

**WAYNE STATE UNIVERSITY  
COLLEGE OF EDUCATION**

**Division:** Kinesiology, Health, and Sport Studies  
**Program Area:** Kinesiology - Exercise and Sport Science  
**Course Ref. #:** 25866  
**Course Title:** KIN 3400 – Life Span Growth and Development  
**Section #:** 002  
**Term/Year:** Winter 2017  
**Course Location:** 1119 Old Main  
**Day:** Thursday Time: 11:30pm-2:00pm  
**Instructor:** C. Michael Malesky  
**Office Hours:** By appointment  
**Office Phone #:** (586) 981-0587  
**E-mail:** fz5333@wayne.edu  
**Website:** <http://coe.wayne.edu/kinesiology/index.php>

**Course Description:** The study of change in motor behavior from infancy to older adulthood. Competency in ability to formulate a developmental perspective and knowledge of changing motor behavior across life-span, and ability to apply knowledge in instructional and recreational settings.

**Course Outcomes:**

Upon completion of this course, students will be able to:

1. Define and discuss key terms, concepts, and theories related to motor development.
2. Analyze the various constraints that surround the development of motor skills and discuss how they contribute to the resulting motor skill behavior.
3. Explain key processes, sequences, factors, and milestones related to the various stages of motor development across the life span.
4. Understand basic biomechanical processes as they apply to developmental change.
5. Describe the qualitative as well as quantitative changes that occur in the fundamental motor skills (walking, running, jumping, hopping, throwing, kicking, catching, and striking).
6. Assess the developmental levels of the previously mentioned motor skills on video and in real-world settings.
7. Assess motor development of children using current assessment tools.
8. Describe the effects of aging on motor development.

**Required Text:**

Haywood, K.M. & Getchell, N. (2014). *Life span motor development (6th ed.)*. Champaign, IL: Human Kinetics.

**Course Assignments:**

Two assignments and six quizzes will be given during the semester. Quizzes will evaluate knowledge of the text and information covered. Course assignments will be discussed in class. Assignments are posted on Blackboard under the Course Content Area. All assignments must be typed with the student's name and Wayne State email address and submitted through Blackboard.

**Course Examinations:**

Three exams will be scheduled during the semester. Each exam will cover 5-6 chapters. All of the exam questions are based on the lecture, lecture videos and textbook.

## Class Policies:

- (1) All students are asked to participate in classes. **Full participation points will be earned by actively participating and completing all assigned participation activities.** Class attendance is recorded. Prompt attendance is expected. More than two unexcused absences and more than three late arrivals to class will result in point deductions in overall final grade on a case-by-case basis.
- (2) Home and group assignments should be submitted on time. Late submission is acceptable within one week after the deadline but with 75% maximum possible points. Nothing will be accepted after one week, no exceptions. Quizzes cannot be made up. The lowest quiz score is dropped.
- (3) A make-up can be provided for exams and labs only for medical (or family) emergency, car accident on road to school or athletic event. Supportive documentation will be required in order for an absence to be excused and a make-up exam granted. It is the student's responsibility to contact the instructor immediately to schedule a make-up.
- (4) **No text messaging or cell phone usage allowed during the class at all.** Netbooks, tablets, iPads, and laptop computers are allowed for note taking and PPT viewing purposes only. Students that are found using electronic devices for non-class purposes will be restricted from using devices from that point forward.
- (5) **All communication from me will be sent to your WSU email account. Be sure that your WSU email is your primary email or change your settings so that your WSU emails are forwarded your most utilized email address. It is strongly recommend that you regularly check your WSU email and verify its capacity limit and settings.**
- (6) In addition, be sure to set the WSU Broadcast Messaging Service so that you receive text messages for campus emergencies and the course. When you are logged into WSU Academics, just click the 'Broadcast Messaging' link on the My Academics tab, under 'WSU Resources'. First, register your cell phone number and carrier then click 'Submit Changes'. Under 'Manage Your Preferences', select all three options: 'WSU E-mail', 'Text Message', 'WSU Instant Message'. Click 'Update Preferences' to finish.

## Technical Support

If you experience technical problems in this course, you should do the following:

1. Try a different browser (Mozilla Firefox or Chrome)
2. Shut down your computer, then try again (Be certain to save your documents first)
3. If the problem persists, contact Computing & Information Technology (C&IT) at [helpdesk@wayne.edu](mailto:helpdesk@wayne.edu) (313) 577-HELP. Services hours are Monday-Friday 7:30am to 10:00pm and weekends 9:00am to 4:00pm. Live chats are also available during business hours.

