

# Ph.D. Degree Requirements with a concentration in Exercise and Sport Psychology

## 1) *Exercise and Sport Science concentration (25 credits):*

KHS 9600 - Doctoral Sem. in Kinesiology, Health, and Sport Studies (Cr. 3)

KIN 6310 - Physiology of Exercise II (Cr. 3)

KIN 8530 – Motor Learning (Cr. 3)

KIN 8540 - Theories in Motor Development (Cr. 3)

KHS 8700 - Research in Psycho-Social Dimensions of Physical Activity (Cr. 3)

## 2) *Exercise and Sport Psychology Concentration (9 credits):*

KHS 5520 - Sport Psychology

KHS 5522 - Health Psychology or PSY 8300 Health Psychology

KHS 5523 - PA and Exercise Psychology

## 3) *Statistics/research methods courses (15 credits):*

EER 7630 - Fundamental of Statistics

EER 7640 - Fundamentals of Quantitative Research

EER 8800 - Variance and Covariance

EER 8820 - Multivariate Analysis

EER 8840 - Structural Equation Modeling

## 4) **Required doctoral seminars (6 credits):**

Other electives that are appropriate with my approval and additional hours from

KHS 9600 – Doctoral Seminar in Kinesiology, Health and Sport Studies (note it is listed above in required classes in the Exercise and Sport Science concentration).

## 5) **Elective courses: (5 credits)**

KHS 6540 - If approved by me (e.g., of approved classes: PA and Cognition by Dr. Gothe, Research in PA by Dr. Centeio; e.g., that are NOT approved; Injury and biomechanics, equity and access).

KHS 7990 – Special Problems in KHS (with my approval)

PSY 7620 - Social Psychology

PSY 8620 – Social Cognition

PSY 7400 - Life Span Developmental

PSY 8170 - Structural Equation Modeling

Other courses such as KIN 9400 Psychosocial Aspects of Youth Sport and Physical Activity offered at MSU by Dr. Al Smith.

6) **Dissertation Courses: (30 credits).**

7) **Total credits required (90 credits).**

### **Elective areas**

Electives on a case by case basis if they are: a) rigorous and b) in exercise and sport psychology, or psychology, or related disciplines (e.g., higher level statistics class) that make sense for your degree and career goals.

### **Masters at WSU**

Some students who have come through WSU with a masters in KHS may have to substitute courses if they have taken some Ph.D. required courses for their Masters POW.

### **Plan of Work**

The Plan of Work, approved by the advisor and the departmental Graduate Director, may be submitted to the Graduate School for approval at any time, but must be submitted before a student has completed 40 graduate credits, including any transferred credits from the Master's.

### **Transfer of Credit**

Transfer credit must be appropriate to the student's degree program, as determined by the department. A minimum grade of B is necessary to transfer credits; credits graded B- (minus), P, or S *cannot* be transferred

### **Graduation Requirements**

All coursework must be completed in accordance with Graduate School and the College of Education regulations governing graduate scholarship and degrees. Students may enroll on a full-time or part-time basis but must complete requirements within seven years of admission.