information derived from a counseling relationship for the purpose of counselor training or research is confined to content that can be disguised to ensure full protection of the identity of the client.

The Counseling and Testing Center subscribes to all the ethical standards, principles and codes of the:

- American Counseling Association
- American Psychological Association
- American Association for Marriage and Family Therapy
- Commission on Rehabilitation Counselor Certification
- American Art Therapy Association

The services described herein adhere to all applicable laws, statutes, rules and regulations governing the provision of the proposed services to the general public in Detroit and the State of Michigan.

SERVICES

Five general goals of counseling are:

1) facilitating behavior change,
2) improving the client’s ability to establish and maintain relationships,
3) enhancing the client’s ability to cope
4) promoting the decision-making process, and
5) facilitating client potential and development.

Specifically, the Counseling and Testing Center provides specialized support services to enhance the client’s self-esteem, self-confidence, self-awareness and their ability to accept responsibility, eliminate self-defeating and/or abusive activities, thereby solidifying their long-term personal and professional relationships, job prospects and career opportunities. Additionally, the Counseling and Testing Center provides assessment and vocational information services. These specialized support services include:

1. Individual and group counseling aimed to assist clients in making realistic vocational choices, to resolve problems in interpersonal functioning and eliminate self-defeating and/or abusive activities.