## Academic Dishonesty/Plagiarism:

The College of Education has a "zero tolerance" approach to plagiarism and other forms of academic dishonesty. Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Specific examples of academic dishonesty, including what constitutes plagiarism, can be found in the University's Undergraduate Bulletin (<http://bulletins.wayne.edu/ubk-output/index.html>), the Undergraduate Student Handbook (<http://comm.wayne.edu/files/undergradhandbook.pdf>), and in print and online versions of the Graduate Catalog (<http://www.bulletins.wayne.edu/gbk-output/index.html>) under the heading "Student Ethics." **It is every student's responsibility to read these documents to be aware which actions are defined as plagiarism and academic dishonesty.** Sanctions could include failure in the course involved, probation and expulsion, so students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.

Academic misbehavior means any activity that tends to compromise the academic integrity of the institution or subvert the education process. All forms of academic misbehavior are prohibited at Wayne State University, as outlined in the Student Code of Conduct (<http://www.doso.wayne.edu/student-conduct-services.html>). Students

who commit or assist in committing dishonest acts are subject to downgrading (to a failing grade for the test, paper, or other course-related activity in question, or for the entire course) and/or additional sanctions as described in the Student Code of Conduct.

o Cheating: Intentionally using or attempting to use, or intentionally providing or attempting to provide, unauthorized materials, information or assistance in any academic exercise. Examples include: (a) copying from another student's test paper; (b) allowing another student to copy from a test paper; (c) using unauthorized material such as a "cheat sheet" during an exam.

o Fabrication: Intentional and unauthorized falsification of any information or citation. Examples include: (a) citation of information not taken from the source indicated; (b) listing sources in a bibliography not used in a research paper.

o Plagiarism: To take and use another's words or ideas as one's own. Examples include: (a) failure to use appropriate referencing when using the words or ideas of other persons; (b) altering the language, paraphrasing, omitting, rearranging, or forming new combinations of words in an attempt to make the thoughts of another appear as your own.

o Other forms of academic misbehavior include, but are not limited to: (a) unauthorized use of resources, or any attempt to limit another student's access to educational resources, or any attempt to alter equipment so as to lead to an incorrect answer for subsequent users; (b) enlisting the assistance of a substitute in the taking of examinations; (c) violating course rules as defined in the course syllabus or other written information provided to the student; (d) selling, buying or stealing all or part of an un-administered test or answers to the test; (e) changing or altering a grade on a test or other academic grade records.

Anyone with specific questions regarding academic misbehavior should consult the Student Conduct Services website at <http://www.doso.wayne.edu/codeofconduct.pdf> or [http://www.doso.wayne.edu/student-conduct/Academic\\_Integrity.html](http://www.doso.wayne.edu/student-conduct/Academic_Integrity.html)

### **Class Schedule (subject to change):**

Date	Content
1/12	Class Orientation Introduction to Motor Development Chapter 1 Fundamental Concepts
1/19	<i>Quiz 1</i> Chapter 2 Theoretical Perspectives Chapter 3 Principles of Motion and Stability Assignment 1 Discussed
1/26	<i>Quiz 2</i> Chapter 4 Physical Growth, Maturation and Aging Chapter 5 Development of Aging of Body Systems Review
2/2	<b>Exam 1 (Chapters 1-5)</b> Assignment 2 (Observation Report) Discussed
2/9	Chapter 6 Early Motor Development Chapter 7 Development of Locomotion
2/16	<i>Quiz 3</i> Chapter 7 (cont.) Chapter 8 Development of Ballistic Skills
2/23	<i>Quiz 4</i> Chapter 9 Development of Manipulative Skills

3/2	Chapter 10 Sensory-Perceptual Development <b>Assignment 1 Due</b>
3/9	Chapter 11 Perception and Action in Development Review
3/23	<b>Exam 2 (Chapters 6-11)</b>
3/30	Chapter 12 Social and Cultural Constraints to Mot Dev Chapter 13 Psychosocial Constraints to Mov Dev <b>Assignment 2 - Observation Report Due</b>
4/6	Quiz 5 Chapter 14 Knowledge as Functional Constraint to Mov Dev Chapter 15 Development of Cardiorespiratory Endurance
4/13	<i>Quiz 6</i> Chapter 16 Development of Strength and Flexibility Chapter 17 Development of Body Composition Review
4/20	<b>Exam 3 (Chapters 12-17)</b>

