DIVISION: TBF

PROGRAM AREA: Counselor Education

COURSE #: CED 5090 Family

COURSE TITLE: Family Education and Counseling: Substance Abusers

CALL NUMBER: 26744 001

COURSE CREDIT: 3 hrs.

TERM/YEAR: Winter, 2015

COURSE LOCATION: 300 Education

DAY: Tuesday TIME: 4:30 to 7:15 pm

***PLEASE NOTE THIS CLASS IS A HYBRID COURSE: IT COMBINES IN-CLASS AND ONLINE INSTRUCTION IN ALTERNATING WEEKS—SEE CLASS SCHEDULE***

INSTRUCTOR: Shirley Mack, Ph.D.
Lecturer
Licensed Professional Counselor

OFFICE: Main campus: 327 Education Building

OFFICE HOURS: Tuesdays 2:00 – 4:30
Wednesdays 3:30 – 6:00

OFFICE PHONE: (313) 577-1659

E-MAIL ADDRESS: shirleymack@wayne.edu

SECRETARY: Mrs. Lei Juan Stewart-Walker
(313) 577-1613
Email: ab2628@wayne.edu

WEBSITE: www2.coe.wayne.edu/tbf/counseling
COURSE DESCRIPTION: (from catalog)

Analysis of the structure and functioning of family systems in which there is substance abuse; effective therapeutic strategies in working with chemically-abusive families.

*** Course is taught to Majors in the field of Counseling***

LEARNING OUTCOMES:

1. To develop an understanding of chemical use and abuse as they affect the counseling process.

2. To develop an understanding of application of family therapy and counseling concepts to treatment of chemical abuse.

CMCH (Clinical Mental Health Counseling Standards) as required by CACREP (Council for Accreditation of Counseling & Related Educational Programs).

REQUIRED TEXT:


ADDITIONAL REFERENCES:


MANDATORY ASSIGNMENTS:

1. POLICIES AND PARTICIPATION: 5 points

   This course will involve lecture, discussion, online and group activities. As such, it is learner centered. You will be expected to initiate and engage in discussions of the major topics assigned. This means that all readings and assignments must be completed as scheduled. Attendance is mandatory and is required at all class sessions. Please note that Incomplete Grades will only be given under extreme circumstances.

2. ONLINE WORK: 15 points
This course is being taught in a hybrid format. This means that students will be required to present and/or participate in discussion board questions and conversations as well as review and respond to presented online materials. Please make sure your Blackboard understanding is current and you are able to manoeuvre within Blackboard as needed for your online work.

3. **CHAPTER PRESENTATIONS**: 15 points (DUE: As assigned)

Each student will prepare a PowerPoint presentation of an assigned chapter from the required reading text and present to the class. The presentation will be a thorough explanation of the chapter and will include your thoughts and conceptions. Be creative; be prepared for discussion and questions from classmates and instructor.

4. **AL ANON Paper**: 20 points (DUE: March 10, 2015)

Each student will attend an Al Anon meeting. In APA format, the student will report observations of others and self, what was learned, what was felt, what was said, what was not said. What do you think was done well, what was missing or could have been done better, did attendees appear to benefit from the meeting? What was your personal experience?

5. **VISITATION PAPER**: 20 points (DUE: March 31, 2015)

Each student will visit a substance abuse site and interview a substance abuse counselor. In APA format, the student will report observations, interview and personal experience. This paper will not exceed 5 pages. I am not looking for a research paper (although you must cite any resources you use), but more of a learning and experiencing paper.

6. **FINAL EXAM** 25 points (April 28, 2015)

The final exam will be 30 multiple choice questions. All questions will come directly from the class lectures, presentations and/or readings in your textbook. The final examination will only cover items discussed in class and within the online coursework.

**CLASS POLICIES:**

1. Students are expected to attend and participate in all classes and online work, and to have completed readings and weekly assignments as scheduled.

2. All papers must be typed and comply with current APA standards for publications.
3. All papers should reflect graduate content and preparation. Careless preparations and/or inappropriate presentation will adversely affect the grade for the assignment.

ATTENDANCE:

Attendance at all scheduled classes is mandatory. Given the nature and pace of this course, your ability to perform adequately in the course will be highly correlated with attendance. Thus, superior grades for the course will tend to be the natural consequence for persons who attend regularly. It is the responsibility of the student to obtain materials and information regarding classes that were not attended.

GUIDELINES FOR MAXIMUM PERFORMANCE:

1. All formal papers are to be typed.

2. Use APA format for all formal papers:
   a. Cover page with relevant information, short abstract, body of paper should include an introductory paragraph, following paragraphs elaborate on points from introductory one, thus pursuing a central theme, then a summary paragraph. If you quote or paraphrase other material, a reference page must be included.
   b. Spelling and grammar important. All papers should reflect graduate level content and preparation. Careless preparation and/or inappropriate presentation will adversely affect grade for the assignment.
   c. A few quotations and a little paraphrasing from experts permissible and desirable but your words and way of interpreting are essential. ***Plagiarism will result in severe disciplinary action. See student handbook prepared by Wayne State University for specifics.
   d. Your reactions and views from material read, and presenting your learning really wanted and crucial.

Case examples and illustrations to show understanding are important and make papers and/or presentations alive and desirable.

PLAGIARISM:
Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. If you are in doubt about the use of a source, cite it. Students caught plagiarizing information from other sources will receive a failing grade in the course. University policy states that students can be subject to multiple sanctions, from reprimand to expulsion as a consequence of academic dishonesty. To enforce this policy, all outside references must be submitted with assignments.

