COURSE SYLLABUS

DIVISION: Theoretical & Behavioral Foundations

PROGRAM AREA: Counselor Education Program

COURSE #: CED 6080

COURSE TITLE: Theories of Counseling

CREDIT: 3 Credits

SECTION: 10490

TERM/YEAR: FALL 2016

COURSE LOCATION: 0189 Education

DAY: Wednesday TIME: 4:30 p.m. - 7:15 p.m.

INSTRUCTOR: John Pietrofesa, Ed.D.

OFFICE ADDRESS: 321 Education

OFFICE HOURS: Wednesday, 2:00 p.m. - 4:00 p.m.

OFFICE PHONE: (313) 577-1760

E-MAIL: aa3222@wayne.edu
COURSE DESCRIPTION:

Prerequisite: CED 6070. This course provides and introduction to the study of major theories of mental health counseling including Humanistic, Analytic, Behavioral and Cognitive Behavioral traditions. The focus is on ethical, legal, and multicultural factors in the conceptualization and delivery of mental health counseling practices.

LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to:

1. Discuss their theoretical and philosophical assumptions.

2. Describe counseling processes and techniques.

3. Understand the research and evaluation of counseling outcomes.

4. Identify issues in the applicability of various counseling theories to conceptualization and intervention planning for diverse client populations.

5. Discuss the application of theories to conceptualization and intervention planning for diverse client populations.

6. Identify ethical issues involved in mental health counseling.

(See Class Meeting Page for designation of CMHE (CACREP) standards met).
REQUIRED TEXTS:

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0189 Education Bldg.
FALL 2016
Wednesdays, 4:30 p.m. – 7:15 p.m.
Dr. John Pietrofesa
321 Education Bldg., 577-1760

Methods of Instruction: A variety of methods will be used to facilitate learning in this course. Outside readings, discussion, interactive activities, guest speakers, lecture, and film will be critical to integrating, synthesizing, and understanding clinical mental health counseling. Specific emphasis will be placed on case-based approaches to instruction and learning.

Readings: Please see the course calendar for readings.

Written Assignments: If you have difficulty with academic writing, please seek assistance from campus writing resources or elsewhere. Copies of the APA Publication Manual are available for purchase in the WSU bookstore. Writing and overall presentation will count towards grades for all written assignments.

Plagiarism: Plagiarism is a serious violation of academic integrity. To prevent plagiarizing someone else’s work, credit for words and ideas must always be given both in text and in the reference pages. Quotation marks are used to indicate another person’s exact words. Paraphrasing is summarizing a passage or taking the ideas of the sentences and constructing a new sentence in your own words. The original sentence must be substantially altered for it to be your work and citing the source is still necessary because you took the idea from another source. Plagiarism is academic misconduct and may result, at minimum, in a failing grade on the assignment or in the course. Further disciplinary action may result per university policy.

Although I do not expect that this will be a problem, any student caught cheating can expect, at minimum, serious penalties. Such penalties may include failure of the course. Further disciplinary action may result per university policy.
COURSE ASSIGNMENTS:

Assignment Percentages:

1. Theory Application Project - 40%
   Students will complete paper demonstrating the application of at least 3 theories to problems of a client.

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2. Attendance and Class Applications - 10%

3. Final Exam - 50%

Assignment Details:

Theory Application Paper - 40% of grade

Purpose: To demonstrate the application of counseling theory to problem conceptualization and resolution. Based on the client data provided, you are to develop a case conceptualization which includes the following elements:

Problem Specification

1. Statement of the presenting problem and problem related dynamics.

2. Theory-based and problem-based explanations or problem development and maintaining dynamics.

Intervention/Treatment Plan: Apply 3 Theories to the Analysis of the Case as follows:

1. Client goal(s) identify theoretical base and rationale for selection.

2. Therapeutic process and relevant techniques to be utilized to facilitate goal attainment
{identify theoretical approach(es)}. Give a specific example of the application of an intervention for each theory.

3. Process or techniques for outcome evaluation and follow-up.

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Overall Presentation

All papers must be typed and conform to APA guidelines for references, citations, language, and typing. At least two supporting references (in addition to the text) are required. Papers should follow the guidelines provided. Errors in presentation will adversely affect the total grade.

CLASS POLICY:

1. Students are expected to attend and participate in all classes and to have completed readings and weekly assignments as scheduled.

2. All papers must be typed and comply with current APA standards for publications.

3. All papers should reflect graduate content and preparation. Careless preparations and/or inappropriate presentation will adversely affect the grade for the assignment.

CLASS SCHEDULE:
See attached schedule of dates & class descriptions.

GRADING SYSTEM:

90 - 100 = A
80 - 89  = B
70 - 79  = C
60 - 69  = D
50 - 59  = E

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COURSE SCHEDULE

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Attendance at all scheduled classes is important. Given the nature and pace of this course, your ability to perform adequately in the course will be highly correlated with attendance. Thus, superior grades for the course will tend to be the natural consequence for persons who attend regularly. It is the responsibility of the student to obtain materials and information regarding classes that were not attended.

GUIDELINES FOR MAXIMUM PERFORMANCE:

1. All formal papers are to be typed.

2. Use APA format for all formal papers:
   a. Cover page with relevant information, short abstract, body of paper should include an introductory paragraph, following paragraphs elaborate on points from introductory one, thus pursuing a central theme, then a summary paragraph. If you quote or paraphrase other materials, a reference page must be included.

   b. Spelling and grammar important. All papers should reflect graduate level content and preparation. Careless preparation and/or inappropriate presentation will adversely affect grade for the assignment.

   c. A few quotations and a little paraphrasing from experts permissible and desirable but your words and way of interpreting are essential. ***Plagiarism will result in
severe disciplinary action. See below for specifics.

ACADEMIC DISHONESTY/PLAGIARISM:

The College of Education has a “zero tolerance” approach to plagiarism and other forms of academic dishonesty. (See Student Code of http://doso.wayne.edu/assets/codeofconduct.pdf). Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University’s Undergraduate Bulletin (http://bulletins.wayne.edu/ubk-output/index.html) and Graduate Catalog (http://www.bulletins.wayne.edu/gbk-output/index.html) under the heading “Student Ethics”. These university policies are also included as a link on Blackboard within each course in which students are enrolled. It is every student’s responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty. Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

ENROLLMENT/WITHDRAWAL POLICY:

Beginning in Fall, 2011, students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- WN will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. Beginning in Fall 2011, the last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the 15-week terms will be adjusted proportionately.
ATTENTION STUDENTS WITH DISABILITIES

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their education experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

SDS News:
Effective Fall semester 2010 Student Disability Services will be implementing a revised alternative testing form when a student schedules classroom exams/quizzes administration at SDS. As before the student and instructor each have a portion to complete. Exams are to be mailed to a new password protected email address: sdsexams2010@wayne.edu.

RELIGIOUS OBSERVANCE POLICY:

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is the University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with the religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.
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