### Grading System:

The following will be used to determine grades in this course:

Exam I	20%
Exam II	20%
Exam III	20%
Class Participation	10%
Quizzes	10% (6 Total; 2% each, drop the lowest score)
Assignment #1	10%
Assignment #2	10%

**TOTAL 100%**

A = 93 – 100% (4.00)	A- = 90 – 92.9% (3.67)
B+ = 87 – 89.9% (3.33)	B = 83 – 86.9% (3.00)
B- = 80 – 82.9% (2.67)	C+ = 77 – 79.9% (2.33)
C = 73 – 76.9% (2.00)	C- = 70 – 72.9% (1.67)
D+ = 67 – 69.9% (1.33)	D = 63 – 66.9% (1.00)
D- = 60 – 62.9% (0.67)	F < 60% (0.00)

### Enrollment/ Withdrawal Policy:

Students must add classes no later than the end of the first week of classes. This includes online classes. Students may continue to drop classes (with full tuition cancellation) through the first two weeks of the term.

Students who withdraw from a course after the end of the 5th week of class will receive a grade of WP, WF, or WN.

- WP will be awarded if the student is passing the course (based on work due to date) at the time the withdrawal is requested
- WF will be awarded if the student is failing the course (based on work due to date) at the time the withdrawal is requested

○ WN will be awarded if no materials have been submitted, and so there is no basis for a grade. Students must submit their withdrawal request on-line through Academics. The faculty member must approve the withdrawal request before it becomes final, and students should continue to attend class until they receive notification via email that the withdrawal has been approved.

Beginning the fifth week of class students are no longer allowed to drop but must **withdraw** from classes. The last day to withdraw will be at the end of the 10<sup>th</sup> full week of classes. The withdrawal date for courses longer or shorter than the full 15-week terms will be adjusted proportionately. See the university webpage for full details: <http://reg.wayne.edu/students/information.php>

**Last day to withdraw from class is Sunday, March 26<sup>th</sup>.**

#### **Medical Withdrawal:**

A student who sustains, during the course of the semester, an injury or illness that prevents him/her from further participation in this class may apply for a “(partial) medical withdrawal” and may receive complete or partial reimbursement of tuition paid for this class. A physician’s statement is required. Forms to use to apply for “medical withdrawal” may be obtained from the Registrar, or from [www.wayne.edu](http://www.wayne.edu) (type in “forms and instructions” in the search box).

#### **“I” - Incomplete**

The mark of "I" (Incomplete) is given to a student when s/he has not completed all of the course work as planned for the term and when there is, in the judgment of the instructor, a reasonable probability that the student will complete the course successfully without again attending regular class sessions.

University grading policy states that a written contract should be signed by the student and instructor, specifying all work to be completed. In order to alleviate questions about incomplete courses and to assist students and instructors, the Office of the Registrar has prepared a template Contract for Completion of Incomplete Coursework. You can find the template contract at <http://reg.wayne.edu/pdf-forms/incomplete.pdf>.

**Incompletes are not granted for students that have not attended, missing several assignments, missed exams, or failing the course.**

#### **Attention Students with Disabilities:**

If you have a documented disability that requires accommodations, you will need to register with Student Disability Services (SDS) for coordination of your academic accommodations. The Student Disability Services (SDS) office is located at 1600 David Adamany Undergraduate Library in the Student Academic Success Services department. SDS telephone number is 313-577-1851 or 313-202-4216 (video phone). Once you have your accommodations in place, I will be glad to meet with you privately during my office hours to discuss your special needs. Student Disability Services’ mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.

Please be aware that a delay in getting SDS accommodation letters for the current semester may hinder the availability or facilitation of those accommodations in a timely manner. Therefore, it is in your best interest to get your accommodation letters as early in the semester as possible.

#### **Student Athletes**

If you are a student athlete participating on a Wayne State University team, it is necessary for your course progress to be reported to qualify your eligibility. Therefore, it is your responsibility to notify the instructor as early as possible in the semester and prior to any sport-related absences.

