WAYNE STATE UNIVERSITY
COLLEGE OF EDUCATION

DIVISION: Kinesiology, Health and Sport Studies
PROGRAM AREA: Lifestyle Fitness Activities
LFA WEB SITE: www.kinesiology.wayne.edu (click Lifestyle Fitness Activities)
COURSE: LFA 1992 – Volleyball: Beginning Reference (Call) #21451 – Sec. 001
COURSE CREDIT: 02 Credit Hours
TERM/YEAR: Winter 2017
COURSE LOCATION: 110 Matthaei
COURSE TIME: 10:30am – 11:20am M/W
INSTRUCTOR: Peter Roberts
OFFICE: 125.2 Matthaei
OFFICE HOURS: By Appointment Only
TELEPHONE: 313-577-6215
EMAIL: peteraroberts@wayne.edu
COURSE DESCRIPTION: Analysis and practice of the skills, team play, strategy and rule interpretation.
COURSE OUTCOMES: Upon completion of this course, students will be able to:
1. Develop basic skills of volleyball.
2. Demonstrate offensive and defensive skills.
3. Identify the rules of the game.
4. Participate in competitive volleyball.
TEXT: None Required
ASSIGNMENTS: One 16-point Written Quiz given at the end of the semester.
EVALUATION: The students’ final grades will be based on the following:
1. One Written Quiz: 16 Points Maximum
2. Attendance and Participation: 84 Points Maximum
100 Points Total for Semester

“Note: One of the reasons for this strict attendance policy reflects that fact that classes of this type are largely participatory—the outcomes are essentially equivalent to the process. Given the nature of the subject, successful completion of activity courses of this kind requires regular attendance and full participation.” Regular attendance and participation is necessary in order to improve aerobic fitness. There will be an attendance sheet for each class. It is the responsibility of the student to sign the attendance sheet each day. If a student does not sign
the attendance sheet, but still attends class, they will not be given credit for that day. Being late is considered any time after the scheduled start of class. Leaving early is considered leaving anytime before the scheduled end of class without my permission. Not participating is considered not being engaged in discussions, not exercising, etc.

a. **Three** points earned for each class student attends and participates

b. **Two** points earned for each class student is late or leaves early and participates (arrives 10 min. late or leaves 10 min. early)

c. **Zero** points will be earned when the student is absent from class.

*This attendance point system begins on the first day of class, Monday, January 9, 2017, not when student registers.*

**GRADING:**

<table>
<thead>
<tr>
<th>Points Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93 - 100</td>
<td>A</td>
</tr>
<tr>
<td>90 – 92</td>
<td>A-</td>
</tr>
<tr>
<td>88 - 89</td>
<td>B+</td>
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<tr>
<td>83 - 87</td>
<td>B</td>
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<tr>
<td>80 - 82</td>
<td>B-</td>
</tr>
<tr>
<td>78 - 79</td>
<td>C+</td>
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<tr>
<td>73 - 77</td>
<td>C</td>
</tr>
<tr>
<td>70 - 72</td>
<td>C-</td>
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<tr>
<td>68 - 69</td>
<td>D+</td>
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<tr>
<td>63 - 67</td>
<td>D</td>
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<tr>
<td>60 - 62</td>
<td>D-</td>
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<tr>
<td>&lt; 60</td>
<td>F</td>
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**ACADEMIC DISHONESTY/PLAGIARISM:**

The College of Education has a “zero tolerance” approach to plagiarism and other forms of academic dishonesty. (See Student Code of Conduct [http://doso.wayne.edu/assets/student-code-of-conduct-brochure.pdf](http://doso.wayne.edu/assets/student-code-of-conduct-brochure.pdf). Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University’s Undergraduate Bulletin ([http://bulletins.wayne.edu/ubk-output/index.html](http://bulletins.wayne.edu/ubk-output/index.html)) and Graduate Catalog ([http://www.bulletins.wayne.edu/gbk-output/index.html](http://www.bulletins.wayne.edu/gbk-output/index.html)) under the heading “Student Ethics.” These university policies are also included as a link on Blackboard within each course in which students are enrolled. It is every student’s responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty. Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

**WITHDRAWAL POLICY:**

It is the student’s responsibility to request withdrawal from class. After the fifth week students may make their request on Pipeline, and their instructor will need to approve it. **FINAL DATE FOR STUDENTS TO INITIATE WITHDRAWAL IS SUNDAY, March 23, 2017.**

There are three options:
WP - Withdrawal with a passing grade earned to date.
WF - Withdrawal with a failing grade earned to date
WN - Withdrawal never attended or no graded work to date.

**MEDICAL WITHDRAWAL:**
A student who sustains, during the course of the semester, an injury or illness that prevents him/her from further participation in this class may apply for a “(partial) medical withdrawal” and may receive complete or partial reimbursement of tuition paid for this class. A physician’s statement is required. Forms to use to apply for “medical withdrawal” may be obtained from the Registrar, or from www.wayne.edu (type in “forms and instructions” in the search box).

