

**WAYNE STATE UNIVERSITY  
COLLEGE OF EDUCATION**

**DIVISION:** Kinesiology, Health and Sport Studies (KHS)

**PROGRAM AREA:** Kinesiology (KIN)

**KHS WEB SITE:** <http://coe.wayne.edu/kinesiology/index.php>

**COURSE #:** KIN 1991 - 001

**COURSE TITLE:** Professional Perspectives in Kinesiology

**SECTION #:** CRN – 21915

**TERM/YEAR:** Winter 2014

**COURSE CREDIT:** 02 credit hours

**COURSE LOCATION:** 1151 Old Main

**TIME/DAY:** 9:35 am - 10:30 am Mondays/Wednesdays

**INSTRUCTOR:** Linda Jiménez, M.Ed.

**OFFICE LOCATION:** 263 Matthaei Building/2339 Eugene Applebaum

**OFFICE HOURS:** Call, text or email to set up an appointment – M/W 11:30AM-2:30PM

**TELEPHONE:** Campus: (313) 577-6219  
Google Voice: (313) 241-6ESS (include your name in message)  
Skype: vidainc

**EMAIL:** [Jimenez.L@wayne.edu](mailto:Jimenez.L@wayne.edu)

**COURSE DESCRIPTION:**

Introduction to academic, professional, and career perspectives of kinesiology.

**MAJOR/MINOR TOPICS:**

Experiencing physical activity, scholarly study, and practicing a profession in kinesiology.

**LEARNING OUTCOMES:**

This course provides students with a broadly based understanding of the field of kinesiology. It gives maximum opportunity for students to explore various career opportunities within their particular areas of interest. Students will interact with current working professionals and environments. Career and professional development tools and strategies are integrated into course work to prepare students for careers.

**LEARNING OBJECTIVES:**

Upon completion of this course, the student will be able to:

1. Explain the importance of physical activity in daily life and the implications of this for the discipline of kinesiology.
2. Explain the rationale for a discipline of kinesiology, how it is structured, and the types of knowledge studied by its scholars and applied in professional practice.
3. Defend the integrative nature of the field of kinesiology.

4. Identify the nature and demands of professional occupations, the career options available to students graduating from departments of kinesiology, and the qualifications associated with each.
5. Identify the structure, subdisciplines, and research within the department of kinesiology at Wayne State University.
6. Identify departmental faculty expectations for student conduct and academic performance.
7. Understand the importance of university resources such as advising, academic support, library, Blackboard, and technology.
8. Understand the importance of reflection, innovation, and professional development as a student and future professional.

**TEXT (RECOMMENDED):**

Hoffman, S. J., (2013). Introduction to Kinesiology: Studying Physical Activity, fourth edition. Champaign, IL: Human Kinetics Publishing Co.

**REFERENCES:**

Research journals and news articles relating to discussion topics, videos, and guest lecturers will be distributed throughout the course via Blackboard.

**METHOD OF INSTRUCTION:**

Lecture and instructional technology using Blackboard and other shareware applications

**ASSIGNMENTS:**

Assignment #1 Blackboard Introductions: 5 points

Assignment #2 Advising: 30 points

Assignment #3 Solutions: 10 points

Assignment #4 Site Visit: 5 points

Assignment #5 Diversity/Cultural Competency: 5 points

Mandatory Attendance 2/5/14: 5 points

Mandatory Attendance 2/10/14: 5 points

Assignment #6 Research Article Synopsis: 30 points

Assignment #7 Resume: 10 points

Assignment #8 Site Visit: 5 points

Assignment #9 Leadership and Career Development: 5 points

Assignment #10 Site Visit: 5 points

Assignment #11 Profession Project: 100 points (75 grp/25 ind) and class attendance (12/2, 12/4): 5 points

Assignment #12 HFHS Activity: 5 points

Midterm: 50 points

Final Exam: 50 points

Total: points: 330

**CLASS POLICIES:**

**Develop the skills of an independent learner.** There are no makeup exams or assignments. Assignments are posted on Blackboard under the course content area. All late submissions of homework or tardiness to site visits will result in a deduction of 20% or 2 points for site visits. **NO WORK WILL BE ACCEPTED AFTER ONE WEEK OF DUE DATE.** There are no exceptions. All assignments must be typed with student's name and Wayne State email address and submitted through Blackboard or other electronic means.

