COURSE #:
KIN 1991 - 001

COURSE TITLE:
Professional Perspectives in Kinesiology

SECTION #:
CRN – 21915

TERM/YEAR:
Winter 2013

COURSE CREDIT:
02 credit hours

COURSE LOCATION:
1119 Old Main

TIME/DAY:
9:35 am - 10:30 am  Mondays/Wednesdays

INSTRUCTOR:
Linda Jiménez, M.Ed.

OFFICE LOCATION:
263 Matthaei Building/2339 Eugene Applebaum

OFFICE HOURS:
Call, text or email to set up an appointment before or after class

TELEPHONE:
Campus: (313) 577-6219
Direct/Text: (734) 560-5689 (include your name in message)
Skype: vidainc

EMAIL:
Jimenez.L@wayne.edu

COURSE DESCRIPTION:
Understanding professional and career perspectives in kinesiology.

COURSE OBJECTIVES:
This course provides students with a broadly based understanding of the field of kinesiology. It gives maximum opportunity for students to explore various career opportunities within their particular areas of interest. Students will interact with current working professionals and environments. Career and professional development tools and strategies are integrated into course work to prepare students for careers in education and public health.

COURSE OUTCOMES:
Upon completion of this course, the student will be able to:

- Discuss the types of knowledge about physical activity acquired through experience, scholarly study, and professional practice.

- Describe current professional and career opportunities in physical activity.

- Discuss the broad range of physical activities that exist.
- Understand the potential benefits and limitations of physical activity.

- Explain some of the principles regarding the relationships among skill, practice, and learning, among physical performance capacity, training and conditioning.

- Describe and explain the nature of subjective experience and its place in physical activity.

- Explain the factors that influence our personal experiences of physical activity.

- Describe the goals of the philosophy, history, and sociology of physical activity.

- Understand how current research is conducted in kinesiology.

- Understand the importance of university resources such as advising, academic support, library, and technology.

- Describe career and professional tools and development strategies.

- Understand the importance of reflection, innovation, diversity and cultural competency as a student and future professional.


**REFERENCES:** Research journals and news articles relating to discussion topics, videos, and guest lecturers will be distributed throughout the course via Blackboard.

**ASSIGNMENTS:**
- Assignment #1 Blackboard Introductions: 5 points
- Assignment #2 Advising: 50 points
- Assignment #3 Solutions: 10 points
- Assignment #4 Library Research: 10 points
- Assignment #5 Site Visit: 5 points
- Assignment #6 Diversity/Cultural Competency: 5 points
- Assignment #7 Site Visit: 5 points
- Assignment #8 Resume: 5 points
- Assignment #9 Site Visit: 5 points
- Assignment #10: Leadership and Career Development: 10 points
- Assignment #11: Profession Project: 100 points (75 grp/25 ind) and class attendance (3/25): 5 points
- Assignment #12 Site Visit: 5 points
- Midterm: 50 points
- Final Exam: 50 points

Total: points: 320
CLASS POLICIES:  

**Develop the skills of an independent learner.** There are no makeup exams or assignments. Assignments are posted on Blackboard under the course content area. All late submissions of homework or tardiness to site visits will result in a deduction of 2 points. **NO WORK WILL BE ACCEPTED AFTER ONE WEEK OF DUE DATE.** There are no exceptions. All assignments must be typed with student’s name and Wayne State email address and submitted through Blackboard or other electronic means.

Class attendance is recorded along with other student enrollment information for documentation purposes. Prompt attendance is expected. Points will be deducted for tardiness to site visits and failure to attend will result in zero points. More than two unexcused absences and more than three late arrivals to class will result in point deductions in overall final grade on a case-by-case basis.

No text messaging or cell phone usage allowed during the class period. Netbooks, tablets, iPads, and laptop computers are allowed for note taking and PPT viewing purposes only. Students that are found using electronic devices for non-class purposes will be restricted from using devices from that point forward.

**Students are responsible to check Blackboard on a regular basis and before contacting instructor for questions.** All class updates, schedules, site visits, assignments, grades, PowerPoint presentations, resources, and announcements are posted on Blackboard.

