Peers and Youth Physical Activity Motivation

Invited Lecture

101 State Hall

Wednesday, Oct 26th, 6 – 8 pm

Dr. Alan Smith
Purdue University

The Wayne State University College of Education Center for School Health (www.coe.wayne.edu/centerforschoolhealth) is pleased to sponsor an invited lecture by Alan L. Smith, PhD, Professor of Health and Kinesiology at Purdue University titled "Peers and Youth Physical Activity Motivation." Dr. Smith is recognized internationally for his research in developmental sport and exercise psychology. His research focuses on youth social and psychological development in physical activity contexts, youth physical activity behavior, and the link between physical activity and cognitive, motor, and social/behavioral functioning in young children. He is particularly interested in adolescents' peer relationships and motivational processes in the physical domain, as well as physical activity as a means of addressing childhood attentional and behavioral problems. His current work is funded by the National Institutes of Mental Health. He serves as associate editor of the Journal of Sport & Exercise Psychology, and is on the editorial boards of Child Development, the International Journal of Sport Psychology, and the Journal of Applied Sport Psychology. He is a fellow in the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance and is a past chair of the Sport Psychology Academy of the National Association for Sport and Physical Education. He earned his PhD in exercise and movement science from the University of Oregon. Please join us for some lively and engaging academic fellowship. (Faculty Sponsors: Dr. Jeffrey Martin, Professor, Division of Kinesiology, Health and Sport Studies; Dr. Nate McCaughtry, Director of the Center for School Health).