RELIGIOUS OBSERVANCE POLICY:
Because of the extraordinary variety affiliations represented in the university student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is university policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

In the LFA program, each class allows for a certain number of make-up classes. Since attendance and participation are a substantial part of the evaluation, students will have to take this into account with the total number of make-ups allowed for that particular LFA class.

STUDENTS WITH DISABILITIES:
Wayne State University is committed to providing students with disabilities an equal opportunity to benefit from its programs, services, and activities. All printed materials are available in alternative formats. Please request alternative format materials from the instructor of the course. If the limitations imposed by your disability interfere with your ability to fulfill the requirements for the successful completion of this course, you are strongly encouraged to contact Student Disability Services (SDS) in room 5155 Gullen Mall/1600 UGL to request an accommodation. Website: www.studentdisability.wayne.edu
SDS Telephone Numbers: VOICE 313-577-1851 or TDD 313-577-3365.

LFA ADD POLICY:
The university permits students to add (provided the classes are not filled) and drop classes the first week of the semester without instructor or departmental signatures. The KHS division will permit students to enroll in the LFA courses through the second week of the semester with the permission and signature of the instructor as well as completion of the Registrar's form titled Add/Drop Class After Deadline Date. Overrides will be made through the KHS division office, room 2152 FAB Building, once the official form has been completed. There will be no students admitted to LFA classes AFTER the second week of the semester!!
Deadline – Monday January 23, 2017 by 5 pm.

Course Participation Verification
As an undergraduate or graduate student enrolled in classes this semester, we want to alert you to a new University policy on the verification of course participation. This is mandatory for all students and it is required that all instructors assist in this process within the first two weeks of the semester.
Verification of course participation is a federal requirement that the University must enact in order for Wayne State to continue to distribute federal financial aid. The faculty must confirm your participation within two weeks or an automatic administrative withdrawal (forced drop) will occur for the courses in which you are registered but for which the instructor has no indication of your participation in the first two weeks.

The positive aspect of this new policy is that it provides us with an opportunity to respond early to any student problems that we can assist in resolving. We will make every effort to initiate contact by the faculty member, or other advisor, to see if some assistance is needed or to see if there is anything we can do to keep you in the courses/programs.

CLASS POLICIES:
1. A maximum of **THREE** make-ups will be allowed during the semester. You will also have **TWO** “free days.” These classes can be made up in any of the LFA classes **offered** at the university, **within fourteen days of the missed scheduled class**. **There will be NO make-ups allowed the last week of the semester! These CANNOT be made up in another registered LFA class.**

2. Clothing -- Clothing should not restrict muscle movement. Non-restrictive clothing (T-shirts, gym shorts, spandex pants, etc.) is **required**. Aerobic or Cross-Train shoes are also required and should be in good condition.

3. A health card is not required for participation, but the university informs you: "Participation in physical activity includes the risk of trauma and/or injury. The university is NOT responsible for accident or illness which results from participation in class and requires that no student be allowed to participate in an activity before signing the Statement of Informed Consent.

4. There will be NO grades of “Incomplete” given.

5. **Locker Rental:** Visit Tartar Shop for information.

6. **Eating & gum chewing are prohibited during class!**

7. **Cell phones MUST be turned off during class; whether you are participating or sitting out!**

8. Students are responsible to check **Blackboard** on a regular basis.

9. Please feel free to talk with me any time during the semester regarding your progress or any problems you may be encountering pertaining to the class. **Have Fun!**

**CLASS SCHEDULE:**

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Course Overview/Questions</td>
<td>Introduce Rules Pass, Set, serve</td>
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<tr>
<th>Week 2</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Holiday, Monday, Jan. 16 – Martin Luther King Jr. Day - University Closed</td>
<td>Pass, Set, Serve</td>
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<table>
<thead>
<tr>
<th>Week 3</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Review Pass, Set, Serve</td>
<td>Play</td>
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</table>

<table>
<thead>
<tr>
<th>Week 4</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Play</td>
<td>Play</td>
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<table>
<thead>
<tr>
<th>Week 5</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Introduce the Block</td>
<td>Play</td>
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<table>
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<tr>
<th>Week 6</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Play</td>
<td>Review all skills</td>
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<tr>
<th>Week 7</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>Introduce the Attack</td>
<td>Review rules</td>
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<tr>
<th>Week 8</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>Review skills</td>
<td>Offensive and defensive systems of play</td>
</tr>
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</table>
Week 9
Play
Play

Spring Break
Monday, March 13 – Sat. March 18

Week 10
Volleyballs rules
Play

Week 11
Defensive Drills
Play – Skills and drills

Week 12
Skills and drills
Play

Week 13
Play
Quiz Review

Week 14
Quiz
Pizza Party

April 24
Last Day of Class

The KHS (LFA) Divisional Secretary, Carol Salisbury, has moved to the Faculty Administrative Building (FAB). Her contact information is below:

Carol Salisbury

Address: 2152 FAB
Phone: 313-577-4249
Email: csalisbury@wyane.edu

If you are experiencing any problems during the semester, please contact the LFA Program Coordinator:

Kristen Kaszeta

Address: 261.1 Matthaei (second floor offices)
Phone: 313-577-6210
Email: au4972@wayne.edu

par – 12/04/2016