Class attendance is recorded along with other student enrollment information for documentation purposes. Prompt attendance is expected. Points will be deducted for tardiness to site visits and failure to attend will result in zero points. More than two unexcused absences and more than three late arrivals to class will result in point deductions in overall final grade on a case-by-case basis.

**No text messaging or cell phone usage is allowed during the class period.** Netbooks, tablets, iPads, and laptop computers are allowed for note taking and PPT viewing purposes only. Students that are found using electronic devices for non-class purposes will be restricted from using any devices from that point forward.

**Students are responsible to check Blackboard on a regular basis and before contacting instructor for questions. All class updates, schedules, site visits, assignments, grades, PowerPoint presentations, resources, and announcements are posted on Blackboard. Students should refer to the syllabus AND Blackboard for accumulating points as Blackboard fluctuates when assignments are added.**

This class requires and involves students to actively participate in online discussions, small-group projects, site visits, and Blackboard. Important dates are listed on the course schedule as a tentative road map. Additional information about assignments, site visits, technology instructions and discussions will be provided. Students are required to participate actively in all discussions and contribute to dialogues. Students who do not actively participate or complete assignments within the specified timeframe will receive zero points. Students who are absent from class discussions (in class or online) will receive a zero if arrangements were not made prior to the absence. Students are expected to be respectful of one another in their discussions; foul language and inappropriate or disrespectful comments will not be tolerated. Student responses and comments that are deemed inappropriate will result in a zero for the discussion grade. Repeat violations may result in the student's failure in the course.

**All communication from me will be sent to your WSU email account. Be sure that your WSU email is your primary email or change your settings so that your WSU emails are forwarded your most utilized email address. It is strongly recommend that you regularly check your WSU email and verify its capacity limit and settings.**

In addition, be sure to set the **WSU Broadcast Messaging** service so that you receive text messages for **campus emergencies and the KIN 1991 course**. When you are logged into WSU Pipeline, just click the 'Broadcast Messaging' link on the My Pipeline tab, under 'WSU Resources'. First, register your cell phone number and carrier then click 'Submit Changes'. Under 'Manage Your Preferences', select all three options: 'WSU E-mail', 'Text Message', 'WSU Instant Message'. Click 'Update Preferences' to finish.

If you are having trouble, please contact Computing & Information Technology (C & IT) at (313) 577-4778. Services hours are Monday-Friday 7:30am to 10:00pm and weekends 9:00am to 4:00pm. Live chats are also available during business hours.

Please feel free to talk with me any time during the semester regarding your progress or any problems you may be encountering relative to this class.

#### **ACADEMIC DISHONESTY – PLAGIARISM AND CHEATING:**

The College of Education has a "zero tolerance" approach to plagiarism and other forms of academic dishonesty. Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University's Undergraduate Bulletin (<http://bulletins.wayne.edu/ubk-output/index.html>), the Undergraduate Student Handbook (<http://comm.wayne.edu/files/undergradhandbook.pdf>), and in print and online versions of the Graduate Catalog (<http://www.bulletins.wayne.edu/gbk-output/index.html>) under the heading "Student Ethics." **It is every student's responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty.** Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

Academic misbehavior means any activity that tends to compromise the academic integrity of the institution or subvert the education process. All forms of academic misbehavior are prohibited at Wayne State University, as outlined in the Student Code of Conduct (<http://www.doso.wayne.edu/student-conduct-services.html>). Students

who commit or assist in committing dishonest acts are subject to downgrading (to a failing grade for the test, paper, or other course-related activity in question, or for the entire course) and/or additional sanctions as described in the Student Code of Conduct.

o Cheating: Intentionally using or attempting to use, or intentionally providing or attempting to provide, unauthorized materials, information or assistance in any academic exercise. Examples include: (a) copying from another student's test paper; (b) allowing another student to copy from a test paper; (c) using unauthorized material such as a "cheat sheet" during an exam.

o Fabrication: Intentional and unauthorized falsification of any information or citation. Examples include: (a) citation of information not taken from the source indicated; (b) listing sources in a bibliography not used in a research paper.

o Plagiarism: To take and use another's words or ideas as one's own. Examples include: (a) failure to use appropriate referencing when using the words or ideas of other persons; (b) altering the language, paraphrasing, omitting, rearranging, or forming new combinations of words in an attempt to make the thoughts of another appear as your own.

o Other forms of academic misbehavior include, but are not limited to: (a) unauthorized use of resources, or any attempt to limit another student's access to educational resources, or any attempt to alter equipment so as to lead to an incorrect answer for subsequent users; (b) enlisting the assistance of a substitute in the taking of examinations; (c) violating course rules as defined in the course syllabus or other written information provided to the student; (d) selling, buying or stealing all or part of an un-administered test or answers to the test; (e) changing or altering a grade on a test or other academic grade records.