This class requires and involves students to actively participate in online discussions, small-group projects, site visits, and Blackboard. Important dates are listed on the course schedule as a tentative road map. Additional information about assignments, site visits, technology instructions and discussions will be provided. Students are required to participate actively in all discussions and contribute to dialogues. Students who do not actively participate or complete assignments within the specified timeframe will receive zero points. Students who are absent from class discussions (in class or online) will receive a zero if arrangements were not made prior to the absence. Students are expected to be respectful of one another in their discussions; foul language and inappropriate or disrespectful comments will not be tolerated. Student responses and comments that are deemed inappropriate will result in a zero for the discussion grade. Repeat violations may result in the student’s failure in the course.

**All communication from me will be sent to your WSU email account. Be sure that your WSU email is your primary email or change your settings so that your WSU emails are forwarded your most utilized email address. It is strongly recommend that you regularly check your WSU email and verify its capacity limit and settings.**

In addition, be sure to set the WSU Broadcast Messaging Service so that you receive text messages for campus emergencies and the KIN 1991 course. When you are logged into WSU Pipeline, just click the ‘Broadcast Messaging’ link on the My Pipeline tab, under ‘WSU Resources’. First, register your cell phone number and carrier then click ‘Submit Changes’. Under ‘Manage Your

If you are having trouble, please contact Computing & Information Technology (C & IT) at (313) 577-4778. Services hours are Monday–Friday 7:30am to 10:00pm and weekends 9:00am to 4:00pm. Live chats are also available during business hours.

Please feel free to talk with me any time during the semester regarding your progress or any problems you may be encountering relative to this class.

ACADEMIC DISHONESTY:

Maintain a high standard of integrity, personal responsibility, and be committed to continual professional development and improvement. Academic dishonesty of any type will not be tolerated, see WSU Student Code of Conduct document. Students are responsible for knowing what constitutes academic dishonesty. Should cases of academic dishonesty be found, the instructor reserves the right to impose the following sanctions:

- Assign the student an “F” for the assignment, project, paper, or exam in question.
- Assign the student an “F” for the entire course.
- Recommend the student be placed on probation or suspended for a period of time.
- Recommend that the student be expelled from the university (repeated offenses.)

Anyone with specific questions regarding academic misbehavior should consult the Student Conduct Services website at http://www.doso.wayne.edu/codeofconduct.pdf or http://www.doso.wayne.edu/student-conduct/Academic_Integrity.html

PLAGIARISM:

Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. If you’re in doubt about the use of a source, cite it. Students caught plagiarizing information from other sources will receive a failing grade in the course. University policy states that students can be subject to multiple sanctions, from reprimand to expulsion as a consequence of academic dishonesty. To enforce this policy, all outside references must be submitted with assignments.

GRADING:

<table>
<thead>
<tr>
<th>Points Range</th>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>320 – 298</td>
<td>(100-93%)</td>
<td>A</td>
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<tr>
<td>297 – 288</td>
<td>(92-90%)</td>
<td>A-</td>
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<tr>
<td>287 – 282</td>
<td>(89-88%)</td>
<td>B+</td>
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<tr>
<td>281 – 266</td>
<td>(87-83%)</td>
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<tr>
<td>265 – 256</td>
<td>(82-80%)</td>
<td>B-</td>
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<tr>
<td>255 – 250</td>
<td>(79-78%)</td>
<td>C+</td>
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<tr>
<td>249 – 234</td>
<td>(77-73%)</td>
<td>C</td>
</tr>
<tr>
<td>233 – 224</td>
<td>(72-70%)</td>
<td>C-</td>
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</table>
GENERAL NOTE ON GRADING:
The College of Education faculty members strive to implement assessment measures that reflect a variety of strategies in order to evaluate a student’s performance in a course. For undergraduates and post-degree students C grades will be awarded for satisfactory work that satisfies all course requirements; B grades will be awarded for very good work, and A grades will be reserved for outstanding performance. [For graduate students B grades will be awarded for satisfactory work that satisfies all course requirements; B+ grades will be awarded for very good work, and A grades will be reserved for outstanding performance.] Please note that there is a distribution of grades from A-F within the College of Education and ‘+’ and ‘–‘ are recorded and used to distinguish grade point averages.