### **Religious Observance Policy:**

Because of the extraordinary variety of religious affiliations represented in the University student body and staff, the Wayne State University calendar makes no provision for religious holidays. It is University policy, however, to respect the faith and religious obligations of the individual. Students who find that their classes or examinations involve conflicts with their religious observances are expected to notify their instructors well in advance so that alternative arrangements as suitable as possible may be worked out.

### **Student Services:**

The WRT Zone (2nd floor, UGL) provides individual tutoring consultations, research assistance from librarians, and technology consultants, all free of charge for graduate and undergraduate students at WSU. Tutoring sessions focus on a range of activities in the writing process – considering the audience, analyzing the assignment or genre, brainstorming, researching, writing drafts, revising, editing, and preparing documentation. The WRT Zone is not an editing or proofreading service; rather, tutors work collaboratively with students to support them in developing relevant skills and knowledge, from developing an idea to editing for grammar and mechanics. For more information, visit <http://clasweb.clas.wayne.edu/writing>

There are **two KHS Learning Community (LC) programs** that give our students the skills, tools, and environment to progress and succeed: 1) **KHS LC** - The goal is supporting and preparing all undergraduate students for academic success; 2) **KHS Graduate LC** - The goal is supporting and preparing graduate students in all of our academic programs. The peer mentors work to enhance the academic experience within KHS by providing dynamic, focused support and guidance. Peer mentors are mature, high achieving students who have maintained a minimum 3.0 GPA and have shown excellent communication skills with faculty, staff, and fellow students. They are expected to enforce the syllabus, university and course policies, and demonstrate professional integrity at all times. All peer mentors are trained on the Family Educational Rights and Privacy Act (also known as FERPA) and comply with this law.

There is a KHS LC Blackboard site which should be under your 'Non Term Specific Courses' list of classes. Visit it regularly. Events include academically oriented activities, discussion forums and social gatherings. Please take advantage of the opportunities and support services.

### **KHS Undergraduate and Graduate Student Exclusion Policy**

The Kinesiology, Health, and Sports Studies (KHS) division of the College of Education values the student experience and endeavors to ensure that our students have the opportunities, tools, and support to succeed. Students are encouraged to seek assistance from their instructors, counselors or advisors.

The individual program areas in KHS review the academic records of each student at the close of every academic term. If sufficient academic progress, as described below and by program requirements, is not attained, a student may be considered for program exclusion, which will result in the cancellation of any future course enrollments in KHS and removal from the KHS program.

The following criteria will be used to determine exclusion for inadequate academic progress:

KHS Undergraduate students may be excluded if you:

\* Have taken and earned below a C in a core/major course twice – no overrides will be granted for a third attempt.

\* Fail to earn at least a 2.50 semester GPA in the term following the placement of an academic probation hold.

\* Earned or maintained a cumulative GPA below a 2.50 for more than three academic semesters after completing 40+ credits at WSU.

\* Violate the Academic Integrity policy pursuant to the Student Code of Conduct.

Note: The 2.50 cumulative GPA is required for College of Education undergraduate students and exceeds the minimum 2.0 cumulative GPA used by the University to determine academic probation. This policy applies to Level 2 students and students directly admitted to programs without the Level 1 and 2 distinction.

KHS Graduate students may be excluded if you:

\* Were offered “qualified admission” and failed to earn at least a 3.0 in your first academic semester.

\* Have taken and earned below a B- in a graduate course twice – no overrides will be granted for a third attempt.

\* Fail to earn at least a 3.0 semester GPA in the term following an academic probation hold.

\* Earned a cumulative GPA below a 3.0 for more than three academic semesters.

\* Violate the Academic Misconduct policy pursuant to the Graduate Student Handbook.

### **Course Participation Verification**

As an undergraduate or graduate student enrolled in classes this semester, we want to alert you to the University policy on the verification of course participation. This is mandatory for all students and it is required that all instructors assist in this process within the first two weeks of the semester.

Verification of course participation is a federal requirement that the University must enact in order for Wayne State to continue to distribute federal financial aid. The faculty must confirm your participation within two weeks or an automatic administrative withdrawal (forced drop) will occur for the courses in which you are registered but for which the instructor has no indication of your participation in the first two weeks.

The positive aspect of this policy is that it provides us with an opportunity to respond early to any student problems that we can assist in resolving. We will make every effort to initiate contact by the faculty member, or other advisor, to see if some assistance is needed or to see if there is anything we can do to keep you in the courses/programs.