Anyone with specific questions regarding academic misbehavior should consult the Student Conduct Services website at <http://www.doso.wayne.edu/codeofconduct.pdf> or [http://www.doso.wayne.edu/student-conduct/Academic\\_Integrity.html](http://www.doso.wayne.edu/student-conduct/Academic_Integrity.html)

<b>GRADING:</b>	(100-93%)	=	A
	(92-90%)	=	A-
	(89-88%)	=	B+
	(87-83%)	=	B
	(82-80%)	=	B-
	(79-78%)	=	C+
	(77-73%)	=	C
	(72-70%)	=	C-
	(69-68%)	=	D+
	(67-63%)	=	D
	(62-60%)	=	D-
(60% or below)	=	F	

#### **GENERAL NOTE ON GRADING:**

The College of Education faculty members strive to implement assessment measures that reflect a variety of strategies in order to evaluate a student's performance in a course. For undergraduates and post-degree students C grades will be awarded for satisfactory work that satisfies all course requirements; B grades will be awarded for very good work, and A grades will be reserved for outstanding performance. [For graduate students B grades will be awarded for satisfactory work that satisfies all course requirements; B+ grades will be awarded for very good work, and A grades will be reserved for outstanding performance.] Please note that there is a distribution of grades from A-F within the College of Education and '+' and '-' are recorded and used to distinguish grade point averages.

#### **MEDICAL WITHDRAWAL:**

A student who sustains, during the course of the semester, an injury or illness that prevents him/her from further participation in this class may apply for a "(partial) medical withdrawal" and *may* receive complete or partial reimbursement of tuition paid for this class. A physician's statement is required. Forms to use to apply for "medical withdrawal" may be obtained from the Registrar, or from [www.wayne.edu](http://www.wayne.edu) (type in "forms and instructions" in the search box).

### **ENROLLMENT/WITHDRAWAL POLICY:**

In the first two weeks of the (full) term, students can drop this class and receive 100% tuition and course fee cancellation. After the end of the second week there is no tuition or fee cancellation. Students who wish to withdraw from the class can initiate a withdrawal request on Pipeline. You will receive a transcript notation of WP (passing), WF (failing), or WN (no graded work) at the time of withdrawal. No withdrawals can be initiated after the end of the tenth week. Students enrolled in the 10th week and beyond will receive a grade. **Because withdrawing from courses may have negative academic and financial consequences, students considering course withdrawal should make sure they fully understand all the consequences before taking this step. More information on this can be found at: [http://reg.wayne.edu/Withdrawing\\_From\\_a\\_Course.php](http://reg.wayne.edu/Withdrawing_From_a_Course.php)**

FINAL DATE FOR STUDENTS TO INITIATE WITHDRAWAL IS Sunday, March 23, 2014.

### **"I" - INCOMPLETE**

The mark of "I" (Incomplete) is given to a student when s/he has not completed all of the course work as planned for the term and when there is, in the judgment of the instructor, a reasonable probability that the student will complete the course successfully without again attending regular class sessions.

University grading policy states that a written contract should be signed by the student and instructor, specifying all work to be completed. In order to alleviate questions about incomplete courses and to assist students and instructors, the Office of the Registrar has prepared a template Contract for Completion of Incomplete Coursework. You can find the template contract at <http://reg.wayne.edu/pdf-forms/incomplete.pdf>. **Incompletes are not granted for students that have not attended, missing several assignments, missed exams, or failing the course.**

### **STUDENT DISABILITIES SERVICES:**

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services for coordination of your academic accommodations. The Student Disability Services (SDS) office is located in the Adamany Undergraduate Library. The SDS telephone number is 313-577-1851 or 313-202-4216 (Videophone use only). Once your accommodation is in place, someone can meet with you privately to discuss your special needs. Student Disability Services' mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Students who are registered with Student Disability Services and who are eligible for alternate testing accommodations such as extended test time and/or a distraction-reduced environment should present the required test permit to the professor at least one week in advance of the exam. Federal law requires that a student registered with SDS is entitled to the reasonable accommodations specified in the student's accommodation letter, which might include allowing the student to take the final exam on a day different than the rest of the class.

