CURRENT PROJECTS

- Detroit Healthy Youth Initiative
- Building Healthy Communities
- Creating a Culture of Healthy Habits
- Danielle Karmanos’ Work It Out
- Detroit Youth Enrichment Programs
- 21st Century After-School Programs
- Athletes with Autism
- Michigan Leadership & Education in Adapted Physical Education
- Eating Good in the Neighborhood
- Volunteers, Administrators, and Coaches
- Let’s Get Healthy Program!
- Environmental Quality, Health, & Learning in School Buildings

$4.3 Million External Funding
167 Scholarly Publications
211 National Presentations

HIGHLIGHTS
Impacting more than 53,000 Youth, 1,000 Educators, 200 Schools & Community Organizations
ATHLETES WITH AUTISM
Athletes with Autism® (AWA) develops communication, social development, and healthy lifestyles in children with Autism Spectrum Disorders (ASD) through sport and physical activity. Established in 2010, AWA partners with the Community Telecommunications Network and Autism Speaks. Athletes with Autism reaches more than 120 children and their families.

MICHIGAN LEADERSHIP & EDUCATION IN ADAPTED PHYSICAL EDUCATION
Michigan Leadership & Education in Adapted Physical Education (MLEAPE) trains adapted physical educators to improve Adapted Physical Education (APE) services for high-need children with disabilities in Michigan. MLEAPE Project was founded in 2012 as a partnership with the U.S. Department of Education. The project annually reaches 750 youth and athletes with disabilities.

EATING GOOD IN THE NEIGHBORHOOD
Eating Good in the Neighborhood increases opportunities for children and families to try fruits and vegetables and improve nutrition and health outcomes. Established in 2014, this program runs in partnership with the Greening of Detroit. Eating Good in the Neighborhood reaches more than 2,000 children and families.

VOLUNTEERS, ADMINISTRATORS, AND COACHES
Volunteers, Administrators, and Coaches offers recreational sports and fitness programs like Detroit PAL. VAC annually trains more than 400 youth and adults.

HENRY FORD HEALTH SYSTEMS' LET'S GET HEALTHY
Center for School Health research and evaluation services are utilized to evaluate the Henry Ford Health System's Let's Get Healthy Program which focuses on healthy eating and physical activity using behavior modification techniques with youth ages 9-13 and their parents. The partnership began in 2015 and reaches youth in multiple community sites, including Detroit, Sterling Heights, Farmington, and Dearborn.

ENVIRONMENTAL QUALITY, HEALTH, & LEARNING IN SCHOOL BUILDINGS
In partnership with the EPA, this project studies the relationship between environmental factors (air ventilation and filtration) and elementary students' cardio-respiratory endurance and academic performance. The study targets 10 buildings, 40 classrooms and teachers, and an estimated total of 800 students immediately, with long term impact on all 4,000 children in project schools.

DETROIT HEALTHY YOUTH INITIATIVE
Detroit Healthy Youth Initiative improves the health of youth by studying nutrition education interventions in Detroit schools. The program was founded in 2002 in partnership with the Michigan Nutrition Network and Michigan Fitness Foundation. Detroit Healthy Youth Initiative reaches 8 schools, more than 7,000 students and 21 educators.

BUILDING HEALTHY COMMUNITIES
BHC is a comprehensive, healthy school transformation program reaching elementary and middle schools across Michigan to improve the physical activity, nutrition and academic achievement of Michigan children. Founded in 2009, the program is a partnership with Blue Cross Blue Shield of Michigan, Michigan Department of Health & Human Services, Michigan Fitness Foundation, United Dairy Industry of Michigan, Gopher Sports, Food Corps, and University of Michigan. Building Healthy Communities reaches 85 schools, more than 1,000 educators and 30,000 youth.

CREATING A CULTURE OF HEALTHY HABITS
Creating a Culture of Healthy Habits pioneers healthy school transformations in all Livonia, Michigan secondary schools by reforming physical activity and nutrition environments. CCHH was founded in 2013 in partnership with the U.S. Department of Education and Livonia Public Schools. Creating a Culture of Healthy Habits reaches 8 schools with more than 8,000 students.

DANIALE KARMANOS’ WORK IT OUT
Center for School Health research and evaluation services are utilized to promote optimum health in mind, body and spirit through a unique and comprehensive yoga-based healthy eating and physical activity formula. The partnership began in 2012 in conjunction with the Children's Hospital of Michigan Foundation. Daniele Karmanos’ Work It Out reaches 1,000 youth in 10 Detroit schools.

DETROIT YOUTH ENRICHMENT PROGRAMS
The Detroit Youth Enrichment Program enhances development with camps offered to youth and adults at WSU and Detroit Housing Commission sites. Camps include: sports and technology, self-esteem, sports training, and STEM (science, technology, engineering, math). The initiative was established in 1998 in partnership with the Detroit Housing Commission. Programming reaches nearly 17,000 youth and adults.

21st CENTURY AFTER-SCHOOL PROGRAMS
21st Century After-School Programs provide academic enrichment opportunities during non-school hours for children. Opportunities include STEM curriculum, urban planning work-based programs, and summer programming. In partnership with Detroit Public Schools since 1998, this program reaches 3,500 youth annually.

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