COURSE SYLLABUS

WEDNESDAY

DIVISION: TBF PROGRAM AREA: Counselor Education
COURSE: CED 7010 Participation: Group Counseling
SECTION: 21195
COURSE CREDIT: 2 hrs.
TERM/YEAR: WINTER, 2014
LOCATION: 0171 Education Building
DAYS: WEDNESDAY
TIME: 6:30-8:20 p.m.
INSTRUCTOR: Arnold B. Coven, Ed.D., LPC, LP
Assoc. Professor, Counselor Education
OFFICE: Dr. Coven, 329 Education
SECRETARY: LeiJuan Stewart-Walker (313-577-1613)
OFFICE HOURS: Tuesday: 2:00-4:30 PM
Wednesday: 2:00-4:30 PM
PHONE: (313)577-1655 & (248)875-3244 (Preferred)
E-Mail: acoven@wayne.edu, or aa1553@wayne.edu

COURSE DESCRIPTION:

CED 7010 - Students participate in group counseling sessions to experience counseling from the client's perspective, and to become familiar with procedures and methods of group counseling in community agency and school settings, and to increase self-awareness and self-knowledge. Use of skills, techniques, and knowledge applicable to various counseling situations (school, community, substance abuse, & art therapy agencies).
COURSE OBJECTIVES:

1. To facilitate personal and professional development as reflective, innovative professionals who have the commitment and competence to help clients, colleagues, and themselves acquire knowledge, skills and understandings necessary to participate in and contribute to the quality of life in a complex, changing urban society.

2. To provide a basic understanding of group development, dynamics, counseling theories, and group counseling methods and skills by increasing:
   a. Students' basic knowledge of group leadership styles and approaches including characteristics of various types of group leaders and leadership styles.
   b. Students' basic knowledge and technical skills in group counseling and leadership and the application of these skills at a beginning level.
   c. Students' basic knowledge of group counseling methods including group counselor orientations and behaviors, ethical considerations, appropriate selection criteria and methods, and methods of evaluation of effectiveness.
   d. Students' sensitivity and awareness of cultural, ethnic, age, gender, physical disabilities, socioeconomic and value differences and how they affect group behavior.

3. To assist students in beginning the development of their own working theory of group counseling and to learn basic methods of evaluating the effectiveness of their approach, and ultimately to be able to integrate theoretical concepts and group counseling skills into their specialization areas.

EXPECTED LEARNING OUTCOMES

1. Students will be able to begin a group successfully.

2. Students will be able to close a group successfully.
3. Students will be able to use counseling theories in a group.

4. Students will be able to introduce, conduct, and process an exercise successfully.

5. Students will be able to plan a group successfully.

6. Students will be able to work with a member and the group at the same time.

7. Students will be able to involve other group members in the working with an individual group member.

8. Students will be able to plan and implement tasks, psychoeducational, and counseling/therapy groups.

REQUIRED TEXTS:


OPTIONAL TEXT:


KEY REFERENCE TEXTS:


REFERENCES:

Books:


**Journals:** (last ten years)

Counseling Psychologist

Group

International Journal of Group Psychotherapy

Journal of Counseling & Development

Journal of Mental Health Counseling

Journal of Multicultural Counseling and Development

**Journal for Specialists in Group Work**

**Michigan Journal of Counseling**

Small Group Behavior

**Strongly Recommended**

**Journal Articles:**


ASSIGNMENTS:
Use PIN# instead of names for blind grading.

1. Attendance & Participation: Punctuality and attendance will be rewarded. More than two (2) absences will affect grade. Lateness will affect grade.

CLASS POLICIES:

1. Class attendance is required. Please contact instructor if unable to be present.

2. Participation, involvement and commitment are necessary.

3. Professional ethics and conduct (i.e., confidentiality, etc.) are necessary and required.

4. Incomplete grades are only allowed for the most extenuating and unforeseeable circumstance.

5. Syllabus is available in alternative format if needed.

6. It is considered non-ethical to obtain the class texts directly from the publisher.

ATTENTION STUDENTS WITH DISABILITIES:

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be
glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

**SDS News:**
Effective Fall semester 2010 Student Disability Services will be implementing a revised alternative testing form when a student schedules classroom exams/quizzes administration at SDS. As before the student and instructor each have a portion to complete. Exams are to be mailed to a new password protected email address: sdsexams2010@wayne.edu.

**THE WRITING CENTER:**

The Writing Center (2nd floor, UGL) provides individual tutoring consultations free of charge for graduate and undergraduate students at Wayne State University. The Writing Center serves as a resource for writers, providing tutoring sessions on the range of activities in the writing process – considering the audience, analyzing the assignment or genre, brainstorming, researching, writing drafts, revising, editing, and preparing documentation. The Writing Center is not an editing or proofreading service; rather, students are guided as they engage collaboratively in the process of academic writing, from developing an idea to correctly citing sources. To make an appointment, consult the Writing Center website: [http://www.clas.wayne.edu/writing/](http://www.clas.wayne.edu/writing/).

To submit material for online tutoring, consult the Writing Center HOOT website (Hypertext One-on-One Tutoring):

# CLASS SCHEDULE

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<th>Topic</th>
<th>Date</th>
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<td>1</td>
<td>Introduction to Group Counseling</td>
<td>01/08</td>
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<td>2</td>
<td>Beginning Group Participation</td>
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<td>3</td>
<td>Group Participation</td>
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<td>5</td>
<td>Group Participation and Beginning Phase</td>
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<td>6</td>
<td>Group Participation</td>
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<td>7</td>
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<td>8</td>
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<td>SPRING BREAK</td>
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<td>10</td>
<td>Group Participation</td>
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<td>12</td>
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<td>14</td>
<td>Evaluation</td>
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# GROUP PARTICIPATION

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