

# WAYNE STATE UNIVERSITY

**news release**

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## **Developmental Disabilities Institute presents expert on disability and exercise**

The Developmental Disabilities Institute (DDI) welcomes professor, researcher and author Jeffrey J. Martin, Ph.D., to Wayne State University's Welcome Center Auditorium on Tuesday, April 26, from 3-4:30 p.m. This event is free and open to the public.

Martin will discuss his recent book chapter, "Exercise Psychology for Individuals with Disabilities," in Oxford University Press's *Exercise Psychology*. The chapter focuses on personal assistant levels, as well as predictors, barriers and benefits related to using a personal assistant for individuals with disabilities.

Martin is a professor of kinesiology, health and sport studies at Wayne State University. His research focuses on the psychosocial aspects of disability sport and physical activity. He has secured more than \$8 million in federal and foundation funding and has published more than 95 research articles and book chapters. Last fall, Martin was inducted as a fellow into the National Academy of Kinesiology. He is the editor of *Sport, Exercise, and Performance Psychology*.

### **For more information, please visit**

[http://www.ddi.wayne.edu/author\\_series.php](http://www.ddi.wayne.edu/author_series.php)

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