COURSE SYLLABUS

DIVISION: Theoretical and Behavioral Foundations
PROGRAM AREA: Educational Psychology
COURSE: EDP 7200—Advanced Marital & Family Therapy
CRN-SECTION: 26887-905
COURSE CREDIT: 3 Semester Hours
TERM/YEAR: Winter 2014
COURSE LOCATION: 313 Oakland Center Wayne State University
DAY/TIME: Tuesday 4:30 PM -7:15 PM
INSTRUCTOR: Bernie Les, Ph.D.
TELEPHONE: Dr. Les: 248-310-2346
E-MAIL: bles@wayne.edu
OFFICE HOURS: 4:00-4:30 at the Oakland Center; by appointment

Bulletin Description: Prereq: EDP 7190, consent of instructor. Advanced development of skills and knowledge of therapy with couples and families. (W)

Objectives:
1) To understand key system theory concepts, interventions, and approaches.
2) To develop skills in key theories effective with couples and families.
3) Review research in effective system interventions.

REQUIRED TEXTS:


ONLINE COURSE REQUIREMENT
This course will also utilize Blackboard Academic Suite™ to communicate course information, post lecture materials, monitor grades, and complete assignments, and participate in discussions. Please be sure you have access to utilize online resources for this course.

ASSESSMENT
2 Exams and 1 project will be given throughout the semester. Exam questions will be drawn from the text, lecture, and required reading materials that demonstrate your understanding of core family therapy terms, concepts, theory, and approaches. Each exam will be worth 100 points, and the project will be worth 20 points, totaling 220 cumulative points for the semester.

Major Theories: An emphasis will be placed on Bowen Family Systems Theory and Structural Family Therapy, There will also be a review of other therapies, such as Strategic Therapy, Experiential Family Therapy, Psychoanalytic (Object Relations) Family Therapy, Cognitive-Behavioral Family Therapy, Narrative Therapy, Solution Focused, and Integrative.
**Grading Scale**
The following grading scale will be applied based on the total number of points accumulated by the semester end:

- **A** 96% +
- **A-** 90-95%
- **B+** 87-89%
- **B** 83-86%
- **B-** 80-82%
- **C** 79% and lower

**Academic Dishonesty:**

No form of academic dishonesty will be tolerated. You are in this class to learn, and you must commit the effort to obtaining your own knowledge and skills. You should already be aware, but for specific examples of academic dishonesty, including what constitutes plagiarism, it is solely your responsibility to read the Undergraduate Bulletin, the Undergraduate Student Handbook, The Student Due Process Policy and any other formal documents that are created for students at WSU. Any academic dishonesty will clearly be considered premeditated and not accidental. Expulsion is probably not worth the few hours of work you will avoid by cheating, so please think carefully and thoroughly, ask for help when needed, and make smart decisions.

**Students with Disabilities**

Wayne State University is committed to providing students with disabilities an equal opportunity to benefit from its programs, services, and activities. All printed materials are available in alternative formats. Please request alternative format materials from the instructor of the course.

If the limitations imposed by your disability interfere with your ability to fulfill the requirements for the successful completion of this course, you are strongly encouraged to contact Student Disability Services (SDS) at 313-577-1851. SDS is located at 1600 David Adamany Undergraduate Library.

EAS Telephone Numbers: VOICE (313) 577-1851 or TDD (313) 577-3365 or contact Marianne Balton at mbalton@wayne.edu

**Professional Behavior:** Consistent with APA's ethics and the University’s Student Code of Conduct, you are expected to maintain good conduct in all the areas of professional work behavior. You will be evaluated on these throughout the program by department faculty. Because these skills (listed below) are critical to the development of successful psychology practitioners, problems in these areas will be noted in your file and may require intervention by a faculty member or the department faculty as a whole.

1. Respect for human diversity
2. Communication skills
3. Effective interpersonal relations
4. Ethical responsibility
5. Adaptability
6. Initiative and dependability
TENTATIVE CLASS SCHEDULE

Tuesday, Jan. 7 (1)

*** Snow Day ***

Tuesday, Jan. 14 (2)
Introduction & Class Overview
  • Review of Systems Theory
  • Self in Context
  • Cybernetics
  • Circular Causality
Read:
  Nichols (Chapters 1-3)

Tuesday, Jan. 21 (3)
Introduction to Bowen Family Systems Theory
  • Theoretical Bases
  • Therapeutic Stance
  • Assessment of Families
  • Thinking systemically
  • Differentiation
  • Triangles
  • Genogram
Read:
  Titleman (Chapters 1 & 2)

Tuesday, Jan. 28 (4)
Bowen’s Family Therapy
  • Techniques
  • Phases of Therapy
  • Theories of Change
Read:
  Titleman (Chapter 3)

Genogram Project due (20 points)

Tuesday, Feb 4 (5)
Bowen’s Family Therapy: Applications
  • Marital Conflict
  • Children
Read:
  Titleman (Chapters 4 - 6)
**Tuesday, Feb 11 (6)**
Bowen’s Family Therapy: Applications
- Axis I complaints
  - Depression
  - Obsessive Compulsive Disorder
- Alcoholism

Read:
Titleman (Chapters 9-11)

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**Tuesday, Feb 18 (7)**
Midterm Exam = 100 points

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**Tuesday, Feb 25 (8)**
Introduction to Structural Family Therapy
- Role of Therapist
  - Spontaneity
- Conceptualization of Family
  - Holons

Read:
Minuchin and Fishman (Chapters 1-2)

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**Tuesday, March 4 (9)**
Structural Family Therapy Techniques
- Joining
- Planning
- Change
- Reframing
- Enactment

Read:
Minuchin and Fishman (Chapters 3-7)

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**Tuesday, March 11 (10)**
Spring Break: No Classes

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**Tuesday, March 18 (11)**
Structural Family Therapy Techniques
- Focus
- Intensity
- Restructuring
- Boundaries
- Unbalancing

Read:
Minuchin and Fishman (Chapters 8-12)
Tuesday, March 25 (12)
Structural Family Therapy Techniques
• Complementarity
• Realities
• Constructions
• Paradoxes
• Strengths
• Beyond Technique

Read:
Minuchin and Fishman (Chapters 13-18)

Tuesday, April 1 (13)
Other Family Therapy Techniques
• Strategic Family Therapy
• Psychoanalytic Family Therapy
• Cognitive Behavioral Family Therapy

Read:
Nichols (Chapters 5, 8, 11)

Review for Final Exam

Tuesday, April 8 (14)
Guest Lecturer

Tuesday, April 15 (15)
Final Exam = 100 points