MEDICAL WITHDRAWAL:
A student who sustains, during the course of the semester, an injury or illness that prevents him/her from further participation in this class may apply for a “(partial) medical withdrawal” and may receive complete or partial reimbursement of tuition paid for this class. A physician’s statement is required. Forms to use to apply for “medical withdrawal” may be obtained from the Registrar, or from www.wayne.edu (type in “forms and instructions” in the search box).

ENROLLMENT/Withdrawal POLICY:
Beginning in Fall 2011, students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 4th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested
- WN will be awarded if no materials have been submitted, and so there is no basis for a grade

Students must submit their withdrawal request on-line through Pipeline. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved. Beginning in fall 2011, the last day to withdraw will be at the end of the 10th full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately.

FINAL DATE FOR STUDENTS TO INITIATE WITHDRAWAL IS SATURDAY, MARCH 23, 2013.

223 – 218 points (69-68%) = D+
217 – 202 points (67-63%) = D
201 – 192 points (62-60%) = D-
191 points or less (60% or below) = F
ATTENTION STUDENTS WITH DISABILITIES: If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-577-3365 (TDD only). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

RELIGIOUS OBSERVANCE POLICY: Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

WAYNE STATE UNIVERSITY WRITING CENTER: The Writing Center (2nd floor, UGL) provides individual tutoring consultations free of charge for students at Wayne State University. While the center serves both graduate and undergraduate students, undergraduate students in General Education courses, including composition courses, receive priority for tutoring appointments. The Writing Center serves as a resource for writers, providing tutoring sessions on the range of activities in the writing process – considering the audience, analyzing the assignment or genre, brainstorming, researching, writing drafts, revising, editing, and preparing documentation. The Writing Center is not an editing or proofreading service; rather, students are guided as they engage collaboratively in the process of academic writing, from developing an idea to correctly citing sources. To make an appointment, consult the Writing Center website: http://www.clas.wayne.edu/writing/.

To submit material for online tutoring, consult the Writing Center HOOT website (Hypertext One-on-One Tutoring) http://www.clas.wayne.edu/unit-inner.asp?WebPageID=1330.

KHS LEARNING COMMUNITY: KIN 1991 is a Learning Community (LC) designated course. Two LC programs give our students the skills, tools, and environment to progress and succeed within KHS.
**KHS LC** - The goal is supporting and preparing level 1 students for obtaining level 2 status. The peer mentors work with assigned mentees to enhance the academic experience by providing dynamic, focused support, and guidance.

**PE Professional Preparation** - The goal is preparing pedagogy students to pass the Michigan Test for Teacher Certification (MTTC) and Adapted Physical Education National Standards (APENS) exams. Peer mentors conduct mini-workshops with PPT presentations, learning activities, and sample questions for the subarea test objectives.

Peer mentors are mature, high achieving undergraduate students enrolled in any KHS academic program. They are adept at providing guidance, both academic and otherwise, to ensure academic and retention success within KHS. You may request a meeting (individual or group) at any time.

Learning Community benefits are:
- Peer mentor facilitated study sessions and Q & A.
- Effectively learn about academic expectations and requirements.
- Have knowledge and skills to successfully pass the MTTC test.
- Understand how to navigate through the administrative network and prepare official paperwork.
- Access to academic and professional development resources on the KHS Learning Community Blackboard site.
- Opportunities to meet KHS faculty and students at social events.

There is a Blackboard site for our LC (Kinesiology Level 1 Learning Community) which should be under your 'Non Term Specific Courses' list of classes. Visit it regularly. Events include academically oriented activities, discussion forums and social gatherings. Please take advantage of the opportunities and support services.