### **RELIGIOUS OBSERVANCE POLICY:**

Because of the extraordinary variety of religious affiliations of the University student body and staff, the Academic Calendar makes no provisions for religious holidays. However, it is University policy to respect the faith and religious obligations of the individual. Students with classes or examinations that conflict with their religious observances are expected to notify their instructors well in advance so that mutually agreeable alternatives may be worked out.

### **STUDENT SERVICES:**

The Academic Success Center (1600 Undergraduate Library) assists students with content in select courses and in strengthening study skills. Visit [www.success.wayne.edu](http://www.success.wayne.edu) for schedules and information on study skills workshops, tutoring and supplemental instruction (primarily in 1000 and 2000 level courses).

The Writing Center is located on the 2nd floor of the Undergraduate Library and provides individual tutoring consultations free of charge. Visit <http://clasweb.clas.wayne.edu/writing> to obtain information on tutors, appointments, and the type of help they can provide.

### **KHS LEARNING COMMUNITY:**

Three Learning Community (LC) programs give our students the skills, tools, and environment to progress and succeed within KHS with the assistance of peer mentors. Peer mentors are mature, high achieving undergraduate students enrolled in any KHS academic program. They are adept at providing guidance, both academic and otherwise, to ensure academic and retention success within KHS. **KIN 1991 is a Learning Community (LC) designated course.**

**1) KHS LC** - The goal is supporting and preparing inquiring non-WSU, newly WSU admitted, transfer, and all level 1 students for obtaining level 2 status. The peer mentors work with assigned mentees to enhance the academic experience by providing dynamic, focused support, and guidance to ensure successful matriculation to level 2.

**2) PE Professional Preparation** - The goal is preparing pedagogy students to pass the Michigan Test for Teacher Certification (MTTC) and Adapted Physical Education National Standards (APENS) exams. Peer mentors conduct mini-workshops with PPT presentations, learning activities, and sample exam questions for the subarea test objectives.

**3) KHS Graduate LC** - The goal is supporting and preparing inquiring non-WSU, newly admitted, transfer, and current graduate students in all KHS academic programs. The peer mentors work with assigned mentees to enhance the academic experience by providing dynamic, focused support, and guidance from the beginning until degree completion.

Learning Community benefits are:

Access to peer mentors at any time and 24/7 Mobile Advisor app.

Peer mentor facilitated study sessions and Q & A.

Effectively learn about academic expectations and requirements.

Have knowledge and skills to successfully pass the MTTC test.

Understand how to navigate through the administrative network and prepare official paperwork.

Access to academic and professional development resources on the KHS Learning Community Blackboard site.

Opportunities to meet KHS faculty and students at social events.

There is a **Blackboard site for our LC (KHS Learning Community)** which should be under your 'Non Term Specific Courses' list of classes. **Visit it regularly.** Events include academically oriented activities, discussion forums, and social gatherings. Please take advantage of the opportunities and support services.

### **CLASS SCHEDULE:**

Tentative

1/6 First Day of Class – Welcome/Introductions/Overview of Course  
**(Assignment #1 Blackboard Introductions: 5 points)**

1/8 **KIN Degrees, UG Advising, and KHS Learning Community (LC) Peer Mentors visit**  
**(Assignment #2 Advising: 30 points)**  
Lecture/read Chapter 1 – Intro to Professional/Academic Kinesiology

1/13 Lecture/read Chapter 2 – Spheres of Physical Activity Experience  
Blackboard Basics for Students

