COURSE SYLLABUS

DIVISION: TBF
PROGRAM AREA: Counselor Education

COURSE: CED 6080 Theories of Counseling

CALL NUMBER: 34312 901

COURSE CREDIT: 3 hrs.

TERM/YEAR: Spring/Summer 2017

COURSE LOCATION: Wayne State University Macomb Center Room 158

DAY: Thursday TIME: 6 p.m. – 9 p.m.

***PLEASE NOTE THIS CLASS IS A HYBRID COURSE: IT COMBINES IN-CLASS AND ONLINE LEARNING ACTIVITIES IN CERTAIN WEEKS—SEE CLASS SCHEDULE***

INSTRUCTOR: Thomas Michalos, MA, LPC, SCL
Licensed Professional Counselor
School Counselor License

OFFICE HOURS: Thursday prior to class (Macomb Center) Room 142
Other times by appointment

OFFICE PHONE (313) 577-1613

E-MAIL ADDRESS: ad0209@wayne.edu (best way to get in touch with me)

CED Secretary: Mrs. Stewart-Walker (313) 577-1613 email: ab2628@wayne.edu

Macomb Center front desk: (586) 226-4291

CED 6080
5/4/2017
COURSE DESCRIPTION

Prerequisite: CED 6070. Study of major theories of Counseling including: Humanistic, Analytic, Behavioral, and Cognitive Behavioral traditions. Focus on ethical, legal, and multicultural factors in the conceptualization and delivery of counseling series.

LEARNING OUTCOMES

Upon successful completion of this course, students will be able to:

1. Discuss their theoretical and philosophical assumptions.
2. Describe counseling processes and techniques.
3. Understand the research and evaluation of counseling outcomes.
4. Identify issues in the applicability of various counseling theories to conceptualization and intervention planning for diverse client populations.
5. Discuss the application of theories to conceptualization and intervention planning for diverse client populations.
6. Identify ethical issues involved in mental health counseling.

METHODS OF INSTRUCTION

A variety of methods will be used to facilitate learning in this course. Outside readings, discussion, interactive activities, guest speakers, lecture, and film will be critical to integrating, synthesizing, and understanding clinical mental health counseling. Specific emphasis will be placed on case-based approaches to instruction and learning.

REQUIRED TEXTBOOK

Study (student) guide recommended but not required.

SUPPLEMENTARY TEXTS (required)


COURSE ASSIGNMENTS

Assignment Percentages/Points:

1. Attendance and Class Participation – 10% (30 points)
2. Ethics Assignment – 10% (30 points)
3. Theory (Chapter) Presentation – 20% (60 points)
4. On-line Work – 30% (90 points)
5. Final Exam – 30% (90 points)

Assignment Details:
Ethics Assignment – 10% (30 points) of grade Due: 6/1/17
Purpose: To demonstrate an understanding of professional ethics of Counseling. You will be provided with several ethical questions/scenarios. You will choose (3) from those provided. Within a maximum of 10 pages, you are required to thoroughly discuss/answer each question/scenario based on the information you acquire through the reading of Chapter 3 Ethical Issues in Counseling Practice (pages 38-56.) You may use outside sources to supplement your discussions/answers only if properly cited.

Theory Presentation – 20% (60 points) of grade Due: as assigned
Purpose: To demonstrate an understanding of theories used in Counseling. Each presentation will be a maximum of 45 minutes to present and 15 minutes allotted for a question and answer period. You must utilize a power point presentation (worth 15 points of total grade.) You must incorporate the corresponding chapter in your assigned text to your presentation. You can provide handouts for class. Be creative in your presentation. Use several sources not just the textbook. Make sure you provide references as needed. ***YOU MUST PROVIDE INSTRUCTOR WITH POWER POINT PRESENTATION PRIOR TO ACTUAL CLASS PRESENTATION*** (submit through email)

Each of the following areas must be covered:

1. Introduce the theorist (5 points)
2. Provide background and history of theory (5 points)
3. Provide key concepts of theory (15 points)
4. Discuss the therapeutic process (15 points)
5. Discuss the theoretic application: techniques; procedure; and evaluation (10 points)
6. Discuss the multicultural perspective (5 points)
7. Discuss the contributions and limitations of theory (5 points)

On-line work – 30% (90 points) of grade Due: per class schedule
Purpose: To demonstrate the application of counseling theory to problem conceptualization and resolution. You will be required to complete online assignments as assigned by the instructor. This requirement will be more thoroughly discussed in class.

Final Exam – 30% (90 points) of grade Due: 8/3/17
Purpose: To demonstrate learning and understanding of Counseling theories as well as the ethical, legal, and multicultural factors in the conceptualization and delivery of each. The exam is semester cumulative and will focus on textbook readings, class lectures, video presentations, class handouts and any information presented or made available.

CLASS POLICY:

1. Students are expected to attend and actively participate in all classes.
2. Students are expected to have completed assigned readings prior to class.
3. Students are expected to adhere to assignment due dates. **NO EXCEPTIONS.**

4. All papers must be typed and comply with current APA standards for publications.

5. All papers should reflect graduate level content and preparation. Careless preparations and/or inappropriate presentations will adversely affect the grade for the assignment.

6. **Plagiarism will result in severe disciplinary action.** See student handbook prepared by Wayne State University for specifics.

7. Cell phone use, including texting, during class is **strictly prohibited.** Your grade will be negatively affected should you fail to abide this policy.

8. Communication between faculty and graduate teaching assistant will generally be through email. Ensure that you have access to your Wayne State University email as this is the only email address that will be used. If you have problems with your Wayne State email, please contact the IT office as indicated on Pipeline.

