Division: Theoretical and Behavioral Foundations
Program Area: Educational Psychology
Course #: EDP 7370
Course Title: Adult Psychopathology
Section/Reference #: 001/ 21302
Term/Year: Winter 2014
Course Location: 189 Education Bldg
Day & Time WED, 4:30-7:15 p.m.
Instructor: Francesca Pernice-Duca, PhD
Office Address: 337 Education Bldg.
Office Hours: Wednesday 1-4; Thursday 1-4
Phone #: Office: 313-577-1718: Cell: 248-217-7396
e-mail: perniceduca@wayne.edu

In case of inclement weather this semester, you will receive notification via Blackboard, or email, or text as to class cancellation or university closure.

Last Day to Drop with Tuition Cancellation: Friday, January, 17
Break: March 10-March 15

Course Description: Psychopathology of adulthood; mental disorders, and diagnosis.
This course is an overview of diagnostic issues in adult mental health. We will cover diagnostic classification, epidemiology, course, and the genetic, neurobiological, cultural and social factors that relate to the etiology and maintenance of mental health disorders.

Class Format: Class will consist of a combination of lecture and discussion, and it is expected that all students will be prepared and participate actively in class discussions. Class will work great if all students have thought about the material.

Readings: Generally, you will be assigned readings each week. The readings are intended to provide greater depth on selected topics of particular importance. Please make the time to read each of the assigned readings before the class for which they are assigned.

Course Objectives: In this course, you will:
1. acquire an understanding of the range of adult mental health disorders
2. learn descriptive psychopathology, classification, and diagnosis based on the DSM-V
3. understand the genetic, neurobiological, cultural, and social factors that relate to the etiology and maintenance of the disorder.
4. learn about the role of recovery in mental health disorders

Required Text(s):

2. American Psychiatric Association. (2013). Diagnostic and Statistic Manual of Mental Disorders (5th ed.) Washington, DC. This text is available online. You do not need to purchase this.
If you are interested in keeping abreast of current developments in psychopathology, the following six journals are generally recognized as the leading general journals in the field: *Archives of General Psychiatry, American Journal of Psychiatry, Journal of Abnormal Psychology, British Journal of Psychiatry, Psychological Medicine*, and *Biological Psychiatry*. There are also one or more specialty journals devoted to each of the major disorders. The *Journal of Clinical and Consulting Psychology* is also an excellent resource for the applied mental health professional.

**Course Assignments**

1) **Assessments.** Along with the required readings the class requirements include non-cumulative exams, weekly quizzes, and study guide assignments.
   - 3 exams will cover descriptive psychopathology, etiology, and applications. There are no alternative or make-up exams. Exams are based on the number of items on the test and will be equally weighted. Exam format will consist of in-class format such as multiple choice, write in, or take-home work. You will be provided the format prior to the exam.

2) **Weekly class workgroup** questions based on text material and readings.
   - a. In Class Analysis with Peers: In class analysis of clinical cases with peers and making initial diagnosis. Case discussion, possible diagnoses, understanding what *causes or maintains* an illness, and possible treatments. (5 pts)

3) **Additional Assigned Readings.** This course will be integrating the concept of *recovery* as we learn about a variety of mental health conditions. I will be providing you with additional readings from people with lived experience.

4) **Class Attendance & Participation** (can help your grade if you are on the border). This is your time and your education. I understand that you will make every effort to get to class but sometimes life happens. Please give me notice and contact a peer so that you receive missed material.

You are required to utilize your Wayne State University email account for this class in order to receive updates and information via Blackboard and email.

**Grading System:** The final grade is based on the cumulative points over the semester.

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**Academic Dishonesty:** No form of academic dishonesty will be tolerated. You are in this class to learn, and you must commit the effort to obtaining your own knowledge and skills. You should already be aware, but for specific examples of academic dishonesty, including what constitutes plagiarism, it is solely your responsibility to read the Undergraduate Bulletin, the Undergraduate Student Handbook. The Student Due Process Policy and any other formal documents that are created for students at WSU. Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. If you're in doubt about the
use of a source, cite it. It can be deliberate or unintended. Any academic dishonesty will clearly be considered premeditated and not accidental. Expulsion is probably not worth the few hours of work you will avoid by cheating, so please think carefully and thoroughly, ask for help when needed, and make smart decisions.

**Student Disability Services:** If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University. Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

**Religious Observance Policy:**
Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

**Enrollment/Withdrawal Policy:**
Students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- WN will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. The last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.
Winter 2014 Tentative Schedule

1/8 Part I History, Overview of Psychopathology
   1) History, Overview of Psychopathology (Lecture)
   2) Issues in Diagnosis (Ch.1)
   3) DSM-V Reading: Section 1: DSM Basics Introduction, Use of the Manual

1/15 Obsessive-Compulsive and Related Disorders
   1) Obsessive Compulsive Disorder (Ch.3 & DSM-5)
      a. Hoarding Disorder (DSM-5)
      b. Trichotillomania (DSM-5)
      c. Body Dysmorphic Disorder (DSM-5)
      d. Excoriation Disorder (DSM-5)
   2) In class assignment