- 1/15 Lecture/read Chapter 3 & 4 – Importance of Physical Activity Exp.  
**(Assignment #3 Solutions: 10 points)**
- 1/20 MLK holiday
- 1/22 Lecture/read Chapter 5 – Philosophy  
Review productivity tools on Blackboard
- 1/27 **Mort Harris Fitness Center Site Visit – Christy Nolan**  
**(Assignment #4 Site Visit: 5 points)**
- 1/29 Leadership and Healthcare Equity – Linda Jimenez
- 2/3 **Cultural Diversity and Awareness– Linda Seatts, WSU Coordinator of Student Life, Parent Programs, and Student Community Initiatives**  
**(Assignment #5 Diversity/Cultural Competency Evaluation: 5 points)**  
Lecture/read Chapter 6 – History
- 2/5 **APA Format and scheduling Writing Center visit in class – Peer Mentors**  
**MANDATORY ATTENDANCE: 5 points**  
Here is the link for the **online writing center** scheduling:  
<http://clasweb.clas.wayne.edu/writing/OnlineSchedulingInstructions>  
Students MUST make sure that they select the service "student scheduled appointments"  
**(Assignment #6 Research Article Synopsis: 30 points)**
- 2/10 **Veronica Bielat, Library Resources for KHS**  
**MANDATORY ATTENDANCE: 5 points**  
Site Visit Location: Adamany Undergraduate Library - <http://maps.wayne.edu/#libraries-undergraduate-library>  
Group I: Lab A (1st floor), Group II: Lab C (3<sup>rd</sup> floor)  
Sign up sheet ~  
<https://docs.google.com/spreadsheet/ccc?key=0AqRMjZHaNvltldHI1VmxpV1VJTm1yY0dQZnBZYUJsMmc&usp=sharing>
- 2/12 **Biomechanics – Dr. Amanda Esquivel**  
HIPPA Regulations
- 2/17 **Resume Writing & Interviews Workshop – Susan Crowley, WSU Career Services**  
**(Assignment #7 Resume: 10 points)**  
Individual visits to Career Services
- 2/19 **KHS LC Peer Mentors – Internships and Scholarships**  
Lecture/read Chapter 8 – Motor Behavior
- 2/24 **Motor Behavior Lab Site Visit – Dr. Qin Lai**  
Room 0010 Old Main, enter through 480 W. Hancock only  
Group I: 9:30-10:00am, Group II: 10:00–10:30am  
Sign up sheet ~  
<https://docs.google.com/spreadsheet/ccc?key=0AqRMjZHaNvltldEYyYTNZemEyNV9LaVZfcVjJWE1fX0E&usp=sharing>  
**(Assignment #8 Lab Site Visit: 5 points)**
- 2/26 **Fitness Therapy Unlimited – Greg Kirk**

Lecture/read Chapter 7 – Sport Sociology  
Lecture/read Chapter 9 – Sport and Exercise Psychology

- 3/3 Review for Midterm Exam (**KHS LC peer mentors**) Chapters 1-9
- 3/5 **Online Midterm: 50 points**  
No in-class session
- 3/10-15 WSU spring break
- 3/17 **Physical Activity Professional Guest Speaker - Erica E. Hirsch, MPH, CPT**  
Read Chapter 12 – Physical Activity Professional  
Read Chapter 13 – Careers in Health and Fitness  
**(Assignment #9 Career Development SWOT: 5 points)**
- 3/19 **Exercise Physiology Lab Site Visit – Dr. Hermann-J Engels**  
Room 1225 Applebaum Building  
**(Assignment #10 Lab Site Visit: 5 points)**  
Read Chapter 10 – Biomechanics (covered by site visit)  
Read Chapter 11 – Physiology (covered by site visit)
- 3/24 **MANDATORY ATTENDANCE: 5 points for Attachment A of Assignment #11**  
**(Assignment #11 Profession Project: 100 points [75 group/25 individual])**
- 3/26 **Henry Ford Health System’s Center for Athletic Medicine – Christina Eyers EdD, AT, ATC**  
**(Assignment #12 HFHS activity: 5 points)**  
Read Chapter 14 – Careers in Therapeutic Exercise
- 3/31 **Strength & Conditioning – Coach Bryce Karasiak, M.Ed., CSCS, NASM & Zach Houghton**  
Read Chapter 15 – Careers in Teaching Physical Education  
Read Chapter 16 – Careers in Coaching and Sport Instruction
- 4/2 **Sports Administration – Michele Lewis Watts, WSU**  
Read Chapter 17 – Careers in Sports Management
- 4/7 Wimba Virtual Classroom via Blackboard  
Entrepreneurship in Kinesiology – by Linda Jimenez  
Q & A for profession project
- 4/9 Project groups meet independently – No in-class session
- 4/14 Profession Project Presentations: Groups 1-5  
**(Attendance: 2.5 points)**
- 4/16 Profession Project Presentations: Groups 5-10  
**(Attendance: 2.5 points)**
- 4/21 Review for Final Exam (**KHS peer mentors**) Chapters 10-17
- 4/25 **Online Final Exam: 50 points**  
No in-class session