CLASS SCHEDULE: See attached schedule.

DUE DATES:

It is expected that assignments will be turned in on the identified due dates. Only under exceptional circumstances will assignments be accepted if turned in late. When a due date must be revised due to special circumstance of the student, it will be the student’s responsibility to negotiate with the professor a revised due date. Students will be held accountable to the revised due date.

EVALUATION & GRADING:

<table>
<thead>
<tr>
<th>Grade Distribution</th>
<th>Grading Scale</th>
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<tbody>
<tr>
<td>A. Participation-</td>
<td>96 - 100</td>
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<tr>
<td>B. Online work-</td>
<td>91 - 95</td>
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<tr>
<td>C. Chapter Presentation-</td>
<td>86 – 90</td>
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<td>D. Al Anon Paper</td>
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<td>E. Visitation Paper-</td>
<td>77 – 80</td>
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<td>F. Final Exam-</td>
<td>73 – 76</td>
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ENROLLMENT/WITHDRAWAL POLICY:

Beginning in Fall 2011, students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the
time the withdrawal is requested
  ○ WN will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. Beginning in Fall 2011, the last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.

ATTENTION STUDENTS WITH DISABILITIES:

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

RELIGIOUS OBSERVANCE POLICY:

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

Resource:

Wayne State University Writing Center:

The Writing Center (2nd floor, UGL) provides individual tutoring consultations free of charge for students at Wayne State University. While the center serves both graduate and undergraduate students, undergraduate students in General Education courses, including composition courses, receive priority for tutoring appointments. The Writing Center serves as a resource for writers, providing tutoring sessions on the range of activities in the writing
process – considering the audience, analyzing the assignment or genre, brainstorming, researching, writing drafts, revising, editing, and preparing documentation. The Writing Center is **not** an editing or proofreading service; rather, students are guided as they engage collaboratively in the process of academic writing, from developing an idea to correctly citing sources. To make an appointment, consult the Writing Center website: [http://www.clas.wayne.edu/writing/](http://www.clas.wayne.edu/writing/).

To submit material for online tutoring, consult the Writing Center HOOT website (Hypertext One-on-One Tutoring) [http://www.clas.wayne.edu/unit-inner.asp?WebPageID=1330](http://www.clas.wayne.edu/unit-inner.asp?WebPageID=1330).
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<tr>
<th>DATE</th>
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<td>01/13</td>
<td>Introductions; Administrative Details, Overview</td>
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<tr>
<td>01/20</td>
<td>Chemical Use – Definitions - Characteristics; Disease Concept</td>
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<td><em><strong>INSIGHTS</strong></em> (Section 1 - Jay) Presentation</td>
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<td><em><strong>RESPONSES TO ADDICTED OLDER ADULTS</strong></em> (Section 1 - Colleran)</td>
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<td>01/27</td>
<td>(online work) Theoretical Constructs of Individual and Chemical Abuse</td>
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<td>02/03</td>
<td>Family Dynamics</td>
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<td><em><strong>FAMILY RESPONSES</strong></em> (Section 2 - Jay) Presentation</td>
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<td><em><strong>ALCOHOL, RX DRUGS &amp; ADDICTION</strong></em> (Section 2 - Colleran)</td>
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<td>02/10</td>
<td>(online work) Family Dynamics – Roles/Co-Dependency/Children of Alcoholism</td>
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<td>CMHC: A.1., C.4. &amp; C.8</td>
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<td>02/17</td>
<td>Family Therapy AA – 12 Step Programs</td>
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<td><em><strong>PREPARING FOR INTERVENTION</strong></em> (Section 3 - Jay)</td>
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<td><em><strong>INTERVENTION</strong></em> (Section 4 - Jay) Presentation</td>
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<td>02/24</td>
<td>(no class) Visitation Equivalence (Al Anon meeting)</td>
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<td>03/03</td>
<td>(online work) Effects of Substance Use and Role of the Counselor</td>
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<td>03/10</td>
<td>Family Dynamics – Roles</td>
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<td><em><strong>AFTER THE INTERVENTION</strong></em> (Section 5 - Jay)</td>
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<td><em><strong>HOW TO HELP AN ADDICTED OLDER ADULT</strong></em> (Section 3 - Colleran)</td>
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<td>Presentation</td>
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<tr>
<td>03/17</td>
<td>(no class) Spring Break</td>
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<tr>
<td>03/24</td>
<td>(no class) Visitation Equivalency (Substance Abuse site)</td>
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03/31
Family Therapy *** VISITATION PAPERS DUE***
***TREATMENT FOR OLDER ADULTS*** (Section 4 - Colleran)
***ISSUES IN EARLY RECOVERY*** (Section 5 - Colleran)

04/07 (online work)
What is the role/responsibility of the family?
CMHC: C.3., C.8 & D.8

04/14
AA – 12 Step Programs
***TOOLS AND RESOURCES*** (Section 6 - Jay)
***RESOURCES*** (Section 6 - Colleran)
CMHC: E.6., F.1 & G.4

04/21
Presentation
Wrap up and review for exam

04/28
Exam

*CMCH (Clinical Mental Health Counseling Standards) as required by CACREP (Council for Accreditation of Counseling & Related Educational Programs).

***Please note: Syllabus is subject to change at the discretion of the instructor***