**CLASS SCHEDULE:**

1/7 First Day of Class – Welcome/Introductions/Overview of Course
*(Assignment #1 Blackboard Introductions: 5 points)*

1/9 KIN Degrees, UG Advising, and KHS Learning Community (LC) Peer Mentors visit
*(Assignment #2 Advising: 50 points)*
Lecture/read Chapter 1 – Intro to Professional/Academic Kinesiology

1/14 Lecture/read Chapter 2 – Spheres of Physical Activity Experience
Blackboard Guide for Students – Blackboard Basics for Students

1/16 Lecture/read Chapter 3 & 4 – Importance of Physical Activity Exp.
*(Assignment #3 Solutions: 10 points)*

1/21 MLK Holiday – No class

1/23 Lecture/read Chapter 5 – Philosophy

1/28 Mort Harris Fitness Center Site Visit – Jovita Scrogin
*(Assignment #5 Site Visit: 5 points)*
1/30 **Veronica Bielat, Library Resources for KHS**  
Site Visit Location: Lab A & B, 1st & 2nd Floor, Adamany Undergraduate Library  
*(Assignment #4 Google Scholar Library Research: 10 points)*

2/4 No In-class Lecture – Review productivity tools on Blackboard independently

2/6 **Cultural Competency – Linda Seatss, WSU Office of International Students and Scholars**  
*(Assignment #6 Diversity/Cultural Competency Evaluation: 5 points)*  
Lecture/read Chapter 6 – History and HFHS Healthcare Equity

2/11 **Biomechanics/Motor Learning Lab Site Visit – Dr. Qin Lai**  
Room 06 Old Main ~ Group I: 9:30-10:00am, Group II: 10:00–10:30am  
*(Assignment #7 Lab Site Visit: 5 points)*

2/13 Lecture/read Chapter 8 – Motor Behavior

2/18 **KHS LC Peer Mentors – Internships and Scholarships**  
Leadership – by Linda Jimenez

2/20 **Resume Writing Workshop – Susan Barr, WSU Career Services**  
*(Assignment #8 Resume: 5 points)*

2/25 Individual visits to Career Services – no in-class session

2/27 Lecture/read Chapter 7 – Sport Sociology  
Lecture/read Chapter 9 – Sport and Exercise Psychology

3/4 **Review for Midterm (KHS LC peer mentors) Chapters 1-9**

3/6 **Online Midterm: 50 points**

3/11-15 WSU Spring Break

3/18 **Exercise Physiology Lab Site Visit – Dr. Hermann-J Engels**  
Room 1225 Applebaum Building  
*(Assignment #9 Site Visit: 5 points)*  
Read Chapter 10 – Biomechanics (covered by site visit)  
Read Chapter 11 – Physiology (covered by site visit)

3/20 **Physical Activity Professional Guest Speaker - Erica E. Hirsch, MPH, CPT**  
Read Chapter 12 – Physical Activity Professional  
Read Chapter 13 – Careers in Health and Fitness  
*(Assignment #10: Career Development SWOT: 10 points)*

3/25 **MANDATORY ATTENDANCE:** In-class attendance: 5 points for Attachment A  
*(Assignment #11: Profession Project: 100 points [75 group/25 individual]*)

3/27 **Henry Ford Health System’s Center for Athletic Medicine – Christina Eyers EdD, AT, ATC**  
Site Visit Location: 6525 Second Avenue  
*(Assignment #12 Site Visit: 5 points)*  
Read Chapter 14 – Careers in Therapeutic Exercise
4/1  **Strength & Conditioning Coach – TBD**
    Read Chapter 15 – Careers in Teaching Physical Education
    Read Chapter 16 – Careers in Coaching and Sport Instruction

4/3  Project groups meet independently – No in-class session

4/8  **Sports Administration – Michele Lewis Watts, WSU**
    Read Chapter 17 – Careers in Sports Management

4/10  Wimba Virtual Classroom via Blackboard
    Entrepreneurship in Kinesiology – by Linda Jimenez
    Q & A for profession project

4/15  Profession Project Presentations: Groups 1-5
    **(Attendance: 2.5 points)**

4/17  Profession Project Presentations: Groups 5-10
    **(Attendance: 2.5 points)**

4/22  Review for Final (KHS peer mentors) Chapters 10-17

4/24  **Online Final Exam: 50 points**