### ATTENDANCE:

Attendance at all scheduled classes is **mandatory.** Unscheduled absences require written verification from a medical professional indicating student was **under medical care and could not attend class.** In cases where student is required by employer to miss a class, written verification, on company letterhead, must be submitted one week in advance with instructor's approval. An unapproved absence results in the loss of one letter grade. **Two unapproved absences result in a failing grade for the course.** "I" and "Y" grades will not be given.

### GUIDELINES FOR MAXIMUM PERFORMANCE:

1. All formal papers are to be typed.

2. Use APA format for all formal papers:
   
   a. Cover page with relevant information, short abstract, body of paper should include an introductory paragraph, following paragraphs elaborate on points from introductory one, thus pursuing a central theme, then a summary paragraph. If you quote or paraphrase other material, a reference page must be included.

   b. Spelling and grammar important. All papers should reflect graduate level content and preparation. Careless preparation and/or inappropriate presentation will adversely affect grade for the assignment.

   c. A few quotations and a little paraphrasing from experts permissible and desirable but your words and way of interpreting are essential. **Plagiarism will result in severe disciplinary action.** See student handbook prepared by Wayne State University for specifics.

   d. Your reactions and views from material read, and presenting your learning really wanted and crucial. Case examples and illustrations to show understanding are important and make papers and/or presentations alive and desirable.

### CLASS SCHEDULE:

See below.
WAYNE STATE UNIVERSITY
COLLEGE OF EDUCATION

GRADING SYSTEM:

POINTS

288 – 300 = A
273 – 287 = A-
258 – 272 = B+
243 – 257 = B
228 – 242 = B-
210 – 227 = C
<210 = F

ACADEMIC DISHONESTY/PLAGIARISM:

The College of Education has a “zero tolerance” approach to plagiarism and other forms of academic dishonesty. (See Student Code of Conduct [http://dosou.wayne.edu/assets/student-code-of-conduct-brochure.pdf].) Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University’s Undergraduate Bulletin ([http://bulletins.wayne.edu/ubk-output/index.html](http://bulletins.wayne.edu/ubk-output/index.html)) and Graduate Catalog ([http://www.bulletins.wayne.edu/gbk-output/index.html](http://www.bulletins.wayne.edu/gbk-output/index.html)) under the heading “Student Ethics.” These university policies are also included as a link on Blackboard within each course in which students are enrolled. It is every student’s responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty. Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

ENROLLMENT/WITHDRAWAL POLICY:

Beginning in Fall 2011, students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- WN will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. Beginning in Fall 2011, the last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.

ATTENTION STUDENTS WITH DISABILITIES:

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

CED 6080
5/4/2017
Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

RELIGIOUS OBSERVANCE POLICY:

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.
# WAYNE STATE UNIVERSITY
## COLLEGE OF EDUCATION

## CLASS SCHEDULE

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>CHAPTER/ASSIGNMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 11</td>
<td>Course Overview/Administration</td>
<td></td>
</tr>
<tr>
<td>May 18</td>
<td>Counselor: Person and Professional</td>
<td>1 &amp; 2 &amp; 3</td>
</tr>
<tr>
<td></td>
<td>Ethical Issues</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A2, A5, B1, C9, E3, F3, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>May 25</td>
<td>Counseling Model and Basic Tenets of Theories</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, C9, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>WORK ON ETHICS ASSIGNMENT – On June 1 at 11:59pm by email</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Will NOT be accepted after this time.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A2, B1</td>
<td></td>
</tr>
<tr>
<td>Jun 1</td>
<td>Psychoanalytic &amp; Adlerian Therapy</td>
<td>4 &amp; 5</td>
</tr>
<tr>
<td></td>
<td>Student Presentations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, C9, E3, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Ethics Assignment Due by 11:59 p.m.</strong></td>
<td></td>
</tr>
<tr>
<td>Jun 8</td>
<td>Relating to Psychoanalytic &amp; Adlerian Theory/Therapy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, B1, C7, C9, F3, G1, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Jun 15</td>
<td>Existential &amp; Person-Centered Therapy</td>
<td>6 &amp; 7</td>
</tr>
<tr>
<td></td>
<td>Student Presentations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, C9, E3, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Jun 22</td>
<td>Relating to Existential &amp; Person-Centered Theory/Therapy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, B1, C7, C9, F3, G1, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Jun 29</td>
<td>Gestalt Therapy</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Student Presentation</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, C9, E3, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Jul 6</td>
<td>Relating to Behavior &amp; Cognitive Behavioral Therapies/Theories</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, B1, C7, C9, F3, G1, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Jul 13</td>
<td>Behavior &amp; Cognitive Behavioral Therapies</td>
<td>9 &amp; 10</td>
</tr>
<tr>
<td></td>
<td>CBT consists of REBT Therapy (A. Ellis)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cognitive Therapy (A. Beck)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cognitive Behavior Modification (D. Meichenbaum)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Student Presentations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CMHC: A1, A5, C9, E3, I3; School: D2</td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Activity</td>
<td>Notes</td>
</tr>
<tr>
<td>----------</td>
<td>-----------------------------------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Jul 20</td>
<td>Online Work</td>
<td>Reality &amp; Feminist Therapy 11 &amp; 12 &amp; 13 Postmodern Approaches CMHC: A1, A5, C9, E3, I3; School: D2</td>
</tr>
<tr>
<td>Jul 27</td>
<td></td>
<td>Family Systems &amp; An Integrative Approach 14 &amp; 15 Student Presentations CMHC: A1, A5, C9, E3, I3; School: D2</td>
</tr>
<tr>
<td>Aug 3</td>
<td>Online</td>
<td>FINAL EXAM - ONLINE CMHC: A1, A2, A5, B1, C7, C9, E3, F3, G1, I3; School: D2</td>
</tr>
</tbody>
</table>

***Please note: Syllabus is subject to change at the discretion of the instructor***