1/22 Anxiety Disorders
   1) Generalized Anxiety Disorder (Ch. 4 & DSM-5)
   2) Social Anxiety Disorder (Ch.5 & DSM-5)
   3) In class assignment

1/29 Anxiety Disorders- Cont.
   4) Specific Phobia (DSM-5)
   5) Panic Disorder (Ch.6 & DSM-5)
      a. Panic Attack Specifier (DSM-5, p. 214)
      b. Agoraphobia (DSM-5)
      c. Substance/Medication Induced Anxiety Disorder (DSM-5)
   6) In class assignment Anxiety Disorders (differentiation among OCD, GAD, SAD, Panic)

Part II: Somatic Symptoms and Related Disorders
1) DSM-5:
   a. Somatic Symptom Disorder
   b. Illness Anxiety Disorder
   c. Conversion Disorder / Functional Neurological Symptom Disorder
   d. Factitious Disorder

2/5 Trauma and Stressor-Related Disorders
1) Post Traumatic Stress Disorder (Ch. 7 & DSM-5)
2) Acute Stress Disorder (DSM-5)
3) Adjustment Disorders (DSM-5)
4) Other Specified Trauma and Stressor Related Disorder (DSM-5)

Part II: Dissociative Disorder
1) DSM-5
   a. Dissociative Identity Disorder
   b. Dissociative Amnesia
   c. Depersonalization/Derealization
2) In class assignment
2/12 Exam 1

2/19 Depressive Disorders
1) Major Depressive Disorder (Ch.8 & DSM-5)
2) Persistent Depressive Disorder (Ch. 9 & DSM-5)
3) Bipolar Disorder (Ch.10 & DSM-5)
4) **In class assignment**

2/26 Schizophrenia Spectrum and Other Psychotic Disorders
1) Schizophrenia (Ch. 11 & DSM-5)
5) **In class assignment**

3/5 Feeding and Eating Disorders
1) Bulimia Nervosa and Binge Eating Disorder (Ch. 12 & DSM-5)
2) Anorexia Nervosa (Ch. 13 & DSM-5)
3) **In class assignment**

3/12 Break!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

3/19 Personality Disorders
1) DSM-5 Reading
   a. Cluster A: Paranoid Personality Disorder, Schizoid, Schizotypal
   b. Cluster B: Antisocial Personality Disorder, Borderline, Histrionic, Narcissistic,
   c. Cluster C: Avoidant, Dependent, Obsessive Compulsive
   d. Personality Change due to a Medical Condition
2) Borderline Personality Disorder (Ch.14 & DSM-5)
3) Psychopathy as Psychopathology (Ch.16 & DSM-5)

3/26 Exam II

4/2 Substance-Related and Addictive Disorders
1) Alcohol Use Disorder (Ch. 15 & DSM-5)
   a. Alcohol Use Disorder
   b. Alcohol Intoxication
   c. Alcohol Withdrawal
2) Gambling Disorder (DSM p.585)
3) Caffeine-Related Disorders
4) Cannabis Related Disorders
5) Hallucinogen Related Disorders
6) Opioid Related Disorders
7) Sedative, Hypnotic, Anxiolytic Related Disorders
8) Stimulant Related Disorders
9) Tobacco Related Disorders
10) **In class assignment**
Sexual Dysfunctions / Sleep-Wake Disorders

1) Sexual Dysfunctions (Ch. 17)
   a. Delayed Ejaculation
   b. Erectile Disorder
   c. Female Orgasmic Disorder
   d. Female Sexual Interest/Arousal Disorder
   e. Genito-Pelvic Pain/Penetration Disorder
   f. Male Hypoactive Sexual Desire Disorder
   g. Early Ejaculation

2) Gender Dysphoria (DSM-5 p. 451)

3) Paraphilic Disorders
   a. Voyeuristic
   b. Exhibitionistic
   c. Frotteuristic
   d. Sexual Sadism
   e. Pedophilic
   f. Fetishistic
   g. Transvestic

4) Sleep Disorders (Ch. 18)
   a. Somnias
      i. Insomnia disorder
      ii. Hypersomnolence Disorder
      iii. Narcolepsy
   b. Breathing Related disorders
      i. Sleep Apneas
   c. Circadian Rhythm Sleep-Wake Disorders
   d. Parasomnias
      i. Non-REM Sleep Arousal Disorders
      ii. Nightmare Disorder
      iii. REM Sleep Behavior Disorder
      iv. Restless Leg Syndrome

5) In class assignment

Neurocognitive Disorders

1) DSM-5
   a. Delirium
   b. Major & Minor Neurocognitive Disorders
      i. Mild Neurocognitive
      ii. Major or mild neurocognitive disorder due to Alzheimer’s disease
      iii. Major or Mild Frontotemporal Neurocognitive Disorder
      iv. Major or mild Vascular Neurocognitive disorder
      v. Major or mild neurocognitive disorder due to Traumatic Brain Injury
      vi. Major or mild neurocognitive disorder due to HIV Infection
          Major or mild neurocognitive disorder due to Parkinson’s Disease
          Major or mild neurocognitive disorder due to Huntington’s Disease

4) In class assignment

4/23 Exam III